

# IPC SWIMMING WORLD CHAMPIONSHIPS

GLASGOW

13 – 19 JULY 2015

  
BRITISH  
PARA-SWIMMING



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# MEDIA CONTACTS

## IN GLASGOW

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## FOR MEDIA IN THE UK

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## USEFUL WEBSITES

**British Swimming:**

[www.swimming.org/britishswimming/](http://www.swimming.org/britishswimming/)

**Official Event Website:**

<http://www.paralympic.org/glasgow-2015>

**IPC:**

[www.ipc-swimming.org](http://www.ipc-swimming.org)



# MEDIA PROTOCOL

The media protocol has been designed to help achieve an understanding between all media and those representing British Swimming. It aims to create opportunities for the media as well as appreciate the commitments of athletes and staff. This media protocol will be utilised leading up to and during all international competitions.

The protocol recognises that everybody is present at a major competition to do a job – whether they are athletes, coaching staff or the media. Each group experiences its own pressure to deliver, however, consideration of each other's circumstances, roles and responsibilities will help ensure everybody has a successful and productive experience.

## ACCESS TO THE NATIONAL PERFORMANCE DIRECTOR AND HEAD COACH DURING COMPETITION

Media requests in relation to the National Performance Director and Head Coach should go through the Press Officer. Those wishing to put a question to the National Performance Director and Head Coach should provide as much notice as possible so the Press Officer can identify a window of opportunity to respond. If the National Performance Director and Head Coach is unable to respond in person, the Press Officer will pass on their views. During the competition the National Performance Director and Head Coach will only give views on the performances of British athletes and the team as a whole. Due to the demands of the job at hand, the National Performance Director and Head Coach's time will be limited so as much prior notice to any requests would be greatly appreciated.

## ACCESS TO BRITISH COACHES DURING COMPETITION

After the final event of the day a coach or coaches with relevance to that evening's finals will be available to the media at a location within the venue. This will be co-ordinated through the Press Officer. These coaches will only speak on their athlete's performance. Comments on the overall team performance will only be given by the Head Coach or National Performance Director.

## ACCESS TO ATHLETES OR COACHING STAFF DURING COMPETITION

Requests for interviews with athletes or team coaching staff must go through the Press Officer. Whereas media deadlines will always be considered, these interviews will be arranged at a time the athlete or coach can be made available. This is obviously due to the demands of the competition on time. Athletes and team coaches will only comment on their relevant performances. Overall comments will be provided by the Head Coach or National Performance Director via the Press Officer.

Access to athletes and coaches will be limited to the official mixed zone, press conferences or through prior arrangements made via the Press Officer. All athletes will be encouraged to speak to the media, however, due to the need to recover by "swimming/warming down" immediately after an event, time in the mixed zone will be limited and it is envisaged the media will collect at a good vantage point to be informed as a group rather than as individuals. The swimmers have between three to six minutes from the time they've finished their race to get to the swim down pool. Within this time there is a need to service all areas of the mixed zone – broadcast and print – fairly.

The swim down pool is off limits to all media as indicated by accreditation. No member of the British Swimming squad will be available at swim down.

The Press Officer will try to obtain quotes from athletes if, for whatever reason, access has been limited further. These will hopefully be provided before swim-down or drug testing. If it is not possible to meet these needs then interviews may take place following warm-down. Where a swimmer has an event the next morning, there will be no post swim-down interviews that evening. If an athlete has achieved a notable result their specific coach will also be encouraged to make themselves available to the media at the end of the session. The Press Officer or Team Manager will be present during interviews. The Press Officer and Team Manager will always consider special requests made by the media.

When an athlete has finished their final event of the championships they will be free to consider additional media requests made via the Press Officer. Efforts will be made to meet these as long as they don't impact on the rest of the team.

## MEDIA NOT PRESENT AT THE CHAMPIONSHIPS

Not all media will be accredited for international events but the Press Officer and Media team in the UK will try to look after all enquiries via phone or email. The same protocols should be followed. Athletes, staff or the Head Coach should not be contacted directly. Their time is limited and therefore the Press Officer will arrange for information to be forwarded at a convenient moment. British Swimming encourages the sport to be covered by all media, present or not present. However, all media should understand that priority has to be given to those who are in attendance at the event. Efforts will be made to meet all requests and British Swimming asks that protocol be respected at all times.

# MEDIA PROTOCOL

## MISCELLANEOUS

All media requests will be considered on their individual merits and decisions made in the best interests of British Swimming. Several requests for separate interviews at the same time will be dealt with in order of deadlines. Media with the tightest deadline will be dealt with first.

If photographers require access to members of the squad for non-action shots away from the competition then all requests should be made through the Press Officer.

For all media interviews, athletes and staff will only wear British Swimming kit supplied for the event by the team sponsor apart from unbranded swimsuits.

All interviews will only involve representatives of the British Swimming team. No persons outside of the team will be allowed to contribute to an interview involving a British Swimming squad member.

No team member or programme-supported athlete is allowed to be part of any media team during camps or competitions, or to disclose or discuss activities during these events.

There will be no access to athletes or coaching staff at the team hotel. It is requested that this privacy be respected.

All media enquiries should be made to the Press Officer. If unavailable the media should approach the Team Manager. The Press Officer and Team Manager must both be aware of all media activity.

Athletes can only talk about their own performance, coaches can only comment on athletes in their own specific group and not the overall team performance, the National Performance Director can talk on the overall team and all matters. Support staff are unable to comment on performance.



# NATIONAL PERFORMANCE CENTRE MANCHESTER

- WORLD CLASS COACHING AND DEDICATED POOL TIME
- ALL SUPPORT SERVICES ON SITE



- SUBSIDISED ACCOMMODATION AND FOOD
- BESPOKE EDUCATIONAL OPTIONS

- MOST ADVANCED PERFORMANCE ANALYSIS EQUIPMENT IN THE WORLD



- WORLD CLASS NUTRITION
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# NEWCOMER'S GUIDE

Swimmers often talk using their own abbreviations and words that do not apply to the outside world. Below is a simple glossary of the most frequent terms used:

**PB:** Personal Best time.

**Splits:** This is the time at each 50m turn. Swimmers will monitor these to see how they paced a race.

**Taper:** A swimmer will 'taper' prior to any major competition. What this means is that they will rest. They will cut back the amount of training they do each day and decrease the intensity also. A swimmer may swim over 12,000m a day during heavy training, however they will swim as little as a few hundred metres the day before an event.

**Free:** Freestyle or front crawl.

**Breast:** Breaststroke.

**Fly:** Butterfly.

**Back:** Backstroke.

**I.M:** Individual Medley (Butterfly, Backstroke, Breaststroke, Freestyle). In a medley relay, the order is changed so that backstroke is first. This addresses the fact that backstrokers cannot do a dive to start a race. Four swimmers compete in one of the following strokes in the following order; backstroke, breaststroke, butterfly, freestyle.

**Swim-down:** A recovery exercise that takes place several minutes after a swimmer completes their race.

They will swim at a low intensity in another pool in order to rid the body of lactic acid, which would have accumulated in the muscles after high-intensity swims.

**Long Course:** Long Course events are those held in a 50m pool.

**Shaving-down:** Most swimmers shave the hair from their bodies for a big meet. Although they will remove almost all of their body hair, the actual intention is to remove the top layer of skin from the body. This increases the sensitivity and 'feel' for the water. Even though many swimmers wear all-over body suits, shaving remains a key psychological measure in getting prepared for a race.

The eight fastest swimmers from the heats will compete in the final. The lane order for the finals is decided from times in the heats or semi-finals. The fastest qualifier will swim in lane 4, the second fastest in lane 5, third fastest in lane 3, fourth in lane 6, fifth in lane 2, sixth in lane 7, seventh in lane 1 and eighth in lane 8. Theoretically, this creates a spearhead format in the race.

For the duration of the World Championships, the one-start rule will apply. Should any swimmer perform a false start they will be disqualified from the race. Any swimmer who is moving before the start will be disqualified at the end of the race. The start should go ahead regardless of the disqualification.

