

British Para-Swimming Female Short Course Records at 16th June 2026

Class	Name	City/Town	Venue/Meet	Date	Time
50m Freestyle					
Updated: 16th Dec 2025					
S1	Danielle Watts	Sheffield		05 Nov 06	1:22.59
S2	Vicky Broadribb	Sheffield		02 Dec 00	1:17.75
S3	Ellie Challis	Glasgow	British Para Swimming Winter National Meet 2022	26 Nov 22	51.86
S4	Clare Connon	Sandwell	Aquatics GB Para Winter Meet 2024	23 Nov 24	43.40
S5	Suzanna Hext	Swindon	Wiltshire County & Age Group Championships 2023	05 Feb 23	36.44
S6	Eleanor Robinson	Manchester	National Para-Swimming Championships	09 Dec 17	34.22
S7	Susannah Rodgers	Sheffield		24 Nov 13	34.00
S8	Stephanie Slater	Manchester	British Gas Open SC Championships 2014	22 Nov 14	30.80
S9	Louise Walmsley	Rio de Janeiro		03 Dec 09	28.86
S10	Callie-Ann Warrington	Sheffield	GoCardless SE National Winter Champs (25m) 2025	12 Dec 25	26.90
S11	Scarlett Humphrey	Sheffield	GoCardless SE National Winter Champs (25m) 2025	12 Dec 25	30.56
S12	Hannah Russell	Manchester	British Gas Open SC Championships 2014	22 Nov 14	27.40
S13	Rhiannon Henry	Newport		04 Jul 09	28.03
S14	Poppy Maskill	Liverpool	Swim England North West Winter Regionals 2022	06 Nov 22	26.50
100m Freestyle					
Updated: 16th Dec 2025					
S1	Danielle Watts	Sheffield		03 Nov 07	2:55.29
S2	Sheila Gordon	Darlington		29 Jun 91	3:25.37
S3	Ellie Challis	Glasgow	British Para Swimming Winter National Meet 2022	26 Nov 22	1:45.26
S4	Erin Orford	Winchester	SE SE Short Course Championships 2025	02 Nov 25	1:58.47
S5	Suzanna Hext	Swindon	Wiltshire County & Age Group Championships 2023	04 Feb 23	1:18.44
S6	Maisie Summers-Newton	Glasgow	British Para Swimming Winter National Meet 2022	26 Nov 22	1:14.33
S7	Susannah Rodgers	Sheffield		24 Nov 13	1:11.61
S8	Heather Frederiksen	Newport		05 Jul 09	1:05.79
S9	Brooklyn Hale	Sheffield	GoCardless SE National Winter Champs (25m) 2025	13 Dec 25	1:04.49
S10	Callie-Ann Warrington	London	SE London Winter Championships 2025	02 Nov 25	58.82
S11	Scarlett Humphrey	Sheffield	GoCardless SE National Winter Champs (25m) 2025	13 Dec 25	1:07.33
S12	Hannah Russell	Manchester	National Para-Swimming Championships	09 Dec 18	59.25
S13	Rhiannon Henry	Rio de Janeiro		05 Dec 09	1:00.02
S14	Poppy Maskill	Sheffield	GoCardless SE National Winter Champs (25m) 2025	13 Dec 25	55.64
200m Freestyle					
Updated: 16th Dec 2025					
S1	Danielle Watts	Sheffield		03 Nov 07	5:56.25
S2	Vacant				
S3	Fran Williamson	Sheffield		04 Nov 06	4:54.20
S4	Erin Orford	Sheffield	GoCardless SE National Winter Champs (25m) 2025	11 Dec 25	4:06.52
S5	Suzanna Hext	Gloucester	Gloucester City SC Autumn L2 Open Meet 2023	22 Oct 23	2:54.95
S6	Maisie Summers-Newton	Leicester	The Leicester Open Meet 2017	19 Dec 17	2:43.27
S7	Susannah Rodgers	Middlesex		05 Jun 11	2:36.39
S8	Heather Frederiksen	Newport		04 Jul 09	2:17.81
