



# AQUATICS GB DIVING WINTER CUP 2025 – CONDITIONS

## 31 JANUARY – 2 FEBRUARY 2025

### INDIVIDUAL

Category	Gender	Dives	Conditions
1m	Male	6 dives	6 dives from 5 groups no limit.
3m	Male	6 dives	6 dives from 5 groups, no limit.
5m, 7.5m and/or 10m*	Male	6 dives	6 dives from 6 groups no limit.
1m	Female	5 dives	5 dives from 5 groups no limit.
3m	Female	5 dives	5 dives from 5 groups no limit.
5m, 7.5m and/or 10m*	Female	5 dives	5 dives from 5 groups no limit.

### **Awarding of Aquatics GB Diving Winter Cup Junior Medals:**

1. Junior Championship medals will be awarded from the Winter Cup 31<sup>st</sup> January – 2<sup>nd</sup> February 2025 in all individual events.
2. Medals awarded will be based on
  - a) Ranking order of any finalists, followed by
  - b) remaining places ranking order from Preliminary.
3. Platform: Divers competing from 5m and 7.5m platform in the Preliminary round cannot qualify for the Final but will be eligible for junior medals after the ranking of any juniors who proceed to the Final competing all dives from the 10m platform.

Funding Partner



Official Partners

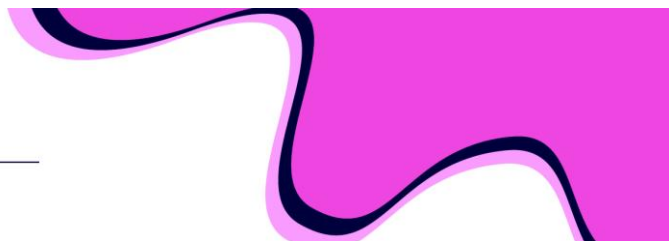


Endorsed Product



Host Venue





### **Awarding of Aquatics GB Diving Winter Cup Medals:**

1. Divers eligible to compete for Great Britain are eligible for British medals. In all events there will be Open and Closed medals.
2. Open medals will be awarded if a diver not eligible to compete for Great Britain, is placed in the top 3 in a Final.
3. In Platform competitions; only divers performing ALL dives from the 10m board are eligible for senior medals.

### **Selection to British Teams:**

Divers wishing to be eligible for selection in platform competitions for either Team A or Team B must compete all dives from the 10m platform. All selections will be based upon the published Selection Policy.

### **EVENT FORMAT**

- Individual events – there shall be 1m, 3m and 10m events. There shall be a preliminary event and cut to top 8 for the final. (Where foreign divers qualify for final, the next GB diver(s) will be taken to ensure the top 8 GB divers progress).
- Individual Platform finals must be from 10m only
- Only a maximum of 2 guest (foreign teams) divers may progress through to the final.
- Divers must be aged at least 11 years by the 31<sup>st</sup> December in the year of competition.
- No dive may be repeated in any event
- Evidence shall be provided, at the time of entry, to confirm that each foreign diver has achieved the recommended standard for the event they are entering.

### **PERFORMANCE STANDARDS FOR NATIONAL CHAMPIONSHIPS**

Gender	Event	Conditions	No. of Dives	Standard
<b>Women</b>	1m	5 from 5	5	190
	3m	5 from 5	5	210
	Platform	5 from 5	5	210
<b>Men</b>	1m	6 from 5	6	250
	3m	6 from 5	6	300
	Platform	6 from 6	6	300