# BEGINNER'S GUIDE TO CLASSIFICATION

Swimming is the only sport that combines the conditions of limb loss, cerebral palsy (coordination and movement restrictions), spinal cord injury (weakness or paralysis involving any combination of the limbs) and other disabilities, such as Dwarfism; major joint restriction condition across classes.

**Classes 1-10** are allocated to athletes with a physical impairment.

**Classes 11-13** are allocated to athletes with a visual impairment.

**The Prefix S** to the Class denotes the class for Freestyle, Backstroke and Butterfly.

**The Prefix SB** to the class denotes the class for Breaststroke.

**The Prefix SM** to the class denotes the class for Individual Medley.

The range is from the athletes with a more severe impairment, S1, SB1, SM1, to those with a lesser impairment, S10, SB9 and SM10.

In any one class some athletes may start with a dive or in the water depending on their impairment. This is factored in when classifying an athlete. The following examples are only a guide - some conditions not mentioned here may also fit the following classes.

## CLASSIFICATION SYSTEM

**S1 SB1 SM1:** Athletes in this class would usually be wheelchair users and may have a higher dependency for their every day needs. Examples: Athletes with very severe coordination problems in all four limbs or have no use of their legs, trunk, hands and minimal use of their shoulders only. Usually only swim on their back.

**S2 SB1 SM2:** Examples: The athlete is able to use their arms with no use of their hands, legs or trunk or have severe co-ordination problems in all four limbs.

**S3 SB2 SM3:** Examples: Athletes with reasonable arm strokes but no use of their legs or trunk; athletes with severe coordination problems in all four limbs and athletes with severe limb loss to all four limbs.

**S4 SB3 SM4:** Examples: Athletes who use their arms and have minimal weakness in their hands but have no use of their trunk or legs; athletes with coordination problems affecting all four limbs but predominantly in the legs; athletes with limb loss to three limbs.

**S5 SB4 SM5:** Examples: Athletes with full use of their arms and hands but no trunk or leg muscles; athletes with moderate coordination problems.

**S6 SB5 SM6:** Examples: Athletes with full use of their arms and hands with some trunk control but no useful leg muscles; athletes with coordination problems (usually these athletes walk); athletes with major limb loss of two limbs; Achondroplasia (dwarfism < 130cm for women and 137cm for men).

**S7 SB6 SM7:** Examples: Athletes with full use of their arms and trunk with some leg function; coordination or weakness problems on the same side of the body; major limb loss of two limbs.

**S8 SB7 SM8:** Examples: Athletes with full use of their arms and trunk with some leg function; limb loss of two limbs; athletes with the use of one arm.

**S9 SB8 SM9:** Unless there is an underlying medical condition usually all of these athletes will start out of the water. Examples: Athletes with severe weakness in one leg only; athletes with very slight coordination problems; athletes with one limb loss.

**S10 SB9 SM10:** Examples: Athletes with very minimal weakness affecting the legs; athletes with restriction of hip joint movement; athletes with both feet deformed; athletes with minor limb loss of part of a limb.

## VISUALLY IMPAIRED CLASSES

**S11 SB11 SM11:** These athletes are unable to see at all and are considered totally blind. They must wear blackened goggles if they swim in this class. They will also require someone to tap them when they are approaching a wall for turning and finishing.

**S12 SB12 SM12:** These athletes can recognise the shape of a hand and have some ability to see. There is a large range of vision ability within this class.

**S13 SB13 SM13:** Athletes who are the most sighted but are legally considered to be blind.

## INTELLECTUAL CLASS

**S14 SB14 SM14:** Swimmers with an intellectual Disability.

Swimmers must have an IQ of 75 or less to meet the criteria.



# EVENT SCHEDULE

## 13 July Day 1

M	100m Freestyle	S7
W	100m Freestyle	S7
M	100m Breaststroke	SB14
W	100m Breaststroke	SB14
M	200m Freestyle	S3
M	200m Freestyle	S4
M	100m Freestyle	S11
W	100m Freestyle	S11
M	50m Backstroke	S5
W	50m Backstroke	S5
M	50m Freestyle	S13
W	50m Freestyle	S13
M	50m Freestyle	S10
W	50m Freestyle	S10
M	100m Butterfly	S8
W	100m Butterfly	S8
M	100m Backstroke	S9
W	100m Backstroke	S9
M	400m Freestyle	S6
W	400m Freestyle	S6

**MX** 4x50m Freestyle Relay 20pts

## 14 July Day 2

M	100m Breaststroke	SB5
W	100m Breaststroke	SB5
M	100m Backstroke	S1
M	100m Backstroke	S2
W	100m Backstroke	S2
M	200m IM	SM13
W	200m IM	SM13
M	100m Breaststroke	SB6
W	100m Breaststroke	SB6
M	100m Freestyle	S9
W	100m Freestyle	S9
M	100m Breaststroke	SB7
W	100m Breaststroke	SB7
W	100m Freestyle	S3
M	400m Freestyle	S11
W	400m Freestyle	S11
M	200m IM	SM10
W	200m IM	SM10
M	100m Breaststroke	SB8
W	100m Breaststroke	SB8
M	50m Freestyle	S4
W	50m Freestyle	S4

## 15 July Day 3

M	100m Backstroke	S11
W	100m Backstroke	S11
M	400m Freestyle	S7
W	400m Freestyle	S7
M	100m Breaststroke	SB9
W	100m Breaststroke	SB9
M	100m Backstroke	S13
W	100m Backstroke	S13
M	200m Freestyle	S5
W	200m Freestyle	S5
M	200m IM	SM8
W	200m IM	SM8
M	100m Backstroke	S12
W	100m Backstroke	S12
M	150m IM	SM3
W	150m IM	SM4
M	150m IM	SM4
W	150m IM	SM4
M	200m Freestyle	S14
W	200m Freestyle	S14
M	50m Butterfly	S6
W	50m Butterfly	S6

## 16 July Day 4

M	100m Freestyle	S13
W	400m Freestyle	S13
M	100m Freestyle	S8
W	100m Freestyle	S8
M	200m IM	SM11
W	200m IM	SM11
M	100m Backstroke	S10
W	100m Backstroke	S10
M	200m IM	SM7
W	200m IM	SM7
M	100m Freestyle	S4
M	50m Freestyle	S9
W	50m Freestyle	S9
M	50m Freestyle	S6
W	50m Freestyle	S6
M	50m Butterfly	S5
W	50m Butterfly	S5
M	50m Backstroke	S1
M	50m Freestyle	S3
M	100m Breaststroke	SB12
W	4x100m Freestyle Relay	34pts

# EVENT SCHEDULE

## 17 July Day 5

M	400m Freestyle	S8
W	400m Freestyle	S8
M	100m Butterfly	S10
W	100m Butterfly	S10
M	200m IM	SM6
W	200m IM	SM6
M	100m Butterfly	S9
W	100m Butterfly	S9
M	50m Freestyle	S11
W	50m Freestyle	S11
M	50m Butterfly	S7
W	50m Butterfly	S7
M	200m IM	SM14
W	200m IM	SM14
M	100m Breaststroke	SB13
W	100m Breaststroke	SB13
M	50m Freestyle	S5
W	50m Freestyle	S5
M	50m Breaststroke	SB2
M	50m Breaststroke	SB3
W	50m Breaststroke	SB3
MX	4x100m Freestyle Relay	34pts

## 18 July Day 6

M	100m Backstroke	S6
W	100m Backstroke	S6
M	400m Freestyle	S9
W	400m Freestyle	S9
M	100m Backstroke	S7
W	100m Backstroke	S7
M	100m Freestyle	S10
W	100m Freestyle	S10
M	100m Backstroke	S8
W	100m Backstroke	S8
M	100m Freestyle	S13
W	100m Freestyle	S13
M	100m Breaststroke	SB4
W	100m Breaststroke	SB4
M	200m Freestyle	S2
W	100m Breaststroke	SB11
W	200m IM	SM5
M	50m Backstroke	S3
W	50m Backstroke	S3
M	50m Freestyle	S12
W	50m Freestyle	S12
M	4x100m Medley Relay	34pts