S9	Amy Marren	Basildon		15 Feb 14	2:16.41
S10	Faye Rogers	Edinburgh	Scottish Swimming National SC & Open Championships 2022	11 Dec 22	2:12.70
S11	Eliza Humphrey	Cambridge	Cambridge Grand Prix 2022	14 Oct 22	2:48.52
S12	Melanie Easter	Jihlava		26 Mar 99	2:18.67
S13	Lily MacLeod	Cardiff	Welsh Capital Open	06 Nov 16	2:16.77
S14	Jessica-Jane Applegate	Manchester	National Para-Swimming Championships	10 Dec 17	2:03.71
400m Freestyle					
Updated: 16th Dec 2025					
S6	Maisie Summers-Newton	Nottingham	Swim England East Midlands SC Championships 2022	05 Nov 22	5:22.89
S7	Susannah Rodgers	London	London Aquatic Centre	05 Oct 14	5:21.06
S8	Heather Frederiksen	Newport		04 Jul 09	4:39.36
S9	Stephanie Millward	Rio de Janeiro		02 Dec 09	4:39.18
S10	Faye Rogers	Edinburgh	Scottish Swimming Short Course National Championships	13 Dec 25	4:28.63
S11	Scarlett Humphrey	Sheffield	BUCS Short Course Swimming Championships 2025-26	16 Nov 25	5:22.91
S12	5:22.91	Sheffield		02 Mar 13	4:28.94
S13	Rhiannon Henry	Newport		04 Jul 09	4:42.47
S14	Jessica-Jane Applegate	Leicester	The 2016 Leicester Open	19 Nov 16	4:26.08
800m Freestyle					
Updated: 25th Nov 2025					
S6	Claire Warne	Biggleswade		14 Mar 09	14:36.80
S7	Charlotte Hyde	Stockport	Stockport Metro November SC Open Meet 2022	18 Nov 22	11:25.88
S8	Emma Hollis	Sheffield		11 Nov 11	10:55.33
S9	Toni Shaw	Fraserburgh	SASA North District Distance Meet 2018	06 Oct 18	9:39.91
S10	Tully Kearney	Birmingham		29 Mar 13	9:32.11
S11	Vacant				
S12	Rebecca Hardy-Bishop	Guernsey	Guernsey ASA Channel Island Championships	21 Nov 25	10:32.39
S13	Lauren Hobbins	Biggleswade		27 Feb 10	10:27.36
S14	Jessica-Jane Applegate	Luton	ASA East Region Winter Championships SC	06 Nov 15	9:09.20
1500m Freestyle					
Updated: 25th Nov 2025					
S6	Claire Warne	Biggleswade		28 Feb 09	28:09.55
S7	Charlotte Hyde	Stockport	Stockport Metro November SC Open Meet 2022	18 Nov 22	22:10.65
S8	S Lewis	Macclesfield	Cheshire County Championships 2020	19 Jan 20	25:43.82
S9	Lauren Steadman	Kingsbridge		16 Nov 08	20:05.70
S10	Tully Kearney	Birmingham	Boldmere Swimming Club Licensed Distance Meet 2015	23 Jan 15	18:12.11
S11	Vacant				
S12	Rebecca Hardy-Bishop	Guernsey	Guernsey ASA Channel Island Championships	23 Nov 25	20:14.21
S13	Lauren Hobbins	Biggleswade		27 Feb 10	19:44.36
S14	Poppy Maskill	Macclesfield	Cheshire County Championships 2020	19 Jan 20	18:43.95

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Class	Name	City/Town	Venue/Meet	Date	Time
50m Backstroke				Updated: 25th Nov 2025	
S1	Danielle Watts	Sheffield		01 Nov 03	1:27.09
S2	Sheila Gordon	Darlington		29 Jun 91	1:38.83
S3	Ellie Challis	Glasgow	British Para Swimming Winter National Meet 2022	26 Nov 22	58.92
S4	Claire Connon	Sandwell	Aquatics GB Para Winter Meet 2024	24 Nov 24	56.51
S5	Nancy Jubb	Sandwell	Aquatics GB Para Winter Meet 2024	24 Nov 24	44.68
