

British Para-Swimming Female Long Course Records at 16th July 2026

Class	Name	City/Town	Venue	Date	Time
50m Freestyle				Updated: 23rd Apr 2026	
S1	Danielle Watts	Swansea		28 Nov 03	1:19.65
S2	Victoria Broadribb	Sydney	Paralympic Games 2000	27 Oct 00	1:15.46
S3	Ellie Challis	Madeira	Para Swimming European Open Championships 2024	21 Apr 24	47.48
S4	Claire Connon	Sheffield	Aquatics GB Summer Championships 2024	26 Jul 24	38.98
S5	Tully Kearney	Sheffield	British Swimming Summer Championships 2022	26 Jul 22	34.04
S6	Eleanor Robinson	Sheffield	British Summer Championships 2018	28 Jul 18	34.09
S7	Susannah Rodgers	Rio de Janeiro	2016 Paralympic Games	09 Sep 16	33.36
S8	Alice Tai	Berlin	IDM Berlin 2019	08 Jun 19	28.97
S9	Louise Watkin	Sheffield		31 Jul 09	29.21
S10	Callie-Ann Warrington	London	Aquatics GB Swimming Championships 2026	19 Apr 26	27.63
S11	Scarlett Humphrey	Swansea	Aquatics GB Winter Para Meet Hosted by Swim Wales	21 Feb 26	30.35
S12	Hannah Russell	Glasgow	British Para-Swimming International Meet 2016	27 Apr 16	27.01
S13	Rhiannon Henry	Eindhoven	IPC World Championships 2010	18 Aug 10	28.52
S14	Bethany Firth	Bangor	Swim Ulster Dave McCullagh Memorial Gala 2015	08 Mar 15	26.35
100m Freestyle				Updated: 16th Jul 2026	
S1	Danielle Watts	Sheffield		31 Jul 07	2:54.56
S2	Victoria Broadribb	Turku		05 May 01	2:52.23
S3	Ellie Challis	Berlin	2023 World Para Swimming World Series	12 May 23	1:41.78
S4	Claire Connon	London	Speedo Aquatics GB Swimming Championships 2024	07 Apr 24	1:31.97
S5	Tully Kearney	Sheffield	British Swimming Summer Championships 2022	25 Jul 22	1:11.71
S6	Eleanor Robinson	Dublin	WPS European Championships 2018	19 Aug 18	1:13.46
S7	Susannah Rodgers	Eindhoven	IPC European Championships, Eindhoven 2014	08 Aug 14	1:12.06
S8	Alice Tai	Sheffield	BPSIM 2018	01 Jun 18	1:03.66
S9	Toni Shaw	London	WPS World Championships 2019	09 Sep 19	1:03.00
S10	Faye Rogers	Berlin	Para Swimming World Series 2026	07 May 26	59.94
S11	Scarlett Humphrey	Eindhoven	Open Nederlandse Kampioenschappen lange baan 2026	04 Jul 26	1:08.53
S12	Hannah Russell	Sheffield	British Summer Championships 2016	28 Jul 16	58.94
S13	Rhiannon Henry	Berlin	IPC European Championships 2011	09 Jul 11	1:00.95
S14	Bethany Firth	Bangor	Swim Ulster Dave McCullagh Memorial Gala 2016	04 Mar 16	56.58
200m Freestyle				Updated: 28th Jan 2026	
S1	Danielle Watts	Durban	IPC World Championships 2006	04 Dec 06	6:03.90
S2	Vacant				
S3	Ellie Challis	Manchester	World Para Swimming Championships 2023	05 Aug 23	3:35.20
S4	Erin Orford	High Wycombe	SE South East Region LC Swimming Championships	02 May 26	4:05.45
S5	Tully Kearney	Madeira	World Para Swimming Championships 2022	17 Jun 22	2:42.36
S6	Maisie Summers-Newton	Paris	2024 Paralympic Games	06 Sep 24	2:37.91
S7	Susannah Rodgers	Berlin	IPC European Championships 2011	03 Jul 11	2:36.73