## 19 July Day 7

M	400m Freestyle	S10
W	400m Freestyle	S10
M	100m Freestyle	S6
W	100m Freestyle	S6
M	50m Freestyle	S8
W	50m Freestyle	S8
M	50m Backstroke	S2
W	50m Backstroke	S2
M	50m Freestyle	S7
W	50m Freestyle	S7
M	50m Backstroke	S4
W	50m Backstroke	S4
M	200m IM	SM9
W	200m IM	SM9
M	100m Butterfly	S13
W	100m Butterfly	S13
M	100m Freestyle	S5
W	100m Freestyle	S5
M	100m Backstroke	S14
W	100m Backstroke	S14
M	100m Butterfly	S11
W	4x100m Medley Relay	34pts

# TEAM

## ATHLETES

### Male

James Crisp  
Thomas Hamer  
Oliver Hynd  
Sascha Kindred  
Andrew Mullen  
Scott Quin

### Female

Jessica-Jane Applegate  
Claire Cashmore  
Charlotte Henshaw  
Tully Kearney  
Susannah Rodgers  
Hannah Russell  
Eleanor Simmonds  
Alice Tai

## COACHES

Rob Greenwood  
Rob Aubry  
Kris Gilchrist  
Mark Rose  
Graeme Smith



# LIST OF ATHLETES AND EVENTS

## MEN

**James Crisp** S9, SB8, SM9, 100m Backstroke, 200m IM

**Thomas Hamer** S14, SB14, SM14, 200m Freestyle, 200m IM

**Oliver Hynd** S8, SB8, SM8, 200m IM, 400m Freestyle,  
100m Backstroke

**Sascha Kindred** S6, SB7, SM6, 50m Butterfly, 200m IM,  
100m Freestyle

**Andrew Mullen** S5, SB4, SM5, 50m Backstroke, 200m Freestyle,  
50m Butterfly, 50m Freestyle, 100m Freestyle

**Scott Quin** S14, SB14, SM14, 100m Breaststroke, 200m IM

## WOMEN

**Jessica-Jane Applegate** S14, SB14, SM14, 200m Freestyle,  
200m IM, 100m Backstroke

**Claire Cashmore** S9, SB9, SM9, 100m Breaststroke,

**Charlotte Henshaw** S8, SB6, SM8, 100m Breaststroke

**Tully Kearney** S9, SB8, and SM9, 200m IM, 100m Backstroke,  
100m Freestyle, 100m Butterfly, 400m Freestyle

**Susannah Rodgers** S7, SB6, SM7, 100m Freestyle,  
50m Butterfly, 50m Freestyle

**Hannah Russell** S12, SB12, SM12, 200m IM, 100m Backstroke,  
400m Freestyle, 50m Freestyle, 100m Freestyle

**Eleanor Simmonds** S6, SB6, SM6, 400m Freestyle,  
100m Breaststroke, 50m Freestyle, 200m IM, 100m Freestyle

**Alice Tai** S10, SB9, SM10, 50m Freestyle, 100m Backstroke,  
100m Butterfly, 100m Freestyle, 400m Freestyle

# ATHLETE PROFILES: MEN



## JAMES CRISP

Club: City of Sheffield  
Coach: Russ Barber  
Dob: 11/10/1982  
Born: Nottingham

Trains: Sheffield  
Lives: Sheffield  
Classification: S9, SB8, SM9

### QUALIFIED EVENTS:

100m Backstroke, 200m IM

### ACHIEVEMENTS:

IPC European Championships 2014: S9 100Ba Gold, SB8 100Br Bronze  
British Para-Swimming International Meet 2014: MC 200IM 7th, MC 100Ba 7th  
IPC World Championships 2013: S9 100Ba Silver, SB8 100Br 4th, SM9 200IM 5th  
Paralympic Games 2012: S9 100Ba Silver, S9 100Fr 17th, S9 400Fr 8th, SB8 100Br 6th, 200IM SM9 5th, 34pts 4x100MR 5th  
IPC European Championships 2011: S9 100Fr 10th, S9 400Fr Bronze, S9 100Ba Gold, SM9 200IM Silver, 34Pt 4x100FR Bronze, 34Pt 4x100MR Bronze  
IPC World Championships 2010: S9 400Fr Bronze, S9 100Ba Silver, SM9 200IM 4th  
IPC World Championships 2006: S9 400Fr Gold, S9 100Ba Bronze, S9 100Fly 5th, SM9 200IM Bronze, 34pt 4x100MR Silver  
Paralympics Games 2004: S9 50Fr 20th, S9 100Fr 11th, S9 400Fr Silver, S9 100Ba Silver, SB8 100Br Silver, S9 100Fly 8th, SM9 200IM Bronze, 34pt 4x100MR 4th  
Paralympics Games 2000: S9 100Fr Bronze, S9 400Fr Bronze, S9 100Ba Gold, S9 100Fly Silver, SM9 200IM Gold, 34pt 4x100FR Gold, 34pt 4x100MR Silver



## THOMAS HAMER

Club: City of Manchester  
Aquatics/National  
Performance Centre  
Coach: Rob Greenwood/  
Graeme Smith

Dob: 16/08/1998  
Born: Burnley  
Trains: Manchester  
Lives: Burnley  
Classification: S14, SB14, SM14

### QUALIFIED EVENTS:

200m Freestyle, 200m IM

### ACHIEVEMENTS:

IPC European Championships 2014: S14 200Fr Silver  
Commonwealth Games 2014: SM14 200Fr Silver  
British Para-Swimming International Meet 2014: MC 200Fr Bronze  
British Gas Swimming Championships 2014: MC 200m Fr Gold  
British Gas International Swimming Meet 2014: MC 200m Fr Gold

# ATHLETE PROFILES: MEN



## OLIVER HYND

Club: Nova Centurion  
Coach: Glenn Smith  
Dob: 27/10/1994  
Born: Kirkby

Trains: Mansfield  
Lives: Kirkby  
Classification: S8, SB8, SM8

### QUALIFIED EVENTS:

200m IM, 400m Freestyle, 100m Backstroke

### ACHIEVEMENTS:

IPC European Championships 2014: S8 400fr Gold, SM8 200IM Gold, 34pt 4x100 Medley Relay Silver, S8 100Ba 4th

Commonwealth Games 2014: SM8 200IM Gold

British Para-Swimming International Meet 2014: MC 200IM Silver, 100Ba 5th, 400Fr Gold

IPC World Championships 2013: S8 400Fr Gold, SM8 200IM Gold, S8 100Ba Bronze

Paralympic Games 2012: S8 400Fr Silver, S8 100Ba Bronze, S8 100Fly 12th, SM8 200IM Gold

IPC European Championships 2011: S8 100Fr 5th, S8 400Fr Silver, S8 100Ba Bronze, S8 100Fly 7th, SM8 200IM Gold

British International Disability Swimming Championships 2013: 400Fr Silver, 100Ba 4th, 200IM 4th

British International Disability Swimming Championships 2012: 200IM 6th 400Fr 8th

British Gas Swimming Championships 2012: 400Fr Silver



## SASCHA KINDRED

Club: Leominster  
Coach: Emma Patrick  
Dob: 13/12/1977  
Born: Munster, Germany

Trains: Leominster  
Lives: Hereford  
Classification: S6, SB7, SM6

### QUALIFIED EVENTS:

50m Butterfly, 200m IM, 100m Freestyle

### ACHIEVEMENTS:

IPC European Championships 2014: S6 100Fr Gold, S6 50Fly Gold, S6 50Fr Silver, SB7 100Br Bronze, 34pt 4x100Fr Bronze

IPC World Championships 2013: SM6 200IM Gold, SB7 100Br Bronze

Paralympic Games 2012: S6 50Fr 10th, SB7 100Br 4th, SM6 200IM Silver

IPC World Championships 2010: S6 50Fly Silver, SM6 200IM Gold

IPC European Championships 2009: S6 100Ba 4th, SB7 100Br Gold, S6 50Fly Gold, SM7 200IM Gold, 20pt 4x50MR Silver

