

## AQUATICS GB NEXT GEN DIVING CHAMPIONSHIPS 2026 - SCHEDULE

### Training

Tuesday 7<sup>th</sup> – Wednesday 8<sup>th</sup> April 2026

- Dry Dive: 07:30 - 20:00
- Diving Pool: 08:00 - 20:00

### Competition

\*Please note that times are subject to change\*

#### Thursday 9<sup>th</sup> April

Session	Time	Competitions
1	09:30	PRELIM Girls & Boys B 3m PRELIM Boys A 1m
		<b>Restricted Training</b>
	12:15	PRELIM Girls & Boys C 3m PRELIM Girls A Platform
		<b>Open Training and Lunch</b> <b>Restricted Training for Finals Only</b>
	Session	
2	14:30	FINAL Girls & Boys C 3m
		FINAL Boys B 3m
		FINAL Boys A 1m
		FINAL Girls B 3m
		FINAL Girls A Platform

#### Friday 10<sup>th</sup> April

Session	Time	Competitions
3	09:30	PRELIM Girls & Boys C 1m PRELIM Girls B 1m
		<b>Restricted Training</b>
	10:45	PRELIM Girls A 1m PRELIM Boys A 3m
		<b>Restricted Training and Lunch</b>
	13:15	FINAL Girls & Boys 14-18 Platform Synchro
		<b>Open Training and Break</b> <b>Restricted Training for Finals Only</b>

Session		
4	15:15	FINAL Girls & Boys C 1m
		FINAL Girls B 1m
		FINAL Boys A 3m
		FINAL Girls A 1m

**Saturday 11<sup>th</sup> April**

Session	Time	Competitions
5	09:30	PRELIM Girls & Boys C Platform
		PRELIM Boys B 1m
		<b>Restricted Training</b>
	11:15	PRELIM Girls B Platform
		<b>Open Training and Lunch</b>
	<b>Restricted Training for Finals Only</b>	
Session		
6	13:00	FINAL Boys C Platform
		FINAL Girls C Platform
		FINAL Boys B 1m
		FINAL Girls B Platform
		<b>Synchro Training</b>
		FINAL Boys & Girls 14-18 3m Synchro
		FINAL Boys & Girls 9-13 3m Synchro

**Sunday 12<sup>th</sup> April**

Session	Time	Competitions
7	09:30	PRELIM Boys A & B Platform
		PRELIM Girls A 3m
		<b>Restricted Training and Lunch</b>
Session		
8	12:00	FINAL Boys B Platform
		FINAL Girls A 3m
		FINAL Boys A Platform

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