S8	Alice Tai	Berlin	IDM Berlin 2019	06 Jun 19	2:17.93
S9	Amy Marren	Berlin		27 Apr 14	2:16.23
S10	Faye Rogers	Rotterdam	Rotterdam Qualification Meet 2023	30 Nov 23	2:14.05
S11	Scarlett Humphrey	Corby	Northamptonshire ASA County Championships 2026	25 Jan 26	2:34.35
S12	Melanie Easter	Riminy		10 Sep 97	2:14.60
S13	Rhiannon Henry	Berlin		01 May 11	2:15.52
S14	Bethany Firth	Glasgow	Scottish Nationals 2016	30 Jun 16	2:02.09
400m Freestyle				Updated: 23rd Apr 2026	
S5	Suzanne Warren	Swansea	British Gas and Senior Age Group Championships 2014	14 Jun 14	10:20.20
S6	Eleanor Simmonds	Glasgow	British Para-Swimming International Meet 2016	26 Apr 16	5:18.69
S7	Susannah Rodgers	London	Paralympic Games 2012	06 Sep 12	5:18.93
S8	Heather Frederiksen	Sheffield		17 Mar 09	4:45.67
S9	Tully Kearney	Glasgow	IPC Swimming World Championships Glasgow 2015	18 Jul 15	4:39.29
S10	Faye Rogers	Singapore	Toyota World Para Swimming Championships 2025	23 Sep 25	4:32.34
S11	Rebecca Hardy-Bishop	London	Aquatics GB Swimming Championships 2026	17 Apr 26	5:22.47
S12	Hannah Russell	Berlin	29th Internationale Deutsche Meisterschaften for swimmers with an impairment	18 Apr 15	4:37.14
S13	Rhiannon Henry	Eindhoven	IPC World Championships 2010	19 Aug 10	4:37.08
S14	Jessica-Jane Applegate	Berlin	IDM Berlin 2017	08 Jul 17	4:27.08
800m Freestyle				Updated: 4th Feb 2025	
S6	Maisie Summers-Newton	Corby	Northants ASA County Championships 2019	16 Feb 19	10:59.35
S7	Susannah Rodgers	K2 Crawley		09 Feb 13	11:30.85
S8	Emma Hollis	Sheffield		12 Feb 12	11:22.80
S9	Tully Kearney	Northampton	Northampton SC Spring Festival '15	15 May 15	9:47.75
S10	Tully Kearney	Coventry	British Gas Warwickshire County Champs 2015	07 Mar 15	9:45.00
S11	Eliza Humphrey	Corby	Northamptonshire ASA Country Championships 2025	01 Feb 25	11:53.73
S12	Melanie Easter	Sheffield		05 Jun 98	10:40.87
S13	Rhiannon Henry	Quebec City		06 Aug 03	10:05.00
S14	Jessica-Jane Applegate	Berlin	IDM Berlin 2017	07 Jul 17	9:15.69

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Class	Name	City/Town	Venue	Date	Time
1500m Freestyle				Updated: 10th Feb 2026	
S7	Maisie Catt	Leeds	SE North East Regional Age Group Championships 2024	12 May 24	26:12.08
S8	Amelia Cowburn	Manchester	Lancashire County Championships 2026	07 Feb 25	24:14.85
S9	Jo-Jo Cranfield	Millfield School		22 Jan 10	23:18.21
S10	Tully Kearney	Coventry	British Gas Warwickshire County Champs 2015	07 Mar 15	18:45.92
S11	Eliza Humphrey	Corby	Northamptonshire ASA County Championships 2024	20 Jan 24	22:40.79
S12	Rebecca Hardy-Bishop	Crawley	Sussex County ASA Championships 2025	16 Feb 25	20:55.93
S13	Katie Crowhurst	Wycombe	Brekshire & South Bucks ASA County Championships 2019	27 Jan 19	21:10.22
S14	Jessica-Jane Applegate	Norwich	Norfolk County Championships 2019	20 Jan 19	18:18.21
50m Backstroke				Updated: 4th Jun 2026	