Paralympic Games 2008: S6 50Fr 9th, SB7 100Br Gold, S6 50Fly Bronze, SM6 200IM Gold

IPC World Championships 2006: SB7 100Br Gold, S6 50Fly Bronze, SM6 200IM Gold

Paralympic Games 2004: SB7 100Br Gold, S6 50Fly 6th, SM6 200IM Gold, 20pt 4x50FR Bronze, 20pt 4x50MR 6th, 34pt 4x100MR 4th

Paralympic Games 2000: S6 100Fr 9th, SB7 100Br Gold, SM6 200IM Gold, 20pt 4x50FR Bronze, 34pt 4x100MR Silver

Paralympic Games 1996: S7 50Fr 25th, S7 100Fr 25th, SB7 100Br Silver

# ATHLETE PROFILES: MEN



## ANDREW MULLEN

Club: Ren 96/National  
Performance Centre  
Coach: Rob Greenwood/  
Graeme Smith  
Dob: 29/11/1996

Born: Glasgow  
Trains: Manchester  
Lives: Manchester  
Classification: S5, SB4, SM5

### QUALIFIED EVENTS:

50m Backstroke, 200m Freestyle, 50m Butterfly, 50m Freestyle, 100m Freestyle

### ACHIEVEMENTS:

IPC European Championships 2014: S5 200Fr Gold, S5 50Ba Gold, S5 50Fly Gold, SM5 200IM Gold, S5 50Fr Silver, S5 100Fr Silver  
British Para-Swimming International Meet 2014: MC 50Fly Silver, 100Ba Gold, 50Fr Bronze, 200IM Gold  
IPC World Championships 2013: S5 50Ba Silver, SM5 200IM Silver, S5 50Fly Bronze, S5 100Fr 4th, S5 50Fr 5th  
Paralympic Games 2012: S5 50Fr 8th, S5 50Ba 4th, S5 50Fly 4th  
IPC European Championships 2011: S5 50Fly Silver, SM5 200IM Bronze, S5 100Fr 7th  
British International Disability Swimming Championships 2013: 200Fr 7th, 50Ba Gold, 50Fly 4th  
British Gas Swimming Championships 2012: 50Fr 27th, 50Ba Silver, 50Fly 5th  
British International Disability Swimming Championships 2012: 50Fr 85th, 50Ba 11th, 50Fly 15th  
British Gas Swimming Championships 2011: 50Fly 5th, 200IM 18th  
British International Disability Swimming Championships 2011: 100Fr 91st, 50Fly 5th, 200IM 41st



## SCOTT QUIN

Club: Warrender Baths Club  
Coach: Laurel Bailey  
Dob: 01/07/1990  
Born: Edinburgh

Trains: Edinburgh  
Lives: Midlothian  
Classification: S14, SB14, SM14

### QUALIFIED EVENTS:

100m Breaststroke, 200m IM

### ACHIEVEMENTS:

IPC European Championships 2014: SB14 100Br Silver, SM14 200IM 4th  
British Para-Swimming International Meet 2014: 200IM 6th, 100Br 5th  
IPC World Championships 2013: SB14 100Br 5th  
European Championships 2011: S14 100Ba 15th, S14 100Br 5th  
British Gas Swimming Championships 2013: 200Fr 7th, 100Br Gold  
British International Disability Swimming Championships 2013: 100Br Gold  
British Gas International Swim Meet 2013: 100Br Gold  
British Gas Swimming Championships 2012: 200Fr 9th, 100Ba 22nd, 100Br Bronze  
British Gas Swimming Championships 2011: 200Fr 11th, 100Ba 22nd, 100Br 4th  
British Gas Swimming Championships 2010: 200Fr 5th, 100Ba 14th, 100Br 11th

# ATHLETE PROFILES: WOMEN



## JESSICA-JANE APPLGATE

Club: UEA Norwich  
Coach: Alex Pinniger  
Dob: 22/08/1996  
Born: Great Yarmouth

Trains: Norwich  
Lives: Great Yarmouth  
Classification: S14, SB14, SM14

### QUALIFIED EVENTS:

200m Freestyle, 200m IM, 100m Backstroke

### ACHIEVEMENTS:

IPC European Championships 2014: S14 200Fr Silver, S14 100Ba Bronze, SM14 200IM Bronze

British Para-Swimming International Meet 2014: 200IM Silver, 200 Fr Silver

IPC World Championships 2013: S14 200Fr Gold, S14 100Ba Bronze, SM14 200IM Silver

Paralympic Games 2012: S14 200Fr Gold, S14 100Ba 4th

British International Disability Swimming Championships 2013: 200Fr Gold, 100Ba 5th

British Gas Swimming Championships 2012: 200Fr Gold, 100Ba 8th

British International Disability Swimming Championships 2012: 50Fr Silver, 100Fr Silver, 200Fr Gold

British International Disability Swimming Championships 2011: 50Fr Bronze, 200Fr 5th, 100Ba 10th



## CLAIRE CASHMORE

Club: Wyre Forest SC/  
National Performance Centre  
Coach: Rob Greenwood/  
Graeme Smith  
Dob: 21/05/1988

Born: Redditch  
Trains: Leeds  
Lives: Leeds  
Classification: S9, SB9, SM9

### QUALIFIED EVENTS:

100m Breaststroke

### ACHIEVEMENTS:

IPC European Championships 2014: SB8 100Br Gold, 34pt 4x100 Medley Relay Gold, SM9 200IM 4th

IPC European Championships 2014: SB8 100Br Gold, 34pt 4x100 Medley Relay Gold, SM9 200IM 4th

British Para-Swimming International Meet 2014: 100Fr 6th, 50Fr Silver, 200IM 5th, 100Fly Silver, 100Br 5th

IPC World Championships 2013: 34PT 4x100MR Gold, 34 PT 4x100FR Gold, SB8 100Br Silver, SM9 200IM Bronze, S9 50Fr 5th, S9 100Fr 5th, S9 100Fly 6th

Paralympic Games 2012: S9 100Fr 9th, SB8 100Br Silver, S9 100Fly 8th, SM9 200IM 4th, 34pts 4x100FR Bronze, 34pts 4x100MR Silver

IPC European Championships 2011: S9 100Fr 4th, SB8 100Br Silver, S9 100Fly Bronze, SM9 200IM Bronze, 34PT 4x100FR Gold, 34PT 4x100MR Gold

IPC World Championships 2010: S9 50Fr 6th, S9 100Fr 4th, SB8 100Br Silver, 34Pt 4x100FR Silver, 34pt 4x100MR Silver

IPC European Championships 2009: S9 50Fr Bronze, SB8 100Br Bronze, S9 100Fly 5th, 34pt 4x100FR Gold

Paralympic Games 2008: S9 100Ba 6th, SB8 100Br Bronze, S9 100Fly 8th, SM9 200IM 4th

IPC World Championships 2006: S9 100Fr 10th, S9 100Ba 8th, SB8 100Br Silver, SM9 200IM 7th, 34pt 4x100MR Silver

Paralympic Games 2004: S9 50Fr 5th, S9 100Fr 9th, S9 100Ba Bronze, S9 100Fly 8th, SM9 200IM Bronze, 34pt 4x100FR 6th



