

World Para  
**Swimming**

Allianz  
**CHAMPIONSHIPS**

LONDON  
**2019**



#ExperienceTheExtraordinary as the London 2019 World Para Swimming Allianz Championships come to the London Aquatics Centre this September.

Now in its ninth edition, the World Para Swimming Championships is the largest disability swimming competition outside of the Paralympic Games and this year will see around 650 swimmers from over 80 countries compete over seven days.

Cheer on the talented swimmers as they compete, not just for medals, but also for a chance to take part in the Tokyo 2020 Paralympic Games, for which these championships are a key qualifier. Be inspired as the highly skilled athletes push themselves to the limit and beyond to achieve their sporting goals on an international stage.

## HOW DO I GET THERE?



The nearest underground stations are Stratford (10 minute walk) and Hackney Wick (15 minute walk).

Stratford International station is just a 10 minute walk away.

St Pancras International & Kings Cross stations are just seven minutes away by train to Stratford International.



**TOP TIP** - Public transport is the best and easiest way to get to and from the Park, either by train, underground, bus or cycle.



The M25 is only a 25 minutes drive away. There is a pay & display car park at Westfield Shopping Centre. Blue badge parking available at the venue.



There are more than 140 cycle racks outside the London Aquatics Centre, including a Santander Cycles docking station. Why not enjoy a bit of fresh air and travel by bike?



**NEED HELP?**  
Look out for our event volunteers at the venue!

## IMPORTANT STUFF

### VENUE ACCESSIBILITY



Adapted For Wheelchairs



Disabled Toilet



Ramp Access



Accessible Changing



Lift



Accessible Parking

### SAFETY & SECURITY

Dogs will not be permitted into the London Aquatics Centre (police, security and guide dogs for the blind accepted).

No food or drink will be permitted.

No buggies permitted within the venue.

Fire works, smoke canisters, bottles, glasses, cans, flags, banners, poles and other similar articles or containers are banned.

No camera, sound recording equipment or other photographic apparatus may be brought onto the premises for commercial purposes without permission.

GLL operates a no smoking policy throughout the London Aquatics Centre including e-cigarettes.

For full London Aquatics Centre regulations please visit the event hub at [www.britishswimming.org](http://www.britishswimming.org)

### FOOD & DRINK

If your tummy is rumbling head down to the Westfield Centre! A bustling cluster of restaurants run along the Southern Terrace, the pedestrian street of dining, and open cooking to the collection of 13 counters on The Balcony where fresh food is prepared fast and to order! There will also be refreshments available to purchase from the venue and great options on the Park.

Venue Refreshment Pods (Cash Only)  
8am-1pm | 4.30pm-9.15pm

### BOX OFFICE

Opening Times: 8am - 8 pm each day located at the Park Information Point.  
For all your event info and tickets - come say hello!



**LIQUID IS NOT PERMITTED IN THE VENUE**



**DOORS OPEN** to spectators 90 mins prior to the session starting.

OVER  
**80**  
COUNTRIES

OVER  
**650**  
ATHLETES

OVER  
**162**  
RACES OVER 7 DAYS

## FUN FACTS



**66,600**  
BATHS!

The three pools in the London Aquatics Centre hold around 10 million litres (2.6 million gallons) of water. Equivalent to 66,600 baths – almost 20 years of bathing!



**7,054,792** LBS!

The Aquatic Centre's wave roof weighs around 7,054,792 lbs.



**4**  
SKELETONS

Four skeletons were discovered and removed from a prehistoric settlement discovered on the site of the London Aquatics Centre. Some have taken to form part of Museum of London's collection.