S1	Danielle Watts	Swansea		30 Nov 03	1:22.23
S2	Victoria Broadribb	Sydney	Paralympic Games 2000	25 Oct 00	1:36.67
S3	Ellie Challis	Paris	2024 Paralympic Games	02 Sep 24	53.56
S4	Claire Connon	London	Speedo Aquatics GB Swimming Championships 2024	06 Apr 24	50.56
S5	Tully Kearney	London	Speedo Aquatics GB Swimming Championships 2024	06 Apr 24	40.99
S6	Grace Harvey	Berlin	Para Swimming World Series, 2022	01 Apr 22	42.78
S7	Grace Harvey	Berlin	IDM Berlin 2017	07 Jul 17	43.53
S8	Alice Tai	Berlin	World Para-Swimming Series, Berlin 2024	31 May 24	33.19
S9	Alice Tai	Sheffield	BPSIM 2017	29 Apr 17	33.06
S10	Alice Tai	Plymouth	South West ASA Youth Regionals	02 May 15	32.52
S11	Scarlett Humphrey	Manchester	World Para Swimming Championships 2023	03 Aug 23	40.60
S12	Hannah Russell	Rio de Janeiro	Paralympic Games 2016	29 Apr 17	31.62
S13	Ursula Carroll	London	AP Race London International 2026	23 May 26	32.61
S14	Bethany Firth	Corby	Northampton SC Winter Festival 2025	20 Dec 25	30.55
100m Backstroke				Updated: 16th Jul 2026	
S1	Danielle Watts	Sheffield		04 May 03	3:01.75
S2	Vivien Mullett	Sheffield		11 Sep 94	3:48.11
S3	Ellie Challis	Berlin	World Para-Swimming Series, Berlin 2024	02 Jun 24	1:59.47
S4	Suzanne Warren	Norwich	UEA City of Norwich Easter Meet 2017	15 Apr 17	2:09.32
S5	Tully Kearney	Aberdeen	Citi Para Swimming World Series Inc British Para-Swimming International Winter Meet	02 Feb 24	1:46.61
S6	Nyree Kindred	London	Paralympic Games 2012	30 Aug 12	1:26.23
S7	Susannah Rodgers	London		04 Mar 12	1:25.83
S8	Alice Tai	London	WPS World Championships 2019	10 Sep 19	1:08.04
S9	Alice Tai	Sheffield	BPSIM 2017	29 Apr 17	1:07.66
S10	Alice Tai	Bristol	City of Bristol Open Meet 2015	12 Apr 15	1:08.34
S11	Scarlett Humphrey	Edinburgh	2024 Scottish National Open Swimming Championships	29 Jun 24	1:21.17
S12	Hannah Russell	Rio de Janeiro	2016 Paralympic Games	14 Sep 16	1:06.06
S13	Abby Kane	Rio de Janeiro	2016 Paralympic Games	17 Sep 16	1:09.09
S14	Bethany Firth	Eindhoven	Open Nederlandse Kampioenschappen lange baan 2026	02 Jul 26	1:04.02
200m Backstroke				Updated: 16th Jun 2026	
S6	Nyree Kindred	Berlin		24 May 08	3:04.27
S7	Grace Harvey	Berlin	IDM Berlin 2017	06 Jul 17	3:11.77
S8	Alice Tai	Berlin	World Para-Swimming Series, Berlin 2024	30 May 24	2:31.55
S9	Tully Kearney	Corby	ASA Midland Championships 2015	03 May 15	2:29.87
S10	Alice Tai	Berlin		26 Apr 14	2:28.01
S11	Scarlett Humphrey	Corby	Northamptonshire ASA County Championships 2025	08 Feb 25	2:58.66
S12	Ursula Carroll	Sheffield	GoCardless Swim England National Summer Meet 2025	30 Jul 25	2:32.37
S13	Ursula Carroll	Leeds	SE North East Regional Championships (50m)	10 May 26	2:28.66
S14	Chloe Davies	Sheffield	Burns Meet 2016	30 Jan 16	2:24.79
50m Breaststroke				Updated: 16th Jul 2026	
SB1	Vivien Mullett	Sheffield		31 Oct 93	2:29.40
SB2	Ellie Challis	Madeira	World Para Swimming Championships 2022	12 Jun 22	1:04.33