S6	Nyree Kindred	Sheffield		01 Nov 03	43.12
S7	Susannah Rodgers	Middlesex		05 Jun 11	41.69
S8	Heather Frederiksen	Sheffield		20 Nov 10	35.71
S9	Stephanie Millward	Rio de Janeiro		05 Dec 09	32.51
S10	Callie-Ann Warrington	Street	Chelsea & Millfield School 2025 International Open	27 Oct 25	30.85
S11	Scarlett Humphrey	Nottingham	Swim England East Midlands SC Championships 2024	02 Nov 24	39.50
S12	Ursula Carroll	Leeds	Yorkshire SA Winter Competition 2025	11 Oct 25	32.64
S13	Ursula Carroll	Stockport	Stockport Metro November Short Course Meet 2025	23 Nov 25	31.99
S14	Olivia Newman-Baronius	St Albans	The National Arena Swimming League - London 2024	12 Oct 24	30.62
100m Backstroke				Updated: 16th Dec 2025	
S1	Danielle Watts	Sheffield		02 Nov 03	2:59.50
S2	Sheila Gordon	Darlington		30 Jun 91	3:22.93
S3	Fran Williamson	Sheffield		09 Mar 03	2:36.02
S4	Tara Flood	Darlington		30 Jun 91	2:17.93
S5	Claire Warne	Biggleswade		24 Mar 07	1:55.96
S6	Nyree Kindred	Llandudno		17 Jul 10	1:28.70
S7	Susannah Rodgers	Sheffield		27 Nov 11	1:24.15
S8	Heather Frederiksen	Sheffield		21 Nov 09	1:11.39
S9	Alice Tai	Manchester	National Para-Swimming Championships	10 Dec 17	1:07.37
S10	Alice Tai	Bournemouth	Dorset County Championships 2015	21 Feb 15	1:07.46
S11	Scarlett Humphrey	Sheffield	GoCardless SE National Winter Champs (25m) 2025	12 Dec 25	1:19.28
S12	Hannah Russell	Sheffield		02 Mar 14	1:05.78
S13	Ursula Carroll	Sheffield	GoCardless SE National Winter Champs (25m) 2025	12 Dec 25	1:08.41
S14	Poppy Maskill	Sheffield	GoCardless SE National Winter Champs (25m) 2025	12 Dec 25	1:03.50
200m Backstroke				Updated: 11th Nov 2025	
S6	Claire Warne	Biggleswade		11 Apr 10	3:32.73
S7	Grace Harvey	Borehamwood	3rd Hoddesdon County Qualifier Open Meet	21 Nov 15	3:13.69
S8	Heather Frederiksen	Salford		04 Apr 09	2:33.83
S9	Amy Marren	Basildon		16 Feb 14	2:29.20
S10	Alice Tai	Bournemouth	Dorset County Championships 2015	01 Mar 15	2:23.35
S11	Scarlett Humphrey	Cambridge	Cambridge Grand Prix 2023	07 Oct 23	3:03.50
S12	Ela Letton-Jones	Llandudno	Swim Wales North Regional Championships 2023	25 Nov 23	2:47.17
S13	Ursula Carroll	Sheffield	SE NE Regional Age Group Championships (25m) 2025	02 Nov 25	2:28.45
S14	ChloErraid Davies	Swansea	Wales National SC Championships	18 Dec 15	2:19.23
50m Breaststroke				Updated: 16th Jun 2026	
SB1	Vivienne Mullett	Darlington		17 Jun 95	2:39.78
SB2	Ellie Challis	Glasgow	British Para Swimming Winter National Meet 2022	26 Nov 22	1:08.47
SB3	Margaret McEleny	Eskilstuna		24 Apr 98	58.67
SB4	Jane Stidever	Darlington		30 Jun 98	1:10.39
SB5	Grace Harvey	Aberdeen	SASA North District Open Championships	02 Nov 25	46.93
SB6	Maisie Summers-Newton	Leicester	The Leicester Open Meet 2017	17 Nov 17	44.57
SB7	Iona Winniffrith	Coventry	Activity Alliance Junior Para Swimming Meet 2026	13 Jun 26	38.55
