GA Aquatics GB

JUNIOR DIVING

PLYMOUTH LIFE CENTRE, PLYMOUTH

10-13 APRIL 2025

ENTRY PACK





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GA Aquatics GB

ELITE JUNIOR DIVING CHAMPIONSHIPS





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PLYMOUTH LIFE CENTRE, PLYMOUTH | 10-13 APRIL 2025

CONTACT INFORMATION

Aquatics GB Contact

Holly Martindale
Aquatics GB
SportPark
3 Oakwood Drive

Loughborough LE11 3QF

holly.martindale@aquaticsgb.com

Venue Contact

Plymouth Life Centre, 40 Mayflower Drive, Plymouth PL2 3DG

Website

Please see below guides for planning your team's trip:

Accommodation in Plymouth

Things to Do in Plymouth

Eating Out in Plymouth

KEY DATES AT A GLANCE

Entry Opening Date: Thursday 27th February 2025 @ 12:00

Entry Deadline (before late fee applies): Thursday 27th March 2025 @ 17:00

Technical Meeting: Wednesday 9th April 2025 @ 18:00

TRAINING

Training will be available at the following times during the training days:

Date	Diving Pool	Diving Dryland
Tuesday 8 th April 2025	08:00 - 20:00	07:30 – 20:00
Wednesday 9 th April 2025	08:00 - 20:00	07:30 - 20:00

Please note that Plymouth Diving Programme will be sharing training 4pm-8pm on Tuesday 8th April

COMPETITION

Training during the competition days will be available at the following times:

Date	Diving Pool	Diving Dryland
Thursday 10 th April 2025	08:00 – 09:50 and In	07:30 – 20:00
Thursday to April 2025	between competitions	07.30 = 20.00
Friday 11 th April 2025	08:00 – 09:50 and In	07:30 – 20:00
Friday 11 April 2025	between competitions	07.30 = 20.00
Saturday 12 th April 2025	08:00 – 09:50 and In	07:30 – 20:00
Saturday 12 April 2025	between competitions	07.30 = 20.00
Sunday 13 th April 2025	08:00 – 09:20 and In	07:30 – 20:00
Sunday 13 April 2025	between competitions	07.30 - 20.00





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HOW TO ENTER

All entries for the Aquatics GB Elite Junior Diving Championships will be made online, please click **HERE** for the entry page. Paper entries will not be accepted.

Entries must be received by 17:00 on Thursday 27th March 2025. After this date and time, the entry fee will increase to £40.00 per event.

ENTRY FEES

Individual Events: £20.00 per event

Synchro Events: £20.00 per diver (per event)

SCHEDULE OF EVENTS *(Please note that times are subject to change)*

Thursday 10th April

Session	Time	Competitions
		PRELIM Boys B 3m
		PRELIM Boys A 1m
		Training
		PRELIM Girls B 3m
1	10.00	PRELIM Girls A Platform
		Training
		PRELIM Girls & Boys C 3m
		Lunch break and Training
Session		
		FINAL Boys B 3m
		FINAL Boys A 1m
2	16:40	FINAL Girls B 3m
		FINAL Girls A Platform
		FINAL Boys C 3m
		FINAL Girls C 3m

Friday 11th April

Session	Time	Competitions							
		PRELIM Girls & Boys C 1m							
		Training							
									PRELIM Girls A 1m
3	10:00	PRELIM Boys A 3m							
		Training							
		FINAL Girls & Boys 14-18 Platform Synchro							
		Lunch break and Training							





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Session		
4	16:40	FINAL Boys C 1m
		FINAL Girls C 1m
	10.40	FINAL Boys A 3m
		FINAL Girls A 1m

Saturday 12th April

Session	Time	Competitions
		PRELIM Girls & Boys C Platform
		PRELIM Boys B 1m
5	10:00	Training
		PRELIM Girls B Platform
		Lunch and Training
Session		
		FINAL Boys C Platform
		FINAL Girls C Platform
		FINAL Boys B 1m
6	13.40	FINAL Girls B Platform
		Training
		FINAL Boys & Girls 14-18 3m Synchro
		FINAL Boys & Girls 9-13 3m Synchro

Sunday 13th April

Session	Time	Competitions
		PRELIM Boys B Platform
		PRELIM Girls B 1m
7	09.30	Training
,	09.30	PRELIM Girls A 3m
		PRELIM Boys A Platform
		Lunch and Training
Session		
	42.45	FINAL Boys B Platform
8		FINAL Girls B 1m
	13:45	FINAL Girls A 3m
		FINAL Boys A Platform

TECHNICAL MEETING

The technical meeting will take place at 18:00 on Wednesday 9th April at Plymouth Life Centre. Location will be confirmed in due course.