SB3	Margaret McEleny	Braunschweig		12 Aug 99	56.25
SB4	Alison Mills	Sheffield		06 Jun 98	1:05.13
SB5	Grace Harvey	Madeira	World Para Swimming Championships 2022	16 Jun 22	47.41
SB6	Maisie Summers-Newton	Paris	2024 Paralympic Games	01 Sep 24	42.12
SB7	Iona Winniffrith	London	Kent County Championships 2026	24 Jan 26	38.12
SB8	Claire Cashmore	Berlin	29th Internationale Deutsche Meisterschaften for swimmers with an impairment	18 Apr 15	37.51
SB9	Brock Whiston	Manchester	World Para Swimming Championships 2023	31 Jul 23	36.25
SB11	Scarlett Humphrey	Northampton	Northamptonshire ASA County Championships 2024	10 Feb 24	41.31
SB12	Astrid Carroll	Geneva	Challenge International de Geneva	23 Jan 26	40.64
SB13	Rebecca Redferm	Tokyo	Paralympic Games 2021	11 Sep 16	33.70
SB14	Aaliyah Richards	Eindhoven	Open Nederlandse Kampioenschappen lange baan 2026	05 Jul 26	32.89

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Class	Name	City/Town	Venue	Date	Time
100m Breaststroke				Updated: 16th Jun 2026	
SB1	Vivien Mullett	Coventry		10 May 92	5:36.67
SB2	Vacant				
SB3	Margaret McEleny	Sydney		28 Oct 99	2:09.65
SB4	Suzanna Hext	Sheffield	British Para-Swimming International Meet 2021	09 Apr 21	2:09.87
SB5	Grace Harvey	Swansea	Aquatics GB Winter Para Meet Hosted by Swim Wales	20 Feb 26	1:40.07
SB6	Maisie Summers-Newton	Paris	2024 Paralympic Games	01 Sep 24	1:31.30
SB7	Iona Winniffrith	London	Kent County Championships 2026	24 Jan 26	1:25.80
SB8	Brock Whiston	London	WPS World Championships 2019	15 Sep 19	1:13.83
SB9	Brock Whiston	Manchester	World Para Swimming Championships 2023	31 Jul 23	1:16.82
SB11	Scarlett Humphrey	Edinburgh	2024 Scottish National Open Swimming Championships	28 Jun 24	1:26.86
SB12	Ursula Carroll	Sheffield	GoCardless Swim England National Summer Meet 2025	30 Jul 25	1:20.64
SB13	Rebecca Redferm	Rio de Janeiro	2016 Paralympic Games	11 Sep 16	1:13.81
SB14	Aaliyah Richards	Berlin	Para Swimming World Series 2026	07 May 26	1:12.14
200m Breaststroke				Updated: 30th Jun 2026	
SB4	Vacant				
SB5	Grace Harvey	Berlin	2023 World Para Swimming World Series	14 May 23	3:47.85
SB6	Charlotte Henshaw	Berlin	29th Internationale Deutsche Meisterschaften for swimmers with an impairment	17 Apr 15	3:37.69
SB7	Iona Winniffrith	Lignano, Italy	Citibank World Series Italy 2024	14 Mar 24	3:33.60
SB8	Chloe Buck	Manchester	City of Manchester Snow Pen, MAC	20 Dec 14	2:54.42
SB9	Brock Whiston	London	AP Race International 2023	27 May 23	2:51.50
SB11	Elaine Barrett	Quebec City		05 Aug 03	3:11.18
SB12	Ursula Carroll	Sheffield	City of Sheffield SS Team Steel Meet 2025	22 Jun 25	2:56.51
SB13	Rebecca Redferm	Coventry	West Midlands LC Championships 2019	05 Jun 19	2:49.35
SB14	Aaliyah Richards	Edinburgh	Scottish Swimming National Open Championships 2026	27 Jun 26	2:44.77
50m Butterfly				Updated: 16th Jun 2026	