SB8	Brock Whiston	London	2025 Essex Winter Short Course Championships	18 Oct 25	36.37
SB9	Harriet Lee	Sheffield	BUCS SC Championships 2015	14 Nov 15	36.84
SB11	Scarlett Humphrey	Sheffield	BUCS Short Course Swimming Championships 2025-26	15 Nov 25	40.44
SB12	Ursula Carroll	Leeds	Yorkshire SA Winter Competition 2025	12 Oct 25	37.58
SB13	Rebecca Redfern	Glasgow	British Para Swimming Winter National Meet 2022	26 Nov 22	34.45
SB14	Louise Fiddes	Hatfield	Hatfield Summer Meet 2019	30 Jun 19	33.63
100m Breaststroke				Updated: 16th Dec 2025	
SB1	Vacant				
SB2	Ellie Challis	Basildon	Essex county ASA age Group Championships 2019	19 Jan 19	2:34.82
SB3	Margaret McEleny	Darlington		07 Nov 98	2:11.52
SB4	Suzanna Hext	Swindon	Wiltshire County & Age Group Championships 2023	05 Feb 23	1:55.48
SB5	Grace Harvey	Aberdeen	SASA North District Open Championships	01 Nov 25	1:39.42
SB6	Maisie Summers-Newton	Glasgow	British Para Swimming Winter National Meet 2022	26 Nov 22	1:31.48
SB7	Iona Winniffrith	Sheffield	GoCardless SE National Winter Champs (25m) 2025	12 Dec 25	1:25.17
SB8	Claire Cashmore	Rio de Janeiro		02 Dec 09	1:19.96
SB9	Brock Whiston	Sheffield	Swim England Winter Championships 2023	17 Dec 23	1:15.98
SB11	Scarlett Humphrey	Sheffield	GoCardless SE National Winter Champs (25m) 2025	12 Dec 25	1:26.15
SB12	Ursula Carroll	Leeds	Yorkshire SA Winter Competition 2025	12 Oct 25	1:20.83
SB13	Rebecca Redfern	Manchester	National Para-Swimming Championships 2017	09 Dec 17	1:14.80
SB14	Louise Fiddes	Hatfield	Hatfield Summer Meet 2019	29 Jun 19	1:12.66
200m Breaststroke				Updated: 9th Nov 2023	
SB4	J Keast	Penzance		06 Mar 10	7:39.98
SB5	Laura Pilkington	Sheffield	Speedo and BUCS SC Championships 2021	20 Nov 21	4:56.55
SB6	Elizabeth Johnson	Hatfield		22 May 05	3:38.16
SB7	S Lewis	Macclesfield	Cheshire County Championships 2019	26 Jan 19	3:43.51
SB8	Chloe Buck	Sunderland	Sunderland Aquatic Centre	07 Dec 14	2:49.40
SB9	Erraid Davies	Lerwick	GTS Direct Winter Meet	28 Nov 15	2:51.74
SB11	Scarlett Humphrey	Cambridge	Cambridge Grand Prix 2023	07 Oct 23	3:14.49
SB12	Elaine Barrett	Wolverhampton		30 Mar 96	3:12.36
SB13	Rebecca Redfern	Wolverhampton	Worcestershire County Championships 2018	03 Feb 18	2:49.65
SB14	Gemma Bennett	Redbridge		26 Jan 02	2:47.23

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Class	Name	City/Town	Venue/Meet	Date	Time
50m Butterfly					
Updated: 18th Feb 2026					
S1	Vacant				
S2	Vacant				
S3	Ellie Challis	Glasgow	British Para Swimming Winter National Meet 2022	26 Nov 22	1:01.33
S4	Suzanne Warren	Manchester	National Junior Para-Swimming 2017	10 Dec 17	1:02.27
S5	Claire Warne	Sheffield		04 Nov 07	51.09
S6	Eleanor Robinson	Leicester	The Leicester Open Meet 2017	17 Nov 17	37.49
S7	Iona Winnifrith	Sheffield	GoCardless SE National Winter Champs (25m) 2025	11 Dec 25	36.96