# ATHLETE PROFILES: WOMEN



## CHARLOTTE HENSHAW

Club: Nova Centurion

Coach: Glenn Smith

Dob: 16/01/1987

Born: Mansfield

Trains: Mansfield

Lives: Mansfield

Classification: S8, SB6, SM8

### QUALIFIED EVENTS:

100m Breaststroke

### ACHIEVEMENTS:

British Para-Swimming International Meet 2014: 100Br 7th

IPC World Championships 2013: SB6 100Br Bronze, S8 400Fr 8th

Paralympic Games 2012: S8 400Fr 12th, SB6 100Br Silver

IPC European Championships 2011: S8 400Fr 5th, SB6 100Br Silver, SM8 200IM 4th

IPC World Championships 2010: SB6 100Br Silver, SM8 200IM 8th

IPC European Championships 2009: S8 400Fr 4th, SB6 100Br Gold, SM8 200IM 4th

Paralympic Games 2008: SB6 100Br 4th



## TULLY KEARNEY

Club: Boldmere

Coach: Carl Grosvenor

Dob: 11/04/1997

Born: Nottingham

Trains: Birmingham

Lives: Aldridge

Classification: S9, SB8, SM9

### QUALIFIED EVENTS:

200m IM, 100m Backstroke, 100m Freestyle, 100m Butterfly, 400m Freestyle

### ACHIEVEMENTS:

British Gas Swimming Championships 2013: 100Ba 8th, 400Fr Silver, 200IM 9th

British International Disability Swimming Championships 2013: 100Ba 9th, 200IM 9th

British Gas International Swim Meet 2013: 100Fr 10th, 100Ba 7th, 400Fr Silver

British Gas Swimming Championships 2011: 400Fr 4th

# ATHLETE PROFILES: WOMEN



## SUSIE RODGERS

Club: Beckenham  
Coach: Tony Beckley  
Dob: 09/08/1983  
Born: Stockton on tees

Trains: London  
Lives: London  
Classification: S7, SB6, SM7

### QUALIFIED EVENTS:

100m Freestyle, 50m Butterfly, 50m Freestyle

### ACHIEVEMENTS:

IPC European Championships 2014: S7 50Fr Gold, S7 100Fr Gold, S7 400Fr Gold, S7 50Fly Gold, 34pt 4x100Fr Gold, S7 100Ba Silver

British Para-Swimming International Meet 2014: 50Fly Gold, 100Ba 7th, 100Fr 10th, 50Fr 9th

IPC World Championships 2013: 34 PT 4x100FR Gold, S7 50Fr Silver, 100Fr Silver, 400Fr Silver, 50Fly Silver

Paralympic Games 2012: S7 50Fr 4th, S7 100Fr Bronze, S7 400Fr Bronze, S7 100Ba 6th, S7 50Fly 4th, 34pts 4x100FR Bronze

IPC European Championships 2011: S7 50Fr Silver, S7 100Fr Gold, S7 400Fr Gold, S7 100Ba Gold, S7 50Fly Gold, 34Pt 4x100FR Gold

British International Disability Swimming Championships 2013: 100Fr 4th, 400Fr 8th, 50Fly Gold

British Gas Swimming Championships 2012: 50m Fr 12th, 100m Fr 7th, 400m Fr 5th, 100m Ba 4th, 50mFly Gold

British International Disability Swimming Championships 2012: 400Fr 5th, 50Fly Gold

British Gas Swimming Championships 2011: 100Fr 8th 400Fr Bronze, 100Ba 6th, 50Fly Silver

British International Disability Swimming Championships 2011: 400Fr 5th, 100Ba 9th, 50Fly Silver



## HANNAH RUSSELL

Club: Woking/National  
Performance Centre  
Coach: Rob Greenwood/  
Graeme Smith  
Dob: 05/08/1996

Born: Ottershaw  
Trains: Manchester  
Lives: Manchester  
Classification: S12, SB12, SM12

### QUALIFIED EVENTS:

200m IM, 100m Backstroke, 400m Freestyle, 50m Freestyle, 100m Freestyle

### ACHIEVEMENTS:

IPC European Championships 2014: S12 100Ba Gold, S12 50Fr Silver, S12 100Fr Silver, S12 400Fr Silver, S12 100Fly Silver, SM12 200IM Silver

British Para-Swimming International Meet 2014: 100Ba Bronze, 400Fr Bronze, 100Fr 8th, 50Fr 4th, 200IM 8th

IPC World Championships 2013: S12 100Ba Gold, S12 50Fr Silver, S12 100Fr Silver, S12 100Fly Silver, S12 400Fr Bronze

Paralympic Games 2012: S12 50Fr 4th, S12 100Fr 6th, S12 400Fr Silver, S12 100Ba Bronze, S12 100Fly Bronze

IPC European Championships 2011: S12 50Fr 5th, S12 100Fr 6th, S12 400Fr 4th, S12 100Ba Silver, S12 100Fly Bronze

British International Disability Swimming Championships 2013: 50m Fr Silver, 100m Fr Silver, 400m Fr Gold, 100m Ba 4th, 100m Fly 8th

British Gas Swimming Championships 2012: 50Fr 11th, 100Fr 4th, 400Fr Silver, 100Ba Gold, 100Fly 5th

British International Disability Swimming Championships 2012: 100Fr 6th, 400Fr Bronze, 100Ba 8th

British Gas Swimming Championships 2011: 50Fr 8th, 100Ba Bronze 100Fly 6th

British International Disability Swimming Championships 2011: 100Fr 7th, 400Fr 8th, 100Ba 5th

# ATHLETE PROFILES: WOMEN



## ELEANOR SIMMONDS

Club: Boldmere/National  
Performance Centre

Coach: Rob Greenwood/  
Graeme Smith

Dob: 11/11/1994

Born: Walsall

Trains: Manchester

Lives: Manchester

Classification: S6, SB6, SM6

### QUALIFIED EVENTS:

400m Freestyle, 100m Breaststroke, 50m Freestyle, 200m IM, 100m Freestyle

### ACHIEVEMENTS:

IPC European Championships 2014: S6 400Fr Gold, SB6 100Br Gold, SM6 200IM Gold, S6 100Fr Silver, S6 50Fr Silver

British Para-Swimming International Meet 2014: 400Fr Gold, 100Fr 5th, 100Br 7th, 50Fr 8th, 200IM Bronze

IPC World Championships 2013: S6 100Fr Gold, S6 400Fr Gold, SM6 200IM Gold, S6 50Fr Bronze, S6 100Ba 4th, SB6 100Br 4th

Paralympic Games 2012: S6 50m Fr Bronze, S6 100Fr Silver, S6 400Fr Gold, SM6 200IM Gold

IPC European Championships 2011: S6 50Fr Bronze, S6 100Fr Silver, S6 400Fr Gold, S6 100Ba 5th, SM6 200IM Gold

IPC World Championships 2010: S6 50Fr Gold, S6 100Fr Gold, S6 400Fr Gold, SM6 200IM Gold, 20pt 4x50MR Bronze, 34pt 4x100FR Silver, 34pt 4x100MR Silver

IPC European Championships 2009: S6 50Fr Gold, S6 100Fr Gold, S6 400Fr Gold, SM6 200IM Gold, 34pt 4x100MR Gold

Paralympic Games 2008: S6 50Fr 5th, S6 100Fr Gold, S6 400Fr Gold, S6 50Fly 8th, SM6 200IM 5th

IPC World Championships 2006: S6 50Fr 7th, S6 100Fr 7th, S6 400Fr 6th, S6 50Fly 8th



## ALICE TAI

Club: Bournemouth  
Collegiate School

Coach: Adam Parfitt

Dob: 31/01/1999

Born: Poole

Trains: Bournemouth/  
Christchurch

Lives: New Milton

Classification: S10, SB9, SM10

### QUALIFIED EVENTS:

50m Freestyle, 100m Backstroke, 100m Butterfly, 100m Freestyle, 400m Freestyle

### ACHIEVEMENTS:

IPC European Championships 2014: 34pt 4x100Fr Gold, S10 100Ba Silver, S10 400Fr Bronze, S10 100Fr 4th

British Para-Swimming International Meet 2014: MC 100Ba 8th

British International Disability Swimming Championships 2013: MC 100Fr 6th, MC 50Fr 8th, MC 100Ba 10th

## SWIMMER PBS

James Crisp 100m Backstroke 1:03.32, 200m IM 2:19.85

Thomas Hamer 200m Freestyle 1:58.92, 200m IM 2:19.30

Oliver Hynd 200m IM 2:22.76, 400m Freestyle 4:27.64, 100m Backstroke 1:05.10

Sascha Kindred 50m Butterfly 32.09, 200m IM 2:40.82, 100m Freestyle 1:09.83

Andrew Mullen 50m Backstroke 37.56, 200m Freestyle 2:46.27, 50m Butterfly 36.91,  
50m Freestyle 35.41, 100m Freestyle 1:18.42