S1	Vacant				
S2	Vacant				
S3	Ellie Challis	London	WPS World Championships 2019	12 Sep 19	58.30
S4	Suzanne Warren	Manchester	National Para-Swimming Championships 2015	13 Dec 15	59.25
S5	Claire Warne	Esbjerg		08 Mar 08	51.05
S6	Eleanor Robinson	Sheffield	British Summer Championships 2018	25 Jul 18	35.22
S7	Susannah Rodgers	Rio de Janeiro	2016 Paralympic Games	12 Sep 16	35.07
S8	Alice Tai	Berlin	World Para-Swimming Series, Berlin 2024	02 Jun 24	31.14
S9	Alice Tai	Sheffield	BPSIM 2017	29 Apr 17	31.90
S10	Callie-Ann Warrington	Berlin	World Para-Swimming Series, Berlin 2024	02 Jun 24	29.92
S11	Scarlett Humphrey	Swansea	Aquatics GB Winter Para Meet Hosted by Swim Wales	21 Feb 26	33.98
S12	Hannah Russell	Berlin		25 Apr 14	31.25
S13	Rhiannon Henry	Sheffield		05 Aug 06	30.44
S14	Poppy Maskill	Berlin	IDM Berlin 2026	10 May 26	27.68
100m Butterfly				Updated: 16th Jun 2026	
S5	Suzanne Warren	Swansea	Midsummer Madness Meet 2014	12 Jul 14	2:22.64
S6	Eleanor Robinson	Corby	Northamptonshire ASA County Championships for swimmers with an impairment	23 Jan 16	1:24.34
S7	Susannah Rodgers	K2 Crawley		09 Feb 13	1:25.91
S8	Stephanie Slater	Eindhoven	IPC European Championships, Eindhoven 2014	06 Aug 14	1:08.20
S9	Toni Shaw	London	WPS World Championships 2019	11 Sep 19	1:07.83
S10	Faye Rogers	Berlin	Para Swimming World Series 2026	08 May 26	1:03.54
S11	Scarlett Humphrey	Swansea	Aquatics GB Winter Para Meet Hosted by Swim Wales	22 Feb 26	1:16.42
S12	Hannah Russell	Montreal	IPC World Championships 2013	13 Aug 13	1:09.42
S13	Rhiannon Henry	Eindhoven	IPC World Championships 2010	17 Aug 10	1:06.61
S14	Poppy Maskill	London	Aquatics GB Swimming Championships 2026	18 Apr 26	1:01.52
200m Butterfly				Updated: 6th Jan 2026	
S5	Suzanne Warren	Swansea	British Gas and Senior Age Group Championships 2014	13 Jun 14	4:57.36
S6	Eleanor Robinson	Berlin	29th Internationale Deutsche Meisterschaften for swimmers with an impairment	18 Apr 15	3:15.02
S7	Grace Harvey	Luton	April Long Course Meet 2015	11 Apr 15	3:37.72
S8	Brock Whiston	Corby	Northampton SC Winter Festival 2025	20 Dec 25	2:46.92
S9	Amy Marren	Berlin		26 Apr 14	2:35.14
S10	Faye Rogers	Sheffield	Aquatics GB Next Gen Championships 2025	20 Jul 25	2:17.30
S11	Elaine Barrett	Minneapolis		13 Jun 99	3:01.10
S12	Vacant				
S13	Rhiannon Henry	Portland		15 Jul 05	2:31.88
S14	Louise Fiddes	Berlin	IDM Berlin 2017	08 Jul 17	2:28.64
150m Individual Medley				Updated: 8th Nov 2023	
SM1	Vacant				
SM2	Victoria Broadribb	Braunschweig	IPC European Championships 1999	10 Aug 99	5:30.88
SM3	Ellie Challis	Manchester	World Para Swimming Championships 2023	01 Aug 23	3:13.13
SM4	Margaret McEleny	Braunschweig	IPC European Championships 1999	10 Aug 99	2:59.30

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Class	Name	City/Town	Venue	Date	Time
200m Individual Medley				Updated: 16th Jul 2026	
