

BRITISH SUMMER CHAMPIONSHIPS (50M)

26TH – 31ST JULY 2016

CONDITIONS



Schedule of Events

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
26 th July 2016	27 th July 2016	28 th July 2016	29 th July 2016	30 th July 2016	31 st July 2016
Session 1: 9.00am - Heats	Session 3: 9.00am - Heats	Session 5: 9.00am – Heats	Session 7: 9.00am - Heats	Session 9: 9.00am – Heats	Session 11: 9.00am - Heats
Men's 400 Freestyle Women's MC 200m Freestyle Men's MC 200m Freestyle Women's 200 Freestyle Men's 100 Breaststroke Women's MC 100m Butterfly Men's MC 100m Butterfly Women's 400 Individual Medley Men's 50 Backstroke Women's 50 Breaststroke	Women's 100 Backstroke Men's 200 Butterfly Women's MC 100m Backstroke Men's MC 100m Backstroke Women's 200 Breaststroke Men's 100 Backstroke Women's 50 Butterfly Men's 50 Breaststroke Women's MC 50m Butterfly Men's MC 50m Butterfly Women's 800 Freestyle	Women's MC 100m Freestyle Men's MC 100m Freestyle Women's 200 Butterfly Men's 100 Freestyle Women's MC 100m Breaststroke Men's MC 100m Breaststroke Women's 50 Freestyle Men's 400 Individual Medley Women's 14/16 4 x 200 Free Team Women's 17+ 4 x 200 Free Team Not before 1-30pm Men's 1500 Freestyle	Men's 200 Breaststroke Women's 100 Freestyle Men's MC 200m Individual Medley Women's MC 200m Individual Medley Men's 100 Butterfly Women's 200 Backstroke Men's MC 50m Freestyle Women's MC 50m Freestyle Men's 14/16 4 x 200 Free Team Men's 17+ 4 x 200 Free Team	Women's 400 Freestyle Men's 200 Individual Medley Women's MC 400m Freestyle Men's MC 400m Freestyle Women's 200 Individual Medley Men's 50 Freestyle Women's 50 Backstroke Men's MC 50m Backstroke Men's 14/16 4x100 Freestyle Team Men's 17+ 4x100 Freestyle Team Women's 14/16 4x100 Freestyle Team Women's 17+ 4x100 Freestyle Team	Men's 200 Freestyle Women's 100 Breaststroke Men's 200 Backstroke Women's 100 Butterfly Men's 50 Butterfly Women's 14/16 4 x 100 Medley Team Women's 17+ 4 x 100 Medley Team Men's 14/16 4 x 100 Medley Team Men's 17+ 4 x 100 Medley Team
Session 2: 4.30pm – Finals	Session 4: 4.30pm - Finals	Session 6: 4.30pm - Finals	Session 8: 4.30pm - Finals	Session 10: 4.30pm - Finals	Session 12: 4.30pm - Finals
Men's 400 Freestyle – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 200 Freestyle – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's MC 200m Freestyle Women's MC 200m Freestyle Men's 100 Breaststroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 400 Individual Medley – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's MC 100m Butterfly Women's MC 100m Butterfly Men's 50 Backstroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 50 Breaststroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+	Women's 800 Freestyle – FASTEST HEAT Women's 100 Backstroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's 200 Butterfly – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's MC 100m Backstroke Men's MC 100m Backstroke Women's 200 Breaststroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's 100 Backstroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 50 Butterfly – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's 50 Breaststroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's MC 50m Butterfly Men's MC 50m Butterfly	Men's 1500 Freestyle – FASTEST HEAT Women's MC 100m Freestyle Men's MC 100m Freestyle Women's 200 Butterfly – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's 100 Freestyle – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's MC 100m Breaststroke Men's MC 100m Breaststroke Women's 50 Freestyle – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's 400 Individual Medley – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 14/16 4 x 200 Free Team Women's 17+ 4 x 200 Free Team	Men's 200 Breaststroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 100 Freestyle – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's MC 200m Individual Medley Women's MC 200m Individual Medley Men's 100 Butterfly – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 200 Backstroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's MC 50m Freestyle Women's MC 50m Freestyle Men's 14/16 4 x 200 Free Team Men's 17+ 4 x 200 Free Team	Women's 400m freestyle – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's 200 Individual Medley – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's MC 400m Freestyle Men's MC 400m Freestyle Women's 200 Individual Medley – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's 50 Freestyle – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 50 Backstroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's MC 50m Backstroke Men's 14/16 4x100 Freestyle Team Men's 17+ 4x100 Freestyle Team Women's 14/16 4x100 Freestyle Team Women's 17+ 4x100 Freestyle Team	Men's 200 Freestyle – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 100 Breaststroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's 200 Backstroke – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 100 Butterfly – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Men's 50 Butterfly – 13/14yrs, 15yrs, 16yrs, 17/18yrs & 19+ Women's 14/16 4 x 100 Medley Team Women's 17+ 4 x 100 Medley Team Men's 14/16 4 x 100 Medley Team Men's 17+ 4 x 100 Medley Team