Scott Quin 100m Breaststroke 1:07.45, 200m IM 2:19.28

Jessica-Jane Applegate 200m Freestyle 2:07.33, 200m IM 2:27.37,  
100m Backstroke 1:08.51

Claire Cashmore 100m Breaststroke 1:20.37,

Charlotte Henshaw 100m Breaststroke 1:37.56

Tully Kearney 200m IM 2:33.43, 100m Backstroke 1:11.32, 100m Freestyle 1:05.74,  
100m Butterfly 1:09.62, 400m Freestyle 4:42.37

Susannah Rodgers 100m Freestyle 1:12.06, 50m Butterfly 36.01, 50m Freestyle 33.50

Hannah Russell 200m IM 2:30.69, 100m Backstroke 1:06.15, 400m Freestyle 4:37.14,  
50m Freestyle 27.51, 100m Freestyle 59.57

Eleanor Simmonds 400m Freestyle 5:19.17, 100m Breaststroke 1:39.63,  
50m Freestyle 35.23, 200m IM 3:04.07, 100m Freestyle 1:14.19

Alice Tai 50m Freestyle 29.61, 100m Backstroke 1:08.34, 100m Butterfly 1:07.36,  
100m Freestyle 1:03.85, 400m Freestyle 4:47.52



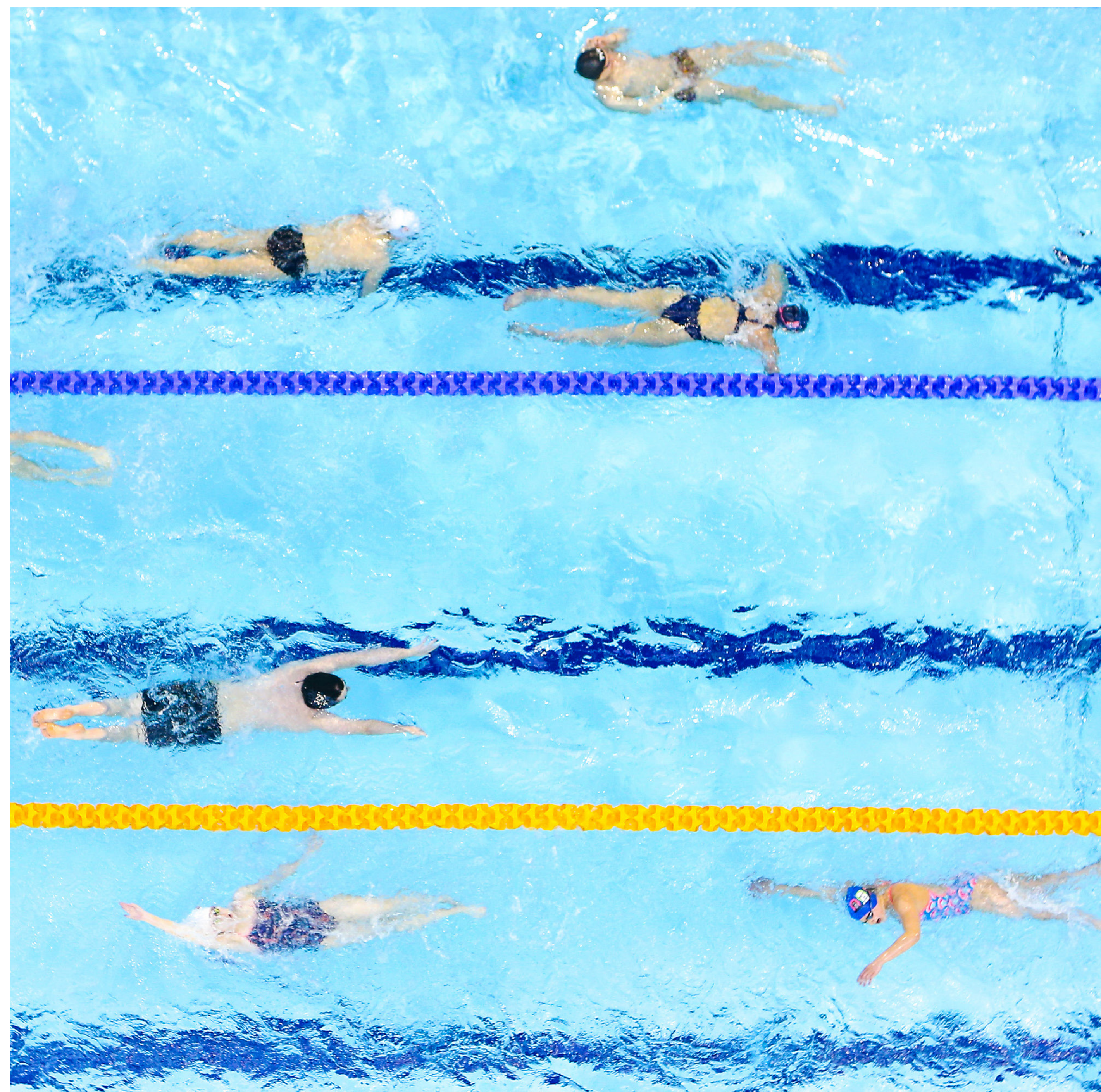
# RECORDS AND RANKINGS

**TO VIEW THE CURRENT RECORDS AND RANKINGS VIA THE IPC WEBSITE,  
PLEASE CLICK ON THE RELEVANT LINK BELOW:**

World and European Records <http://www.paralympic.org/Swimming/Results/Records>

British Records <http://www.swimming.org/britishswimming/disability-swimming/records/>

Rankings <http://www.paralympic.org/Swimming/Results/Rankings>



# SELECTION POLICY

## IPC SWIMMING WORLD CHAMPIONSHIPS (50M) GLASGOW, UNITED KINGDOM - 7TH - 20TH JULY 2015 (COMPETITION DATES - 13TH -19TH JULY 2015)

The team shall be selected following the **British Para-Swimming International Meet (50m) – Glasgow, 26th - 29th March 2015 (the “Trials Event”)**. Selection will be notified to the athletes no later than 13:00 Wednesday 1st April 2015. Final selection is at the sole discretion of the National Performance Director (NPD).

### 1. Athlete Selection - Individual Events

- 1.1 The overall fastest swimmer (1) in each event and classification (S1-S14) from the Trials Event will be selected for that event providing that the performance equals or betters the published A Standard Qualifying Time.<sup>1</sup>
- 1.2 The second and third fastest swimmers in each event and classification (S1-S14) from the Trials Event will be eligible for selection for that event providing the performance equals or betters the published B Standard Qualifying Time and that there are sufficient places remaining for the event and classification following the selection from the Trials Event and relay squads. Final selection is at the sole discretion of the NPD.
- 1.3 ‘Wild Card’ place(s) may be offered at the sole discretion of the NPD if, due to the exceptional circumstances, qualification is not met by the swimmer(s). This will only be considered if the swimmer is ranked number 1 or 2 in the world in an individual event from the period 1st January 2014 to 30th October 2014, and only if there are sufficient places available following consideration of 1.1, 1.2 and 2.1 and where the swimmer has shown adherence to their individual process goals.
- 1.4 For a swimmer to be eligible for consideration to compete in an additional event(s) all of the criteria indicated below must be met:
  - 1.4.1 The swimmer will have already been selected for the team in either an individual or relay event as set out in 1.1 to 1.3 inclusive.