SM3	Tara Flood	Assen	World Games 1990	18 Jul 90	5:28.90
SM4	Helen Dolphin	UEA		03 Nov 13	5:15.24
SM5	Nancy Jubb	Millfield School	2025 Somerset ASA County Championships	26 Jan 25	3:47.61
SM6	Maisie Summers-Newton	Berlin	World Para-Swimming Series, Berlin 2024	02 Jun 24	2:55.07
SM7	Iona Winnifrith	Eindhoven	Open Nederlandse Kampioenschappen lange baan 2026	25 May 26	2:57.11
SM8	Brock Whiston	London	WPS World Championships 2019	14 Sep 19	2:35.30
SM9	Tully Kearney	Glasgow	IPC Swimming World Championships Glasgow 2015	19 Jul 15	2:31.08
SM10	Faye Rogers	Singapore	Toyota World Para Swimming Championships 2025	22 Sep 25	2:28.52
SM11	Scarlett Humphrey	Edinburgh	2024 Scottish National Open Swimming Championships	28 Jun 24	2:48.90
SM12	Hannah Russell	Glasgow	IPC Swimming World Championships Glasgow 2015	14 Jul 15	2:30.18
SM13	Ursula Carroll	Sheffield	City of Sheffield Premier Open Meet 2026	14 Mar 26	2:32.62
SM14	Bethany Firth	Rio de Janeiro	2016 Paralympic Games	17 Sep 16	2:19.55
400m Individual Medley				Updated: 18th Mar 2026	
SM8	Emma Hollis	Norwich		03 May 09	6:46.94
SM9	Amy Marren	Berlin		25 Apr 14	5:23.91
SM10	Tully Kearney	Coventry	British Gas Warwickshire County Champs 2015	07 Mar 15	5:25.88
SM11	Eliza Humphrey	Corby	Northamptonshire ASA County Championships 2024	27 Jan 24	6:30.50
SM12	Ursula Carroll	Sheffield	Aquatics GB Next Gen Championships 2025	29 Jul 25	5:27.36
SM13	Ursula Carroll	Sheffield	City of Sheffield Premier Open Meet 2026	15 Mar 26	5:22.46
SM14	Jessica-Jane Applegate	Berlin	IDM Berlin 2017	06 Jul 17	5:13.91
4x50m Freestyle Relay				Updated: 9/11/04	
20pts	Stidever, Williamson, Love, Chippington	Athens	Paralympic Games 2004	24 Sep 04	3:12.75
34pts	Vacant				
49pts (S11/S13)	Robinson, Low, Byles, Danby	Assen	World Games 1990	15 Jul 90	2:35.55
S14	Bennett, Mounkley, Lee, Wiscombe	Liberec		10 Oct 02	2:05.00
4x100m Freestyle Relay				Updated: 23/09/2019	
34pts	Millward, Whiston, Shaw, Tai	London	WPS World Championships 2019	15 Sep 19	4:24.00
49pts (S11/S13)	Easter, Coughlin, Barrett, Henry	Mar Del Plata	IPC World Championships 2002	13 Dec 02	4:33.62
S14	Bennett, Mounkley, Lee, Wiscombe	Mar Del Plata	IPC World Championships 2002	13 Dec 02	4:33.77
4x50m Medley Relay				Updated: 9/11/04	
20pts	Lewis, McEleny, Jones, Stidever	Athens	Paralympic Games 2004	27 Sep 04	3:16.34
34pts	Vacant				
49pts (S11/S13)	Low, Byles, Robinson, Danby	Assen	World Games 1990	23 Jul 90	2:45.94
S14	Mounkley, Bennett, Wiscombe, Lee	Liberec		07 Oct 02	2:20.80
4x100m Medley Relay				Updated: 23/09/19	
34pts	Tai, Whiston, Shaw, Millward	London	WPS World Championships 2019	13 Sep 19	4:36.31
49pts (S11/S13)	Coughlin, Barrett, Henry, Easter	Mar Del Plata	IPC World Championships 2002	13 Dec 02	5:07.00
S14	Mounkley, Bennett, Lee, Wiscombe	Mar Del Plata	IPC World Championships 2002	15 Dec 02	5:04.33