

## JOB DESCRIPTION AND PERSON SPECIFICATION

<b>JOB TITLE:</b>	<b>Senior Performance Nutritionist</b>
<b>REPORTS TO:</b>	<b>Aquatics Head of Physical Performance</b>
<b>SALARY:</b>	<b>£35,000 - £43,000 per annum (Salary dependent on skills and experience)</b>

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### ROLE SUMMARY

This role will oversee, manage and drive the delivery of nutrition support for World Class Programme athletes within Aquatics GB. Reporting to the Aquatics Head of Physical Performance, the successful candidate will work collaboratively with coaches and the performance support team across all Aquatics GB World Class Programme sports (Olympic Swimming, Para-Swimming, Diving and Artistic Swimming) to ensure the highest standards of nutrition support.

With support from the Aquatics Head of Physical Performance, the post-holder will be responsible for the development, implementation and evaluation of nutrition support in line with Aquatics GB's mission to be "The best aquatics organisation in the world".

The post-holder will provide direct nutrition support to Aquatics athletes based in the North region. This includes the Loughborough, Sheffield and Manchester Performance Centres, with some support to world class programme athletes based in Stirling also required. Travel to other centres within the Aquatics GB network may be required to fulfil non-delivery duties. Support at domestic and international competitions and training camps will also be required. The post-holder will line manage a nutritionist who will have responsibility for the southern region of the AGB network.

### JOB LOCATION

- Loughborough, Manchester or Sheffield Performance Centre. AGB operates an Agile Working Policy, which allows flexibility to work from home and the office where appropriate.

### KEY RESPONSIBILITIES

- Overview of the delivery of nutrition support to all World Class Programme (WCP) athletes across the Aquatics GB sports
- Responsible for the development and delivery of nutrition solutions to complex performance challenges through effective teamwork and the integration of specialist knowledge and expertise

- In keeping with the Aquatics GB Data Strategy, handle complex data and intelligence to evaluate and optimise nutrition strategies in line with individual athlete plans and to enhance understanding of the critical determinants of success
- Ensure the delivery of nutrition support aligns with the departmental objectives
- Integrate with varied and diverse performance support teams to ensure nutrition solutions align with the sporting culture
- Continually evolve the Aquatics GB nutrition strategy in collaboration with the Head of Physical Performance and other departmental leads
- Line-manage, direct the workload of, and develop a performance nutritionist working in collaboration on shared departmental objectives
- Lead in assuring nutritional governance standards to safeguard athlete physical and mental health
- Drive the technical relationships with Aquatics GB nutrition partners
- Manage the stock of nutrition products within Aquatics GB environments ensuring excellence in governance standards are routinely met
- Manage and ensure adherence to record keeping standards in accordance with SENr policy, records to be kept on PDMS and Aquatics GB databases
- Drive the standards of nutrition support to WCP athletes through research, innovation and consideration of behaviour change science
- Explore opportunities for research and innovation to add impact to Aquatics GB
- Where appropriate support athletes at camps and in the competition environment (UK & abroad)

## **GENERAL**

- Drive own performance development plan, actively identifying new areas for learning and committing to a culture of continual improvement
- Any other appropriate duties as required by the Sports Science & Sports Medicine Director or Aquatics Head of Physical Performance
- Comply with all Aquatics GB policies and procedures set down by Aquatics GB and in particular those relating to diversity, equity, inclusion and sustainability

## **KEY INTERNAL AND EXTERNAL CONTACTS**

- Head of Physical Performance
- Sports Science & Sports Medicine Director
- Head Coaches

- Performance Centre Coaches
- World-Class Programme Leads
- Performance support teams – Loughborough, Manchester and Sheffield
- External Nutrition Partners
- HCSI Nutrition and Performance Support Teams

*This job description is not to be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in light of the changing needs of Aquatics GB.*

## PERSON SPECIFICATION

Criteria	Essential	Desirable
Qualifications	<ul style="list-style-type: none"> <li>Degree (or equivalent) in Nutrition, Sports Science, Dietetics or related subject</li> <li>Higher degree (IOC diploma in sports nutrition or Masters in Sports Nutrition) or equivalent</li> <li>Practitioner registrant on Sports and Exercise Nutrition register (Graduate minimum)</li> </ul>	
Experience	<ul style="list-style-type: none"> <li>Extensive experience as a practicing registered performance nutritionist or dietitian providing nutrition support to elite athletes and coaches to improve performance</li> <li>Extensive experience of working within an interdisciplinary team in the delivery of nutrition services to high performance sport</li> <li>Extensive experience of analysing the demands of sports in relation to their nutrition needs to develop, implement, and evaluate nutrition strategies</li> <li>Experience of developing and implementing strategy to optimise nutritional services</li> </ul>	<ul style="list-style-type: none"> <li>Experience of dealing with national performance programmes within National Governing Bodies of sport</li> <li>Experience of line managing nutrition staff</li> <li>Experience working with and supporting a team at a major international competition at senior level (e.g. Olympic or Paralympic Games, World or European Championships or Commonwealth Games)</li> </ul>
Knowledge/ Skills	<ul style="list-style-type: none"> <li>Skilled in building and maintaining productive relationships with high performance staff within national governing bodies of sport</li> <li>Specialist knowledge of nutritional support appropriate to the needs of high-performance athletes both in training and competition. Skilled in using clinical/scientific reasoning</li> <li>Effectively translate nutrition science into practical food advice</li> <li>May be required to work with athletes under 18 (DBS check required)</li> </ul>	