**GET SOCIAL**



#London2019 #ExperienceTheExtraordinary

**DON'T FORGET TO PICK UP A COUNTRY FLAG AT THE FRONT DESK TO CHEER ON YOUR COUNTRY!**





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# LONDON 2019 WORLD PARA SWIMMING ALLIANZ CHAMPIONSHIPS

## 9-15 SEPTEMBER 2019

HEATS: DOORS: 08.30 | START: 10.00

FINALS DOORS: 16.30 | START: 18.00

**DON'T FORGET THE  
OPENING CEREMONY  
9TH SEPTEMBER | 5PM!**

DAY 1 - 9 <sup>TH</sup> SEPTEMBER	DAY 2 - 10 <sup>TH</sup> SEPTEMBER	DAY 3 - 11 <sup>TH</sup> SEPTEMBER	DAY 4 - 12 <sup>TH</sup> SEPTEMBER	DAY 5 - 13 <sup>TH</sup> SEPTEMBER	DAY 6 - 14 <sup>TH</sup> SEPTEMBER	DAY 7 - 15 <sup>TH</sup> SEPTEMBER
1 Men's 400m Freestyle S6	26 Men's 200m Freestyle S5	48 Men's 100m Backstroke S1	72 Men's 100m Breaststroke SB12	95 Men's 400m Freestyle S9	117 Men's 100m Breaststroke SB9	141 Men's 100m Breaststroke SB6
2 Women's 400m Freestyle S6	27 Women's 200m Freestyle S5 (1-5)	49 Men's 100m Backstroke S2	73 Women's 100m Breaststroke SB12	96 Women's 400m Freestyle S9	118 Women's 100m Breaststroke SB9	142 Women's 100m Breaststroke SB6
3 Men's 100m Breaststroke SB4	28 Men's 100m Backstroke S9	50 Women's 100m Backstroke S2 (S1-2)	74 Men's 100m Backstroke S7	97 Men's 200m Ind Medley SM7	119 Men's 100m Butterfly S13	143 Men's 100m Breaststroke SB8
4 Women's 100m Breaststroke SB4	29 Women's 100m Backstroke S9	51 Men's 100m Butterfly S8	75 Women's 100m Backstroke S7	98 Women's 200m Ind Medley SM7	120 Women's 100m Butterfly S13	144 Women's 100m Breaststroke SB8
5 Men's 100m Freestyle S8	30 Men's 100m Backstroke S8	52 Women's 100m Butterfly S8	76 Men's 100m Freestyle S10	99 Men's 100m Butterfly S10	121 Men's 50m Backstroke S1	145 Men's 100m Butterfly S14
6 Women's 100m Freestyle S8	31 Women's 100m Backstroke S8	53 Men's 200m Ind Medley SM6 (SM5-6)	77 Women's 100m Freestyle S10	100 Women's 100m Butterfly S10	122 Men's 150m Ind Medley SM3 (SM1-3)	146 Women's 100m Butterfly S14
7 Men's 200m Freestyle S14	32 Men's 100m Freestyle S6	54 Women's 200m Ind Medley SM6	78 Men's 100m Breaststroke SB13	101 Men's 50m Freestyle S8	123 Men's 50m Backstroke S5	147 Men's 50m Breaststroke SB3
8 Women's 200m Freestyle S14	33 Women's 100m Freestyle S6	55 Men's 100m Breaststroke SB14	79 Women's 100m Breaststroke SB13	102 Women's 50m Freestyle S8	124 Women's 50m Backstroke S5	148 Women's 50m Breaststroke SB3 (SB1-3)
9 Men's 50m Freestyle S11	34 Men's 200m Ind Medley SM10	56 Women's 100m Breaststroke SB14	80 Men's 50m Butterfly S5	103 Men's 50m Freestyle S6	125 Men's 200m Ind Medley SM14	149 Men's 50m Freestyle S13
10 Women's 50m Freestyle S11	35 Women's 200m Ind Medley SM10	57 Men's 150m Ind Medley SM4	81 Women's 50m Butterfly S5	104 Women's 50m Freestyle S6	126 Women's 200m Ind Medley SM14	150 Women's 50m Freestyle S13
11 Men's 100m Freestyle S9	36 Men's 100m Butterfly S12	58 Women's 150m Ind Medley SM4 (SM1-4)	82 Men's 50m Backstroke S3	105 Men's 200m Ind Medley SM13	127 Men's 200m Ind Medley SM8	151 Men's 50m Freestyle S7
12 Women's 100m Freestyle S9	37 Men's 100m Backstroke S14	59 Men's 50m Freestyle S12	83 Women's 50m Backstroke S3	106 Women's 200m Ind Medley SM13	128 Women's 200m Ind Medley SM8	152 Women's 50m Freestyle S7