S8	Stephanie Slater	Preston		22 Jun 13	33.44
S9	Stephanie Millward	Sheffield		02 Nov 08	31.87
S10	Faye Rogers	Aberdeen	SASA North District Spring Championships	06 Sep 25	29:13
S11	Scarlett Humphrey	Sandwell	Aquatics GB Para Winter Meet 2024	24 Nov 24	35.66
S12	Ursula Carroll	Leeds	Yorkshire SA Winter Competition 2025	12 Oct 25	32.02
S13	Rhiannon Henry	Rio de Janeiro		01 Dec 09	30.67
S14	Olivia Newman-Baronius	Aylesbury	Oxfordshire & N Bucks County Championships & AG Comp 2026	07 Feb 26	28.22
100m Butterfly					
Updated: 16th Dec 2025					
S5	Claire Warne	Biggleswade		15 Mar 08	1:49.32
S6	Eleanor Robinson	Leicester	City of Leicester SC Open Meet 2017	19 Nov 17	1:24.65
S7	Harriet Milne	Grantham	Lincolnshire County Championships 2018	20 Jan 18	1:34.47
S8	Stephanie Slater	Sheffield		23 Nov 13	1:12.56
S9	Toni Shaw	Sheffield	Speedo and BUCS SC Championships 2021	20 Nov 21	1:07.86
S10	Faye Rogers	Sheffield	BUCS Short Course Swimming Championships 2025-26	14 Nov 25	1:02.55
S11	Scarlett Humphrey	Sandwell	Aquatics GB Para Winter Meet 2024	24 Nov 24	1:19.75
S12	Hannah Russell	Sheffield		23 Nov 13	1:09.05
S13	Rhiannon Henry	Rio de Janeiro		01 Dec 09	1:06.12
S14	Olivia Newman-Baronius	Sheffield	GoCardless SE National Winter Champs (25m) 2025	14 Dec 25	1:02.20
200m Butterfly					
Updated: 25th Nov 2025					
S5	Suzanne Warren	Norwich	2014 Big Bang Meet	01 Nov 14	5:23.20
S7	Grace Harvey	Borehamwood	3rd Hoddesdon County Qualifier Open Meet	21 Nov 15	3:33.88
S8	Brock Whiston	London	2025 Essex Winter Short Course Championships	18 Oct 25	2:38.02
S9	Amy Marren	Basildon		29 Mar 13	2:32.23
S10	Faye Rogers	Sheffield	BUCS Short Course Swimming Championships 2025-26	16 Nov 25	2:14.52
S11	Vacant				
S12	Rebecca Hardy-Bishop	Crawley	Sussex County Short Course Championships 2025	19 Oct 25	3:15.68
S13	Ursula Carroll	Stockport	Stockport Metro November Short Course Meet 2025	23 Nov 25	2:36.00
S14	Olivia Newman-Baronius	Aylesbury	Oxfordshire & N Bucks County Championships 2024	11 Feb 24	2:20.89
100m Individual Medley					
Updated: 16th Jun 2026					
SM1	Vacant				
SM2	Vacant				
SM3	Tara Flood	Darlington		29 Jun 91	2:34.69
SM4	Margaret McEleny	Darlington		02 Nov 96	1:56.46
SM5	Claire Warne	Biggleswade		15 Mar 08	1:49.32
SM6	Natalie Jones	Rio de Janeiro		02 Dec 09	1:30.85
SM7	Iona Winnifrith	Coventry	Activity Alliance Junior Para Swimming Meet 2026	14 Jun 26	1:22.68
SM8	Stephanie Slater	Sheffield		23 Nov 13	1:15.19
SM9	Claire Cashmore	Rio de Janeiro		03 Dec 09	1:11.83
SM10	Eleni Papadopoulou	Sheffield		23 Nov 13	1:12.79
SM11	Scarlett Humphrey	Sheffield	BUCS Short Course Swimming Championships 2025-26	16 Nov 25	1:16.82
SM12	Hannah Russell	Sheffield		01 Mar 14	1:08.90
SM13	Rhiannon Henry	Sheffield		27 Nov 11	1:12.12
SM14	Jessica-Jane Applegate	Norwich	UEA Norwich Club Championships	24 Sep 16	1:09.07
150m Individual Medley					
