

AQUATICS GB NEXT GEN DIVING CHAMPIONSHIPS 2026

CONDITIONS

INDIVIDUAL

Minimum Performance Standards

Category	Gender	Event	Conditions – Individual Events	No. Of Dives	Entry Standard
Group C (9-13 years)	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	230
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	250
		Platform*	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5m/7.5m*)	7	230
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	240
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	260
		Platform*	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5m/7.5m*)	7	240
Group B (14-15 years)	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 3 optional dives from 3 groups no limit	8	260
		3m	5 dives from 5 groups max difficulty of 9.5 + 3 optional dives from 3 groups no limit	8	280
		Platform	4 dives from 4 groups max difficulty of 7.6 + 3 optional dives from 3 groups no limit (5 groups to be covered)	7	250
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	9	310
		3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	9	330
		Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	8	300
Group A (16-18 years)	Girls	1m	5 dives from 5 groups max difficulty of 9.0 + 4 optional dives from 4 groups no limit	9	295
		3m	5 dives from 5 groups max difficulty of 9.5 + 4 optional dives from 4 groups no limit	9	315
		Platform	4 dives from 4 groups max difficulty of 7.6 + 4 optional dives from 4 groups no limit (5 groups to be covered)	8	295
	Boys	1m	5 dives from 5 groups max difficulty of 9.0 + 5 optional dives from 5 groups no limit	10	350
		3m	5 dives from 5 groups max difficulty of 9.5 + 5 optional dives from 5 groups no limit	10	390
		Platform	4 dives from 4 groups max difficulty of 7.6 + 5 optional dives from 5 groups no limit (6 groups to be covered)	9	370

1. MINIMUM PERFORMANCE STANDARDS

Aquatics GB Next Gen Diving Championships event conditions will adhere to World Aquatics Age Group Conditions with the exception of the following Group C events with specific clauses (C1-4):

GROUP C CLAUSES:

- (C1) Group C Events – are 13 years and under in the year of competition.
- (C2) Girls Group C – In all events 3 optional dives from 3 groups (prelim and finals).
- (C3) Group C 3m synchronised competitions (boys and girls) 3 dives of an assigned degree of difficulty and 2 optional dives.
- (C4) C Platform* Divers aged 11 years and under are allowed to compete on 7.5m, however it is the responsibility of the coach and diver to ensure the divers physical maturity and strength permit competing from a height of 7.5m.

2. SYNCHRONISED

Category	Gender	Conditions – Synchronised events	No. Of Dives
Group C (9-13 years) 3m synchro	Girls & Boys Events	Shall comprise of five (5) dives; three (3) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and two (2) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least three (3) different groups.	5
Group A + B (14-18 years) 3m synchro	Girls & Boys Events	Shall comprise of five (5) rounds of dives; two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and three (3) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least four (4) different groups.	5
Group A + B (14-18 years) Plat- form Syn- chro	Girls & Boys Events	Shall comprise of five (5) rounds of dives; two (2) rounds of dives with an assigned degree of difficulty of 2.0 for each dive regardless of formula and three (3) rounds of dives without limit of degree of difficulty. The five (5) dives must be selected from at least four (4) different groups.	5

3. FORMAT FOR AQUATICS GB NEXT GEN DIVING CHAMPIONSHIPS 2026:

- Age Group A, B and C divers will perform their full list of dives in the preliminary. The top eight (8) British divers will proceed to the final. A maximum of four (4) guest divers, but no more than two (2) per team/country, whose scores are equal to or better than the eighth placed British diver will also proceed to the final. If there are less than 8 British divers then a maximum of 4 guest divers, but no more than two per team/country, will progress to the final.
- In the final the divers will perform their optional dives, competing in the reverse order of their preliminary rankings, and the final result will be determined by adding their score from the final to that of the required dives total from the preliminary.
- No dive may be repeated in a list of dives. All dives in the preliminary and final, including that of the carried required dives must be of a different dive (dive number).
- Age Group categories and limits refer to the age of the diver on 31st December in the year of competition
- Minimum age for competitors is 9 years on 31 December in the year of competition
- Synchronised events will be straight finals.

