



**Aquatics GB**

# **‘Open Doors’ Programme 2025-2026**

**Opening Doors to meaningful work  
experience and mentoring**

## **Open Doors Programme**

Aquatics GB are in the second year of the Olympic/Paralympic cycle moving towards LA. We are running the Open Doors Programme for the second time following the success of last year's programme. The programme is part of a wider Athlete Career Development Strategy that aims to support our athletes as they transition onto, through and off the World Class Programme.

## **Are you interested in learning what a National Governing Body does?**

Most athletes are familiar with the performance functions of Aquatics GB, but how many of you are aware of the ‘corporate’ functions of the National Governing Body?

Open Doors is a programme to provide athletes with an experience which develops skills and understanding of the roles within Aquatics GB. We understand that performing on the world stage is no easy task and finding time to gain meaningful work experience can be difficult. Open Doors aims to identify athletes who are curious and who wish to succeed in their sport and post athletic career, by ‘opening doors’ and offering a unique work experience within your own National Governing Body.

## **Opening Doors to Career Development and Experiences**

Every athlete will transition onto, through and beyond a World Class Programme. Throughout this journey, athletes have limited time to develop their long-term career plans whilst training and competing at an elite international level. Aquatics GB's Open Doors Programme is offering meaningful work experience opportunities and mentorship opportunities alongside an athletes' performance commitments.

The aim of the programme is to provide an experience which develops skills and understanding of the roles within Aquatics GB providing a positive impact on an athlete's ability to secure further work-based experience and employment both now and in the future.

## **Basic information:**

- **Opportunity:** This is open to all current World Class Programme athletes (over the age of 18) and any athletes that have exited the World Class Programme in 2025.
- **Salary:** This is an unpaid role. Aquatics GB will cover reasonable travel and other expenses, in line with the expenses policy (up to a maximum total of £250.00)
- **Commitment:** This is a 6-month work experience opportunity starting in November 2025.

## The Programme of Opportunities.

*Below is the full programme of opportunities. We will work with you to shape this to maximise your experience.*

Activity	Date and Time	Location
Open Doors Induction	Weds 19 Nov 2025 pm 4 hours	Loughborough
Stage 1 meetings – opportunities to meet with various departments	Dec 2025-Jan 2026	TBC / Online
People and Culture Team (Interview skills, CV writing, shortlisting)	Weds 4 Feb 2026 4 hours	Loughborough
Stage 2 – meetings – opportunities to meet with various departments	Feb-Apr 2026	TBC / Online
Mentoring	Nov – April 2026	To be agreed with athletes / mentor.

- **Included:** You will have a dedicated Mentor to support you throughout your work experience. There will be a session with the People and Culture Team: CV writing, application and interview skill development. You will also be supported by your Performance Lifestyle Coach throughout the process.

### What Next?

Having read through the information above, and if you would like to be considered for this exciting opportunity, please follow the application process below.

Please note that applications are for Aquatics GB World Class Programme athletes over 18 years of age (current or athletes that have exited the programme in 2025) and places are limited.

### How to Apply:

Please send your **current CV and a written application letter or video recording, answering the questions below**, via email/WeTransfer (free large file sending platform) to: **[peopledepartment@aquaticsgb.com](mailto:peopledepartment@aquaticsgb.com)**

NB: We operate an anonymous application process for written applications

### What to include in your application letter or video:

- Your name, email address, contact number and discipline (Swimming, Para-Swimming, Diving, Artistic Swimming).

**[aquaticsgb.com](http://aquaticsgb.com) | [info@aquaticsgb.com](mailto:info@aquaticsgb.com) | 01509 618700**

SportPark, 3 Oakwood Drive, Loughborough, LE11 3QF

Aquatics GB is the trading name of British Swimming Ltd.

**Please share with us:**

- What is it that excites you about the programme?
- How do you feel this programme will support you?
- Tell us why you think you should be offered a place on the Open Doors Programme.

**Closing Date: Applications will close at 12 noon 22<sup>nd</sup> October 2025**

**Interviews: Online interviews will be held on Wednesday 29<sup>th</sup> October 2025**

If you want to know more about the Open Doors opportunity or would like some support with your CV and application, contact your Performance Lifestyle Coach:

<b>Swimming:</b>	<b>Claire Ewing</b>	<b><u><a href="mailto:Claire.Ewing@uksportsinstitute.co.uk">Claire.Ewing@uksportsinstitute.co.uk</a></u></b> <b>07842 013556</b>
<b>Para Swimming:</b>	<b>Julie Smith</b>	<b><u><a href="mailto:Julie.Smith@uksportsinstitute.co.uk">Julie.Smith@uksportsinstitute.co.uk</a></u></b> <b>07747 455513</b>
<b>Diving:</b>	<b>Clare Stacey</b>	<b><u><a href="mailto:Clare.Stacey@uksportsinstitute.co.uk">Clare.Stacey@uksportsinstitute.co.uk</a></u></b> <b>07950 621252</b>
<b>Artistic Swimming:</b>	<b>Claire Ewing</b>	<b><u><a href="mailto:Claire.Ewing@uksportsinstitute.co.uk">Claire.Ewing@uksportsinstitute.co.uk</a></u></b> <b>07842 013556</b>