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DIVE SHEETS

Divers/Coaches are requested to submit dive sheets electronically, both for their own convenience and to minimize the chance of errors loading the data into the Recording program. Coaches may make bulk submission of dive sheets on behalf of their divers by using the program DiveSheets with which they will already be familiar. Alternatively, individual divers may submit their own dive sheets on-line. Please agree with your coach which method you should use. To submit your dive sheets on-line there are two options:

- Either visit: <u>www.diverecorder.co.uk/onlinesheets</u> and follow the instructions, or
- If you have an Android phone or tablet, you can get the ADiveSheets app from this page on the DiveRecorder website:
 www.diverecorder.co.uk/dive/android

As soon as you complete either on-line submission methods, you will see a success/failure message. If you experience problems and need assistance, please contact Jackie Laugher: jackielaugher@yahoo.com

Electronic dive sheets must be submitted where possible. Electronic submissions must be made by 09:00 on Wednesday 9th April 2025. You will be asked to sign hard copies of these sheets at the venue, available from the Recorders.

If neither you nor your Coach are able to use the above electronic methods, you can submit a hard copy of your lists of dives to the Recorders at Plymouth Life Centre.

If manual dive sheets need to be submitted, submissions must be by 12:00 (Midday) on Wednesday 9th April 2025.

For late entries, please do not submit a dive sheet until the late entry has been submitted and processed.

REGISTRATION/MEMBERSHIP DEADLINE

Divers should be registered with their respective Home Nation Governing Body 60 days prior to the commencement of the National Event ("The Meet") for which the diver is entering.

International divers must be a member of their country's diving federation in order to enter.





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EVENT CONDITIONS

Event Conditions for Aquatics GB Elite Junior Diving Championships 2025:

INDIVIDUAL

Minimum Performance Standards

Category	Gender	Event	Conditions – Individual Events	No. Of Dives	Entry Standard		
		1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	230		
	Girls	3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	250		
Group C (9-13		Platform*	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5m/7.5m*)	7	230		
years)		1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	240		
	Boys	3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	260		
		Platform*	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5m/7.5m*)	7	240		
		1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	260		
	Girls	Girls	Girls	3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	280
Group B				Platform	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5 groups to be covered)	7	250
(14-15 years)		Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	9	310	
			Boys	3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	9	330
				·	Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	8
		1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	9	270		
Group A (16-18 years)	Girls	3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	9	300		
		Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	8	290		
	Boys		1m	5 dives from 5 groups max difficulty of 9.0 + 5 optional dives from 5 groups no limit	10	350	
		3m	5 dives from 5 groups max difficulty of 9.5 + 5 optional dives from 5 groups no limit	10	390		
		Platform	4 dives from 4 groups max difficulty of 7.6 + 5 optional dives from 5 groups no limit (6 groups to be covered)	9	370		



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Aquatics GB Elite Junior Diving Championships event conditions will adhere to World Aquatics Age Group Conditions with the exception of the following Group C events with specific clauses (C1-4):

GROUP C clauses:

- (C1) Group C Events are 13 years and under in the year of competition.
- (C2) Girls Group C In all events 3 optional dives from 3 groups (prelim and finals).
- (C3) Group C 3m synchronised competitions (boys and girls) 3 dives of an assigned degree of difficulty and 2 optional dives.
- (C4) C Platform* Divers aged 11 years and under are allowed to compete on 7.5m, however it is the responsibility of the coach and diver to ensure the divers physical maturity and strength permit competing from a height of 7.5m.

SYNCHRONISED

Category	Gender	Conditions – Synchronised events	No. Of Dives
Group C (9-13 years) 3m synchro	Girls & Boys Events	Shall comprise of five (5) dives; three (3) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and two (2) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least three (3) different groups.	5
Group A + B (14-18 years) 3m synchro	Girls & Boys Events	Shall comprise of five (5) rounds of dives; two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and three (3) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least four (4) different groups.	5
Group A + B (14-18 years) Platform Synchro	Girls & Boys Events	Shall comprise of five (5) rounds of dives; two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and three (3) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least four (4) different groups.	





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Format for Aquatics GB Elite Junior Diving Championships 2025:

- Age Group A, B and C divers will perform their full list of dives in the preliminary. The top eight (8) British divers will proceed to the final. A maximum of four (4) guest divers, but no more than two (2) per team/country, whose scores are equal to or better than the eighth placed British diver will also proceed to the final. If there are less than 8 British divers then a maximum of 4 guest divers, but no more than two per team/country, will progress to the final.
- In the final the divers will perform their optional dives, competing in the reverse order of their preliminary rankings, and the final result will be determined by adding their score from the final to that of the required dives total from the preliminary.
- No dive may be repeated in a list of dives. All dives in the preliminary and final, including that of the carried required dives must be of a different dive (dive number).
- Age Group categories and limits refer to the age of the diver on 31st December in the year of competition
- Minimum age for competitors is 9 years on 31 December in the year of competition
- Synchronised events will be straight finals.