Updated: 24th Jun 2004					
SM1	Vacant				
SM2	Vacant				
SM3	Vacant				
SM4	Margaret McEleny	Deventer		15 Jan 94	3:11.56
200m Individual Medley					
Updated: 16th Dec 2025					
SM3	Vacant				
SM4	Helen Dolphin	Norwich	2014 Big Bang Meet	02 Nov 14	5:17.51
SM5	Claire Warne	Sheffield		01 Mar 08	3:52.40
SM6	Maisie Summers-Newton	Glasgow	British Para Swimming Winter National Meet 2022	26 Nov 22	2:56.48
SM7	Grace Harvey	Manchester	National Para-Swimming Championships	09 Dec 17	3:06.24
SM8	Brock Whiston	Sandwell	Aquatics GB Para Winter Meet 2024	23 Nov 24	2:40.86
SM9	Amy Marren	Basildon		30 Mar 14	2:32.16
SM10	Faye Rogers	Edinburgh	Scottish Swimming Short Course National Championships	13 Dec 25	2:24.94
SM11	Scarlett Humphrey	Nottingham	SE East Midlands Short Course Championships 2025	02 Nov 25	2:50.80
SM12	Hannah Russell	Sheffield		23 Nov 13	2:30.54
SM13	Ursula Carroll	Sheffield	SE NE Regional Age Group Championships (25m) 2025	02 Nov 25	2:30.85
SM14	Poppy Maskill	Sheffield	GoCardless SE National Winter Champs (25m) 2025	14 Dec 25	2:20.82
400m Individual Medley					
Updated: 11th Nov 2025					
SM8	Brock Whiston	London	2025 Essex Winter Short Course Championships	18 Oct 25	5:41.85
SM9	Amy Marren	Basildon		16 Mar 14	5:12.93
SM10	Tully Kearney	Rugby	Queens Diamond Jubilee Centre	07 Dec 14	5:21.24
SM11	Eliza Humphrey	Cambridge	Cambridge Grand Prix 2023	08 Oct 23	6:38.48
SM12	Rebecca Hardy-Bishop	Crawley	Sussex County ASA Winter Meet 2024	19 Oct 24	6:14.63
SM13	Ursula Carroll	Sheffield	SE NE Regional Age Group Championships (25m) 2025	01 Nov 25	5:26.10
SM14	Louise Fiddes	Borehamwood	Herts County Championships and Age group Championships	04 Feb 17	5:17.85

British Para-Swimming Female Short Course Records at 16th June 2026

Class	Name	City/Town	Venue/Meet	Date	Time
4x50m Freestyle Relay				Updated: 23rd Nov 2013	
20pts	Vacant				
34pts	H Brogden, S Phillips, L Hanson, O Pickering	Gloucester	GCSC Sprint Level 3 Meet	20 Sep 15	3:02.38
49pts (S11/S13)	Vacant				
S14	Vacant				
4x100m Freestyle Relay				Updated: 15/02/10	
20pts	Vacant				
34pts	Stephanie Millward, Eleanor Simmonds, Lauren Steadman, L Watkin	Rio de Janeiro		01 Dec 09	4:23.20
49pts (S11/S13)	Vacant				
S14	Vacant				
4x50m Medley Relay				Updated: 23/11/15	
20pts	Suzanne Warren, Helen Dolphin, E Martin de la Torre, C Ryan	Manchester	British Gas Open SC Championships 2014	22 Nov 14	4:27.11
34pts	H Brogden, S Phillips, L Hanson, O Pickering	Gloucester	GCSC Sprint Level 3 Meet	20 Sep 15	3:46.66
49pts (S11/S13)	Vacant				
S14	Vacant				
4x100m Medley Relay				Updated: 08/01/14	
34pts	Stephanie Millward, Claire Cashmore, L Simpkin, Eleanor Simmonds	Rio de Janeiro		05 Dec 09	4:56.23
49pts (S11/S13)	Vacant				
S14	K Nesbitt, C Hartin, Jessica-Jane Applegate, D Hartin	Manchester	British Gas Open SC Championships 2014	22 Nov 14	5:07.89