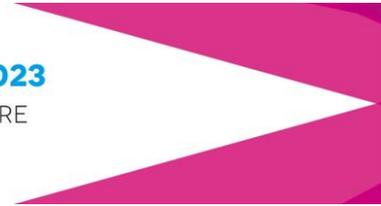




## BRITISH DIVING CHAMPIONSHIPS 2023

PONDS FORGE INTERNATIONAL SPORTS CENTRE  
25-28 MAY



# EVENT CONDITIONS FOR BRITISH DIVING CHAMPIONSHIPS 2023

### (1.0) GENERAL

- 1.1 British Teams with British eligible divers; have unlimited number of entries, but they must have achieved the qualification standard in the preceding 12 months (See Table 1.2).
- 1.2 Members of International Federations who are members of British clubs may enter under their British Club, but will follow rules 3.1-3.3
- 1.3 Individual events will follow World Aquatic conditions (See Table 1.1) for 1m and 3m springboard and 10m platform. All platform dives to be performed from the 10m platform.
- 1.4 No dive may be repeated in a list of dives.
- 1.5 Minimum age for competitors is 10 years on 31 December in the year of competition
- 1.6 Synchronised events will be straight finals
- 1.7 Late Entries for all events are allowed up to the start of the technical meeting. All late entries will incur a late entry fee. Except late entries to Synchro. The late entry fee for Synchro will be at the discretion of the Head Coach Olympic Diving.
- 1.8 Divers may compete exclusively in synchronised events.

### (2.0) FINALS

- 2.1 Divers will perform their dives, competing in the reverse order of their preliminary rankings.
- 2.2 The 6 highest ranked British divers, regardless of ranking overall in the preliminary will proceed to the final.
- 2.3 The finals can consist of a maximum of 12 divers, ranked from the preliminary event, including any guests (IF) divers, see condition 3.2 and 3.3.
- 2.4 Following rules 3.2 and 3.3 the remaining 6 places in the final will be comprised of the remaining divers in ranked order. This may include divers originally ranked outside the top 12.



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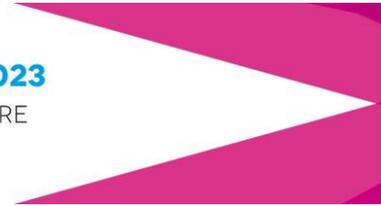


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**GUESTS (International Federation / Club Entries).**

3.1 Evidence shall be provided, at the time of entry, to confirm that each foreign diver has achieved the recommended standard for the event they are entering.

3.2 A maximum of 6 international divers may proceed to the final unless in the preliminary event, there are fewer than 6 British divers. In this case, additional international divers may proceed to the final.

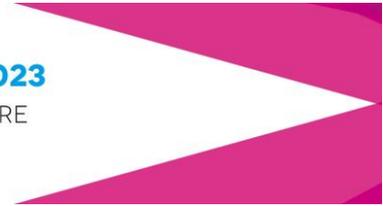
3.3. Individual International Federation Team (Guest) may only qualify a maximum of 2 divers into the final. Multiple club entries from one country will be treated as one International Federation for final qualification purposes.

**INDIVIDUAL (TABLE 1.1)**

Category	Gender	Board	Conditions
1m & 3m	Male	6 dives	6 dives from 5 groups, no limit.
10m Only	Male	6 dives	6 dives from 6 groups no limit.
1m & 3m	Female	5 dives	5 dives from 5 groups no limit.
10m Only	Female	5 dives	5 dives from 5 groups no limit.

**SYNCHRO**

<b>Male 3m &amp; 10m Only</b>	6 dives	2 dives with an allocated dd of 2.0 + 4 x optional dives. 5 groups to be covered	In each round the two divers must perform the same dive (same dive number and same position). All forward facing dives on springboard shall be done with a running approach.
<b>Female 3m &amp; 10m Only</b>	5 dives	2 dives with an allocated dd of 2.0 + 3 x optional dives. 5 groups to be covered	In each round the two divers must perform the same dive (same dive number and same position). All forward facing dives on springboard shall be done with a running approach.



**PERFORMANCE STANDARDS FOR NATIONAL CHAMPIONSHIPS (TABLE 1.2)**

Category	Gender	Event	Conditions	No. of Dives	Recommended Standard
Open	Women	1m	5 from 5	5	200
		3m	5 from 5	5	225
		Platform	5 from 5	5	225
	Men	1m	6 from 5	6	270
		3m	6 from 5	6	300
		Platform	6 from 6	6	300