Competition Format/Regulations (See also, General Conditions)

- All dives of the same number shall be regarded as the same dive.
- Only dives in the World Aquatics diving tables or pursuant with the World Aquatics formula may be executed.
- The diver and the diver's representative are responsible for the accuracy of the statement in their list and the statement of dives shall be signed by the diver and the diver's representative.
- Medals shall be awarded to the first three placed divers in each competition and where different, to the first three placed British divers (see General Conditions for definitions of British).
- Please consider the following clauses carefully when selecting events for your divers.





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Eligibility

To dive Synchro at the Aquatics GB Elite Junior Diving Championships, both members of the pair must be diving at least 1 individual event at that Meet.

If a diver is not demonstrating the minimum standard of performance, the coach to the diver may be engaged by a member of Aquatics GB Diving Leadership Team and the event referee to discuss the most suitable performance level for the diver in the future.

General Competition Conditions for Swim England, Scottish Swimming and Aquatics GB Competitions

- 1. Once a diver has competed in the Aquatics GB Elite Junior Diving Championships, Aquatics GB Winter Cup, Aquatics GB Diving Championships or Scottish National & Open Championships in any event (including synchro) they are not eligible to compete at National Skills finals.
- 2. A diver who has competed at Aquatics GB Elite Junior Diving Championships is not eligible to compete at the Swim England National Age Group Championships or Scottish National Age Groups, unless moving up an age category and with written approval from the Diving Leadership group (SE) or Scottish National Diving committee.

Failure to comply with these conditions will result in disqualification.

Definitions

Competing/competed. Divers are considered to be competing or to have competed at a certain level if they entered the contest – even if they did not dive due to injury or illness.

For example, if a diver was entered for the Aquatics GB Diving Championships, but did not dive due to injury they cannot compete at the Swim England Diving or Scottish National Age Group Championships.

International Entries

International Federation Team and International Club Team entries are welcome at the Aquatics GB Elite Junior Diving Championships 2025





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- Two divers per international team may enter each competition. Teams may request to enter more than 2 divers in an event but only 2 divers per nation can go through to the finals.
- GB Teams have unlimited number of entries, but they should have achieved the recommend qualification standard in the preceding 12 months.
- The final will be made up of the top 8 British Divers
- Up to 4 international divers may proceed to the final, but only if they rank in the top 8 of the Aquatics GB Junior Elite preliminary event.
- A minimum of 8 British Divers will progress to the final.
- If more than 4 non British Divers place in the top 8 in the preliminary round, only the top 4 will progress to the final.

Athlete Competition Swimsuits

British Divers are required to either wear club costumes or costumes without national team branding. This applies to both GB National Team and International Team branded swimsuits (example no international team costumes are permitted). International divers may wear either their own national team kit or unbranded suits, but not GB National team swimsuits

ELITE JUNIOR EVENT RECORDS

INDIVIDUAL

Gender	Age Category	Board	Year	Name	Score
Girls	С	3m	2011	Lydia Rosenthall	356.85
Girts	O	Platform	2019	Maisie Bond	337.95
Girls	В	3m	2016	Victoria Vincent	397.9
Girts	D	Platform	2008	Megan Sylvester	395.25
Girls	A	3m	2015	Katherine Torrance	455.85
GII IS	A	Platform	2012	Robyn Birch	440.3
Rove	С	3m	2008	Jack Laugher	388.25
Boys	C	Platform	2013	Matthew Dixon	384.5
Boys	В	3m	2021	Hugo Thomas	494.45
DUYS	D	Platform	2014	Matthew Dixon	487.8
Davis	۸	3m	2013	Jack Laugher	631.5
Boys	Α	Platform	2012	Thomas Daley	637.55









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SYNCHRONISED

Gender	Age Category	Board	Year	Name	Score
Girls A/B s	A/B synchro	3m	2022	Amy Rollinson & Desharne Bent-Ashmeil	281.7
	A/B Sylicillo	Platform	2021	Andrea Spendolini Sirieix & Eden Cheng	298.2
Pove	Dava A/Davadava	3m	2008	Callum Johnstone & Charles Calvert	310.5
Boys	A/B synchro	Platform	2019	Lucas Thomson & Ben Cutmore	350.37

TICKETS

Tickets can be purchased for all sessions **HERE**.

ACCREDITATION

Accreditation for all competitors and coaches will be photographic.

There will be security present at the event and in order to enter both the seating and field of play area you will need accreditation. All divers will be required to submit a **recent passport sized photo** with their online entry. Failure to supply a photograph with the entry forms will result in the entry forms being invalid and therefore not accepted.