- 1.4.2 The swimmer having achieved a time, which is within the published IPC Swimming Minimum Qualifying Standard (MQS) for that event.
- 1.4.3 All additional swims are dependent upon place availability (3 entries per nation per event S1-S14), for that event and classification and total team athlete slots available.
- 1.4.4 Swimmers wishing to be considered for additional events must compete in all events in which they wish to be considered within the IPC Swimming Qualification Period (25th May 2014 - 25th May 2015) and must meet the IPC Swimming Minimum Entry Time (MET) in all events in which they wish to be considered.
- 1.4.5 Post selection additional events may be applied for in writing by the athlete and home programme coach to the NPD and Head coach no later than 4pm on 17th April 2015. The final decision on entries for additional events is at the sole discretion of the Head Coach and NPD. In the event the Head Coach and the NPD are unable to agree the NPD’s decision shall be final.
- 1.5 Swimmers will be withdrawn from all additional events entered if the event(s) in which they have been selected for (as outlined in 1.1, 1.2, 1.3 and 2) are withdrawn by IPC Swimming, unless they meet the criteria for an event in a higher classification as set out in 4.7 and 4.8 below.
- 1.6 Individual events will be considered viable if they have a minimum of six (6) eligible swimmers from three (3) NPCs entered through the Entry by Name. For classes S1- 2 five (5) eligible athletes from two (2) NPCs through Entry by Name is required.
- 1.7 Relay events will be considered viable if they have a minimum of four (4) eligible NPCs entered through the Entry by Name.

### 2. Athlete Selection - Relays

- 2.1 Swimmers will be selected by the Selection Panel<sup>2</sup> for the relays, providing that the swimmers combined four (4) times and points meet the British Para-Swimming qualifying standard for that relay. Additional relay squad members may be selected at the sole discretion of the NPD.

- 2.2 Swimmers combined times for relay team selections will only be considered from the Trials Event. Other performances will not be considered.
  - 2.3 Relay squad practice sessions will be held in preparation for the Glasgow 2015 IPC Swimming World Championships following selection. Selected swimmers will be required to attend all relay practices.
- ### 3. Team Staff Selection
- 3.1 IPC Swimming will allocate British Swimming a limited number of team staff accreditations for Coaches and Support Staff.
  - 3.2 The core team staff shall consist of the NPD/Team Leader, Head Coach, Team Manager, Head of Sport Science and Sport Medicine, Team Doctor, Team Physiotherapist and a minimum of 3 team coaches.
  - 3.3 Support team staff will be selected by the NPD at his sole discretion, from within the allocated number of staff accreditations allocated to the team by IPC Swimming, in consultation with the Head Coach, Team Manager and Head of Sport Science and Sport Medicine taking into consideration the following:
    - 3.3.1 Support team staff has proven experience, skills and relevant qualifications to meet the support needs of elite performance swimmers within a pandisability team.
    - 3.3.2 All team staff will be required to undertake a number of varying tasks to support the needs of an integrated team of swimmers, coaches and support staff and must have proven ability to work on their own initiative in an elite team environment under extreme pressure.
    - 3.3.3 All team staff must have the ability to work as part of a team with excellent communication skills and the ability to support each other within an elite performance environment.
  - 3.4 The Coaching team will be selected at the sole discretion of the Head Coach.

#### 4. General

The conditions outlined below must be met for all team members wishing to be considered for selection:

- 4.1 Only swimmers eligible to represent Great Britain at the Glasgow 2015 IPC Swimming World Championships will be considered. Swimmers must be a British passport holder or in receipt of an IPC extraordinary circumstance waiver. IPC Swimming may change this at any time.
- 4.2 Swimmers wishing to be considered for the Glasgow 2015 IPC Swimming World Championships must have competed in the designated Trials Event as outlined above in all the events in which they wish to be considered for selection, subject to 1.3.
- 4.3 Swimmers must hold a valid current IPC Swimming Licence and be registered to a swimming club that is affiliated to the ASA, Swim Wales or Scottish Swimming.
- 4.4 Swimmers must be internationally classified with a "Review" (R) or "Confirmed" (C) IPC Swimming sport classification status.
- 4.5 Split times will not be considered.
- 4.6 Performances from time trials will not be considered with the exception of British Swimming team relay practices for relay team consideration.
- 4.7 In the event of IPC Swimming withdrawing an event from the programme, with the exception of a swimmer achieving the criteria as outlined in 1.1, 1.2, 1.3 and 2, for an event in a higher classification where sufficient places are available, the swimmer will be de-selected from the team.
- 4.8 In the case where an event is withdrawn by IPC Swimming and becomes combined with another classification event a maximum of five (5) swimmers may be entered per NPC however only three (3) swimmers per classification may be entered. In this case the fastest five (5) swimmers from all eligible classes (maximum 3 per classification) shall be entered subject to each swimmer meeting the criteria outlined in 1.1, 1.2, 1.3 and 2 above. In the event that the next placed

swimmer(s) has no other eligible event in the competition the swimmer will be de-selected from the team.

- 4.9 Team members will be required to attend (where selected) all pre Glasgow 2015 training camps, competitions and team meetings designated by the NPD as outlined in the British Para-Swimming Annual Plan. Attendance must be on a full-time basis, taking part in all programmed activities. With the exception of injury or illness team members will not be allowed to leave any required camps, competitions, meetings or undertake any activities that are not directly relevant to the camp programme including personal appearances, external media engagements or social activities. Failure to comply with this requirement may result in the team member being deselected from the team, which will be at the sole discretion of the NPD.
- 4.10 Team members will be required to attend the following:
- 4.10.1 Relay practice sessions/camps TBC (all relay squad athletes, relay squad coaches and identified support staff).
- 4.10.2 British Para-Swimming Final Preparation Camp (incorporating a World Championships Orientation Session), Manchester – 7th -9th July 2015 (all team members).
- 4.11 All selected swimmers will be required to maintain trainability and process targets at all times between 6th April 2015 and the conclusion of the Glasgow 2015 IPC Swimming World Championships. Trainability and process targets shall be agreed between the NPD, Head Coach, Home Programme Liaison (HPL) and the swimmers home programme coach. Swimmers failing to maintain trainability and performance targets may result in the swimmer being de-selected from the team at the sole discretion of the NPD.
- 4.12 Swimmers and team staff becoming ill or injured at any time between 26th March 2015 and the conclusion of the Glasgow 2015 IPC Swimming World Championships may be required to undertake a full medical examination which may result

in the team member being de-selected from the team at the sole discretion of the NPD. All team members may be subjected to fitness (land/water) and/or medical tests at any time between 6th April 2015 and the conclusion of the Glasgow 2015 IPC Swimming World Championships.

- 4.13 Any team member who withdraws themselves from the team, with the exception of a withdrawal on medical grounds or as a result of 4.7 and 4.8, following selection may be liable for the reimbursement of any costs incurred on behalf of that team member.
- 4.14 All selected team members will be required to sign and comply with all IPC Swimming requirements, Rules and Regulations, British Swimming provisions consisting of the British Swimming Anti-Doping Rules & Protocols, Selection Agreement and Code of Conduct, the British Swimming Disciplinary Code and Child Protection Policies.
- 4.15 The NPD will exercise his authority to ensure that the final selection for the 2015 Glasgow IPC Swimming World Championships are in line with this policy.
- 4.16 All appeals against non-selection (or de-selection) to the 2015 Glasgow IPC Swimming World Championships (50m) shall be dealt with under the British Swimming Team Selection Appeals Procedure. Details are available from the British Swimming Legal Affairs Department: [legal@swimming.org](mailto:legal@swimming.org). Swimmers should be aware of the time limits contained in the procedures, which are designed with the intention of resolving issues expeditiously and fairly.

<sup>1</sup> The Qualifying Times shall be established utilising all known performances from IPC Swimming approved/sanctioned long course competitions and IPC Swimming absolute World Long Course Rankings from 30th August 2012 to 31st August 2014 inclusive. Qualifying Times will reflect the team's potential to win medals at the Glasgow 2015 IPC Swimming World Championships.

<sup>2</sup> The Selection Panel will consist of members of the British Para-Swimming Senior Management Team and the British Para-Swimming Performance Management Group.