13 Men's 100m Backstroke S12	38 Women's 100m Backstroke S14	60 Women's 50m Freestyle S12	84 Men's 50m Backstroke S4	107 Men's 100m Freestyle S12	129 Men's 100m Butterfly S11	153 Men's 50m Freestyle S9
14 Women's 100m Backstroke S12	39 Men's 100m Freestyle S4 (S1-4)	61 Men's 100m Butterfly S9	85 Women's 50m Backstroke S4	108 Women's 100m Freestyle S12	130 Men's 200m Freestyle S4	154 Women's 50m Freestyle S9
15 Men's 50m Freestyle S5	40 Women's 100m Freestyle S4	62 Women's 100m Butterfly S9	86 Men's 200m Freestyle S2 (S1-2)	109 Men's 50m Freestyle S4	131 Men's 100m Freestyle S7	155 Men's 400m Freestyle S11
16 Women's 50m Freestyle S5	41 Men's 400m Freestyle S7	63 Men's 100m Breaststroke SB11	87 Men's 200m Ind Medley SM11	110 Women's 50m Freestyle S4 (S1-4)	132 Women's 100m Freestyle S7	156 Women's 400m Freestyle S11
17 Men's 50m Freestyle S10	42 Women's 400m Freestyle S7	64 Women's 100m Breaststroke SB11	88 Women's 200m Ind Medley SM11	111 Men's 50m Backstroke S2	133 Men's 200m Ind Medley SM9	157 Men's 100m Freestyle S5
18 Women's 50m Freestyle S10	43 Men's 100m Backstroke S13	65 Men's 400m Freestyle S10	89 Men's 400m Freestyle S8	112 Women's 50m Backstroke S2 (S1-2)	134 Women's 200m Ind Medley SM9	158 Women's 100m Freestyle S5
19 Men's 400m Freestyle S13	44 Women's 100m Backstroke S13	66 Women's 400m Freestyle S10	90 Women's 400m Freestyle S8	113 Men's 100m Freestyle S11	135 Men's 50m Butterfly S6	159 Men's 200m Freestyle S3
20 Women's 400m Freestyle S13	45 Men's 100m Backstroke S11	67 Men's 100m Breaststroke SB7	91 Men's 100m Backstroke S6	114 Women's 100m Freestyle S11	136 Women's 50m Butterfly S6	160 Women's 100m Freestyle S3 (S1-3)
21 Men's 50m Breaststroke SB2	46 Women's 100m Backstroke S11	68 Women's 100m Breaststroke SB7	92 Women's 100m Backstroke S6	115 Men's 4 x 100 Medley 34pts	137 Men's 50m Freestyle S3 (S1-3)	161 Men's 4 x 100 Freestyle 34pts
22 Men's 50m Butterfly S7	47 Mixed 4 x 50m Medley 20pts	69 Men's 100m Freestyle S13	93 Women's 200m Ind Medley SM5	116 Women's 4 x 100 Medley 34pts	138 Men's 100m Backstroke S10	162 Women's 4 x 100 Freestyle 34pts
23 Women's 50m Butterfly S7	<b>FINISH: HEATS: 13:03   FINALS: 21:24</b>	70 Women's 100m Freestyle S13	94 Mixed 4 x 100m Freestyle S14	<b>FINISH: HEATS: 13:47   FINALS: 21:22</b>	139 Women's 100m Backstroke S10	<b>FINISH: HEATS: 12:35   FINALS: 21:22</b>
24 Men's 100m Breaststroke SB5	Times subject to change.	71 Mixed 4 x 50m Freestyle 20pts	<b>FINISH: HEATS: 12:45   FINALS: 21:48</b>	Times subject to change.	140 Mixed 4 x 100m Freestyle 49pts	Times subject to change.
25 Women's 100m Breaststroke SB5	<b>FINISH: HEATS: 13:23   FINALS: 21:44</b>	<b>FINISH: HEATS: 12:56   FINALS: 21:28</b>	Times subject to change.	<b>FINISH: HEATS: 13:08   FINALS: 21:30</b>		
	Times subject to change.	Times subject to change.		Times subject to change.		

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GET SOCIAL



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[WWW.BRITISHSWIMMING.ORG/ONESTOWATCH](http://WWW.BRITISHSWIMMING.ORG/ONESTOWATCH)