If you need to re-print your accreditation on site, a charge of £10 applies. Please note the event is cashless and only card payment will be accepted on site.

DOPING CONTROL

By entering this event, you / your child, consents to report to Doping Control if requested any time during this event. You also agree to abide by the Aquatics GB & UKAD Anti-Doping Rules. For further information, See Link Anti-Doping | Aquatics GB

COACH/CHAPERONE PASSES

Applicants are advised the online Disclosure & Barring Service process could take up to 1 month to complete. All applicants must be registered with a Swim England affiliated club.

All Swim England clubs and license applicants will have to complete a DBS (CRB) application regardless of any previous check carried out through another





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organisation unless this has been registered with the DBS Update Service www.gov.uk/dbs-update-service.

'If you hold a disclosure that has been registered with the DBS Update Service, and you have not yet given the Swim England written consent to check the status, please submit your original disclosure certificate along with a completed consent form to dbs@swimming.org. Please also email dbs@swimming.org for a DBS Update Service Consent form.

For queries regarding PVG for Scottish Swimming members, please email wellbeingprotection@scottishswimming.com. For queries regarding DBS for Swim Wales members, please email welfare@swimwales.org

If you need to re-print your coach pass on site, a charge of £10.00 applies. If you need to purchase your coach pass on site, please note a late fee of £20.00 will apply. Please note the event is cashless and only card payment will be accepted on site.

Coaches/Chaperones will not be allowed on poolside without a valid accreditation.

PHOTOGRAPHY POLICY

Aquatics GB are well aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that the majority of images taken within an Aquatics GB setting are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identify of a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

Parents and carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way.





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Aquatics GB encourage all spectators and participants at Aquatics GB events to make themselves familiar with the photography and filming arrangements for the event and be vigilant during that event.

Aquatics GB is committed to ensuring that all children who participate in Aquatics GB activities are able to take part in an enjoyable, safe environment and be safeguarded from harm. If you have any child safeguarding concerns at the event, please contact an Event Officer immediately to disclose your concerns.

This event will be photographed and live streamed. Static images will be displayed on the Aquatics GB website **HERE**. They will be used to promote the sport at this event and events in the future. Moving images may be displayed at the venue and via live stream **HERE**. In addition, Aquatics GB may use these recordings and images for the purposes of education and training, swimmer analysis, promotion, performance, development and selection and event analysis.

In such instances where the event is being live streamed, it will not be possible to provide the option to refuse consent to filming and if there are any concerns, please speak to the Event Officer present. However, if individuals wish to refuse consent to static photography, please complete the Photography Refusal of Consent Form below and return to Aquatics GB Events Department.

If you, as a Parent/Guardian/Carer, have concerns about your child being photographed/filmed, please refer to the relevant Home Nation guidance document: Wavepower the Swim England Child Safeguarding Policy and Procedures: YPlant the Swim Wales Child Protection Policy; Scottish Swimming Child Protection Policy. If you have any concerns in this area, please contact the Data Protection Officer.

DATA PROTECTION STATEMENT

Swim England/Aquatics GB will use personal data for the purpose of the applicant's application for a coach/chaperone pass for this event and it is understood that by submitting this form, the applicant understands that we will use you details to administer your application and contact you to respond to any gueries we have or queries you may make.









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INTERNATIONAL TEAMS ACCOMMODATION PACKAGE

An international team accommodation package will be available in due course. Please email: swim@cseplc.com for more details.

CSE Accommodation Packages: Sunday 6th – Sunday 13th April 2025

4* Crowne Plaza Plymouth

- Single Rate: £115.00 pp per room, including breakfast and transport
- Twin Rate: £135 per room, including breakfast and transport

Meals £27 pp for Lunch, £35 pp for dinner

3* Future Inns Plymouth

- Single Rate: £109.00 pp per room, including breakfast and transport
- Twin Rate: £129.00 per room, including breakfast and transport

Meals £27 pp for Lunch, £35 pp for dinner

Rates Include:

- Wi-Fi
- Daily Buffet Breakfast
- Optional lunch & dinner package to suit competition programme
- On-site transport management team
- On-site accommodation management team
- Shuttle service between hotels and all competition / training venues to suit competition programme

Cancellation Information:

- 100% Cancellation charges from Monday 3rd March 2025
- 25% Deposit upon booking
- Final Balance due no later than Monday 3rd March 2025





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CHILD PHOTOGRAPHY REFUSAL FORM

Should you or any of your divers prefer not to be photographed please complete the refusal of consent and return to the events office prior to the event.

NAME OF DIVER:
DATE OF BIRTH:
I refuse permission for the taking and/or publication of images of my child by the Official Photographer(s) in respect of the Aquatics GB Diving Winter Cup 2025
SIGNED(PARENT/CARER):
PRINT NAME:
DATE:









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