4. COMPETITION FORMAT/REGULATIONS *(See also, General Conditions)*

- *All dives of the same number shall be regarded as the same dive.*
- *Only dives in the World Aquatics diving tables or pursuant with the World Aquatics formula may be executed.*
- *The diver and the diver's representative are responsible for the accuracy of the statement in their list and the statement of dives shall be signed by the diver and the diver's representative.*
- *Medals shall be awarded to the first three placed divers in each competition and where different, to the first three placed British divers (see General Conditions for definitions of British).*
- *Please consider the following clauses carefully when selecting events for your divers.*

5. ELIGIBILITY

To dive Synchro at the Aquatics GB Next Gen Diving Championships, both members of the pair must be diving at least 1 individual event at that Meet.

If a diver is not demonstrating the minimum standard of performance, the coach to the diver may be engaged by a member of Aquatics GB Diving Leadership Team and the event referee to discuss the most suitable performance level for the diver in the future.

6. GENERAL COMPETITION CONDITIONS FOR SWIM ENGLAND, SCOTTISH SWIMMING AND AQUATICS GB COMPETITIONS

- Once a diver has competed in the Aquatics GB Next Gen Diving Championships, Aquatics GB Winter Cup, Aquatics GB Diving Championships or Scottish National & Open Championships in any event (including synchro) they are not eligible to compete at National Skills finals.
- A diver who has competed at Aquatics GB Next Gen Diving Championships is not eligible to compete at the Swim England National Age Group Championships or Scottish National Age Groups, unless moving up an age category and with written approval from the Diving Leadership group (SE) or Scottish National Diving committee.

Failure to comply with these conditions will result in disqualification.

7. DEFINITIONS

Competing/competed. Divers are considered to be competing or to have competed at a certain level if they entered the contest – even if they did not dive due to injury or illness.

For example, if a diver was entered for the Aquatics GB Diving Championships, but did not dive due to injury they cannot compete at the Swim England Diving or Scottish National Age Group Championships.

8. INTERNATIONAL ENTRIES

International Federation Team and International Club Team entries are welcome at the Aquatics GB Next Gen Diving Championships 2026.

- Two divers per international team may enter each competition. Teams may request to enter more than 2 divers in an event but only 2 divers per nation can go through to the finals.
- GB Teams have unlimited number of entries, but they should have achieved the recommend qualification standard in the preceding 12 months.
- The final will be made up of the top 8 British Divers
- Up to 4 international divers may proceed to the final, but **only** if they rank in the top 8 of the Aquatics GB Junior Elite preliminary event.
- A minimum of 8 British Divers will progress to the final.

- If more than 4 non-British Divers place in the top 8 in the preliminary round, only the top 4 will progress to the final.

9. ATHLETE COMPETITION SWIMSUITS

British Divers are required to either wear club costumes or costumes without national team branding. This applies to both GB National Team and International Team branded swimsuits (example no international team costumes are permitted). International divers may wear either their own national team kit or unbranded suits, but not GB National team swimsuits.

10. ANTI-DOPING

By entering this event you/your child (if athlete is under 18), consent to report to Doping Control if requested at any time during this event. You further agree to be bound by the [British Swimming Anti-Doping Rules 2021](#).

NEXT GEN DIVING EVENT RECORDS

INDIVIDUAL

Gender	Age Category	Board	Year	Name	Score
Girls	C	3m	2011	Lydia Rosenthal	356.85
		Platform	2019	Maisie Bond	337.95
Girls	B	3m	2016	Victoria Vincent	397.9
		Platform	2008	Megan Sylvester	395.25
Girls	A	3m	2015	Katherine Torrance	455.85
		Platform	2012	Robyn Birch	440.3
Boys	C	3m	2008	Jack Laughler	388.25
		Platform	2013	Matthew Dixon	384.5
Boys	B	3m	2021	Hugo Thomas	494.45
		Platform	2014	Matthew Dixon	487.8
Boys	A	3m	2013	Jack Laughler	631.5
		Platform	2012	Thomas Daley	637.55

SYNCHRONISED

Gender	Age Category	Board	Year	Name	Score
Girls	A/B synchro	3m	2022	Amy Rollinson & Desharne Bent-Ashmeil	281.7
		Platform	2021	Andrea Spendolini Sirieix & Eden Cheng	298.2
Boys	A/B synchro	3m	2008	Callum Johnstone & Charles Calvert	310.5
		Platform	2019	Lucas Thomson & Ben Cutmore	350.37