# MALE QUALIFYING TIMES

50M FREESTYLE		
	A Standard	B Standard
S3	00:45.09	00:45.08
S4	00:39.26	00:39.14
S5	00:33.61	00:33.50
S6	00:30.21	00:30.28
S7	00:28.23	00:28.21
S8	00:26.42	00:26.43
S9	00:25.80	00:25.59
S10	00:23.70	00:23.70
S11	00:26.45	00:26.19
S12	00:24.14	00:24.20
S13	00:24.12	00:24.23

100M FREESTYLE		
	A Standard	B Standard
S3	01:41.16	01:37.82
S4	01:25.68	01:25.51
S5	01:15.76	01:15.09
S6	01:08.35	01:08.01
S7	01:01.81	01:01.96
S8	00:58.11	00:57.15
S9	00:56.74	00:55.88
S10	00:53.03	00:52.65
S11	01:00.60	01:00.20
S13	00:51.85	00:51.91

200M FREESTYLE		
	A Standard	B Standard
S2	04:37.19	04:29.92
S3	03:49.96	03:32.68
S4	03:02.53	03:03.19
S5	02:43.96	02:44.74
S14	01:59.73	01:59.79

400M FREESTYLE		
	A Standard	B Standard
S6	05:13.15	05:06.47
S7	04:43.95	04:41.98
S8	04:34.29	04:30.32
S9	04:15.73	04:14.83
S11	04:07.81	04:08.60
S12	04:43.14	04:41.02
S13	04:07.08	03:59.06

50M BACKSTROKE		
	A Standard	B Standard
S1	01:21.16	01:17.64
S2	01:01.20	01:01.44
S3	00:46.71	00:46.72
S4	00:46.07	00:46.21
S5	00:37.75	00:36.77

100M BACKSTROKE		
	A Standard	B Standard
S1	02:56.30	02:42.80
S2	02:11.52	02:09.39
S6	01:15.09	01:15.00
S7	01:12.71	01:10.83
S8	01:05.22	01:05.21
S9	01:05.05	01:04.26
S10	01:01.03	01:00.71
S11	01:08.56	01:08.75
S12	01:01.08	01:00.31
S13	00:59.73	01:00.00
S14	01:03.33	01:01.20

50M BREASTSTROKE		
	A Standard	B Standard
SB2	00:58.80	00:58.81
SB3	00:50.43	00:50.50

100M BREASTSTROKE		
	A Standard	B Standard
SB4	01:37.72	01:37.88
SB5	01:35.61	01:35.93
SB6	01:23.38	01:23.07
SB7	01:22.45	01:19.49
SB8	01:11.38	01:10.58
SB9	01:07.74	01:06.36
SB11	01:14.35	01:13.00
SB13	01:05.95	01:04.71
SB14	01:08.29	01:07.57



50M BUTTERFLY		
	A Standard	B Standard
S5	00:37.39	00:34.58
S6	00:31.59	00:30.25
S7	00:30.92	00:30.64

100M BUTTERFLY		
	A Standard	B Standard
S8	01:01.67	01:01.79
S9	01:00.91	01:00.69
S10	00:57.18	00:57.41
S11	01:03.93	01:03.95
S13	00:56.64	00:56.59

150M INDIVIDUAL MEDLEY		
	A Standard	B Standard
SM3	03:02.07	02:46.50
SM4	02:38.58	02:39.05

200M INDIVIDUAL MEDLEY		
	A Standard	B Standard
SM6	02:45.20	02:42.43
SM7	02:37.97	02:35.48
SM8	02:27.35	02:24.91
SM9	02:18.51	02:17.74
SM10	02:13.02	02:11.31
SM11	02:27.18	02:27.36
SM13	02:10.81	02:09.73
SM14	02:18.14	02:18.74

RELAYS	
20pt 4x50m Mixed Freestyle Relay	02:40.67
34pt 4x100m Freestyle Relay	03:54.34
34pt 4x100m Medley Relay	04:16.21

All events are subject to removal on publication of the final medal events list following the entry by name for the 2015 IPC Swimming World Championships.

Where swimmers are eligible to swim up a class due to not having an event in their classification at the championships, times from all eligible classes have been utilised to set the qualification standards.

The above qualifying times must be read in conjunction with the published 2015 IPC Swimming World Championships Selection Policy.



# FEMALE QUALIFYING TIMES

50M FREESTYLE		
	A Standard	B Standard
S4	00:46.27	00:44.55
S5	00:36.68	00:36.25
S6	00:35.37	00:35.32
S7	00:33.47	00:33.26
S8	00:31.29	00:30.74
S9	00:29.36	00:29.41
S10	00:28.48	00:28.34
S11	00:31.17	00:31.27
S12	00:27.65	00:27.69
S13	00:27.91	00:28.03

100M FREESTYLE		
	A Standard	B Standard
S3	01:44.85	01:44.78
S5	01:22.10	01:21.38
S6	01:14.86	01:14.54
S7	01:12.42	01:12.35
S8	01:06.06	01:06.27
S9	01:03.81	01:03.58
S10	01:01.39	01:01.07
S11	01:09.73	01:09.48
S13	01:00.01	01:00.16

200M FREESTYLE		
	A Standard	B Standard
S5	02:53.73	02:53.51
S14	02:09.00	02:07.77

400M FREESTYLE		
	A Standard	B Standard
S6	05:35.40	05:23.38
S7	05:20.52	05:21.74
S8	05:06.07	05:01.27
S9	04:41.41	04:32.88
S10	04:38.62	04:39.22
S11	05:19.71	05:17.56
S13	04:39.99	04:40.67

50M BACKSTROKE		
	A Standard	B Standard
S2	01:05.49	01:03.84
S3	01:06.40	00:59.62
S4	00:54.08	00:52.98
S5	00:44.09	00:41.70

100M BACKSTROKE		
	A Standard	B Standard
S2	02:25.28	02:22.52
S6	01:26.66	01:26.51
S7	01:25.38	01:23.67
S8	01:19.06	01:18.19
S9	01:11.33	01:10.96
S10	01:09.37	01:06.61
S11	01:20.14	01:20.30
S12	01:09.63	01:08.97
S13	01:14.43	01:14.58
S14	01:07.05	01:07.37

50M BREASTSTROKE		
	A Standard	B Standard
SB3	01:06.04	01:04.05

100M BREASTSTROKE		
	A Standard	B Standard
SB4	01:56.75	01:45.03
SB5	01:50.66	01:48.26
SB6	01:40.80	01:40.15
SB7	01:33.67	01:30.44
SB8	01:22.86	01:21.19
SB9	01:18.20	01:18.31
SB11	01:30.44	01:29.47
SB13	01:19.63	01:19.98
SB14	01:17.46	01:17.74

50M BUTTERFLY		
	A Standard	B Standard
S5	00:44.23	00:43.10
S6	00:38.10	00:38.03
S7	00:35.88	00:35.70

100M BUTTERFLY		
	A Standard	B Standard
S8	01:09.95	01:09.78
S9	01:10.42	01:10.49
S10	01:09.27	01:08.58
S13	01:06.49	01:06.65

150M INDIVIDUAL MEDLEY		
	A Standard	B Standard
SM4	03:15.45	03:16.25

200M INDIVIDUAL MEDLEY		
	A Standard	B Standard
SM5	03:43.34	03:40.33
SM6	03:15.25	03:10.89
SM7	03:03.96	03:00.64
SM8	02:42.60	02:42.34
SM9	02:36.99	02:35.76
SM10	02:32.09	02:32.22
SM11	02:58.73	02:50.55
SM13	02:28.74	02:29.12
SM14	02:29.68	02:26.34

RELAYS	
20pt 4x50m Mixed Freestyle Relay	02:40.67
34pt 4x100m Freestyle Relay	04:27.53
34pt 4x100m Medley Relay	04:57.10

All events are subject to removal on publication of the final medal events list following the entry by name for the 2015 IPC Swimming World Championships.

Where swimmers are eligible to swim up a class due to not having an event in their classification at the championships, times from all eligible classes have been utilised to set the qualification standards.

The above qualifying times must be read in conjunction with the published 2015 IPC Swimming World Championships Selection Policy.

