

Aquatics GB Next Gen Championships 2026

Thursday 16 th July	Friday 17 th July	Saturday 18 th July	Sunday 19 th July	Monday 20 th July	Tuesday 21 st July	Wednesday 22 nd July
HEATS	HEATS	HEATS	HEATS	HEATS	HEATS	HEATS
Day One Start: 8:30am (tbc)	Day Two Start: 8-45am (tbc)	Day Three Start: 8-45am (tbc)	Day Four Start: 8-45am (tbc)	Day Five Start: 8-45am (tbc)	Day Six Start: 8-45am (tbc)	Day Seven Start: 8-45am (tbc)
Men's 1500m Freestyle H.D.W.	Men's 400m Individual Medley Men's MC 150m Ind. Medley Women's 200m Freestyle Men's 100m Breaststroke Women's 50m Breaststroke Men's 50m Backstroke	Women's 100m Backstroke Men's 200m Butterfly Women's 100m Breaststroke Men's 100m Freestyle Women's 200m Ind. Medley	Men's 400m Freestyle Women's 400m Freestyle Men's 100m Backstroke Women's 50m Butterfly Men's 50m Breaststroke	Men's 200m Breaststroke Women's 200m Butterfly Men's 100m Butterfly Women's 200m Breaststroke	Women's 100m Freestyle Men's 200m Backstroke Women's 400m Ind. Medley Women's MC 150m Ind. medley Men's 50m Freestyle Women's 50m Backstroke	Men's 200m Freestyle Women's 200m Backstroke Men's 50m Butterfly Women's 100m Butterfly Men's 200m Ind. Medley Women's 50m Freestyle
Start: 12:15pm (tbc) Women's 1500m Freestyle H.D.W.		Start: 1pm (tbc) Men's 800m Freestyle H.D.W.			Start: 1pm (tbc) Women's 800m Freestyle H.D.W.	
			Teams Start: 1pm (tbc) Women's 14/16 4x100m Free Women's 17+ 4x100m Free	Teams Start: 1pm (tbc) Men's 14/16 4x100m Free Men's 17+ 4x100m Freestyle		Teams Start: 1pm (tbc) Men's 14/16 4x100m Medley Men's 17+ 4x100m Medley
			Teams Start: 2-15pm (tbc) Men's 14/16 4x200m Free H.D.W. Men's 17+ 4x200m Free H.D.W.	Teams Start: 2-15pm (tbc) Women's 14/16 4x200m Free H.D.W. Women's 17+ 4x200m Free H.D.W.		Teams Start: 2-15pm (tbc) Women's 14/16 4x100m Medley Women's 17+ 4x100m Medley
TRAINING	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
Start tbc	Start: 5pm	Start: 5pm	Start: 5pm	Start: 5pm	Start: 5pm	Start: 5pm

All Session start times are subject to confirmation once entries have closed