

ELITE JUNIOR DIVING CHAMPIONSHIPS

PLYMOUTH LIFE CENTRE, PLYMOUTH | 10-13 APRIL 2025

AQUATICS GB ELITE JUNIOR DIVING CHAMPIONSHIPS 2025 - SCHEDULE

****Please note that times are subject to change****

Training

Tuesday 8th & Wednesday 9th April: Dry Dive 07:00 – 20:00 & Dive Pit 08:00 – 20:00

Thursday 10th April

Session	Time	Competitions
1	09:30	PRELIM Boys B 3m PRELIM Boys A 1m
	11:40	Restricted Training
	12:35	PRELIM Girls B 3m PRELIM Girls A Platform
	13:59	Lunch Break and Restricted Training
	14:54	PRELIM Girls & Boys C 3m
	15:58	Open Training
	16:28	Restricted Training for Finals Only
Session	Time	Competitions
2	17:10	FINAL Boys C 3m
	17:35	FINAL Girls C 3m
	18:22	FINAL Boys B 3m
	18:56	FINAL Boys A 1m
	19:36	FINAL Girls B 3m
	20:04	FINAL Girls A Platform

Friday 11th April

Session	Time	Competitions
3	09:30	PRELIM Girls & Boys C 1m
	10:44	Restricted Training
	11:39	PRELIM Girls A 1m PRELIM Boys A 3m
	13:50	Lunch Break and Restricted Training
	14:50	FINAL Girls & Boys 14-18 Platform Synchro
	15:17	Open Training
	16:02	Restricted Training for Finals Only

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Session	Time	Competitions
4	16:40	FINAL Boys C 1m
	17:10	FINAL Girls C 1m
	17:56	FINAL Boys A 3m
	18:36	FINAL Girls A 1m

Saturday 12th April

Session	Time	Competitions
5	09:30	PRELIM Girls & Boys C Platform PRELIM Boys B 1m
	10:15	Restricted Training
	11:10	PRELIM Girls B Platform
	11:41	Lunch Break and Restricted Training
	12:26	Restricted Training for Finals Only and 3m Synchro
Session	Time	Competitions
6	13:00	FINAL Boys C Platform
	13:27	FINAL Girls C Platform
	14:09	FINAL Boys B 1m
	14:39	FINAL Girls B Platform
	14:53	Training for Synchro Only
	15:33	FINAL Boys & Girls 14-18 3m Synchro
	16:13	FINAL Boys & Girls 9-13 3m Synchro

Sunday 13th April

Session	Time	Competitions
7	09:30	PRELIM Boys B Platform PRELIM Girls B 1m
	10:14	Restricted Training
	11:09	PRELIM Girls A 3m PRELIM Boys A Platform
	13:33	Lunch Break and Restricted Training
Session	Time	Competitions
8	14:10	FINAL Boys B Platform
	14:50	FINAL Girls B 1m
	15:37	FINAL Girls A 3m
	16:11	FINAL Boys A Platform

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