



KIRSTY BALFOUR WITH
HER SILVER MEDAL FROM
THE 200M BREASTSTROKE
AT THE WORLD
CHAMPIONSHIPS IN
MELBOURNE

COVER: CASSIE PATTEN
WON SILVER IN THE 10K
OPEN WATER SWIM AT
THE MELBOURNE WORLD
CHAMPIONSHIPS



CHAIRMAN'S REPORT

THE BEGINNING OF THE NEW FINANCIAL YEAR IN APRIL COINCIDES WITH THE CLOCKS MOVING FORWARD TO BRITISH SUMMER TIME BUT, THIS YEAR, IT WAS NOT JUST THE SUMMER COMPETITION PROGRAMME THAT WAS FOCUSING EVERYONE'S MIND BECAUSE THE PRIMARY CONCERN WAS THE NEED TO SET IN PLACE THE PLANS THAT WILL UNDERPIN OUR DRIVE FOR SUCCESS FIVE YEARS HENCE IN 2012.

These plans were agreed with UK Sport and then the Treasury in the final months of 2005 but implementation was dependant on the initial flow in April 2006 of the planned £6.7m additional funding across the able bodied disciplines. British Swimming initiated a process of internal restructuring in order to ensure it would be fully effective in delivering the programmes across the expanded range of Olympic disciplines that could include Water Polo, Synchronized Swimming and Open Water, where the 10k event will be incorporated into the Olympic programme for the first time in 2008.

Key to these changes was the appointment in June of Ian Mason, formerly Chairman of Scottish Swimming and a member of the British Swimming Board, to the new role of Director of Operations. His responsibilities include an overview of all the Lottery funded programmes. He carried out a review of these programmes, recommending restructuring where required, to ensure that the new financial resources will be spent effectively. I would like to congratulate Ian on the award of OBE in the 2007 New Year's Honours list for his work in his previous role in Scotland. The Board has welcomed the appointment of Maureen Campbell, the new Chair of SASA, as Ian's successor on the British Swimming Board.

New appointments have followed as the momentum increased in newly funded disciplines: in Synchronized Swimming, Biz Price from Canada was appointed as National Performance Director, and men's and women's head coaches were appointed in Water Polo.

Fresh from the exhilaration of many excellent home country performances at the Commonwealth Games in Melbourne, in August the swimmers made solid progress at the European Long Course Championships in Budapest winning a record number of medals at an event where Great Britain has struggled in recent years. The Championships also confirmed

the emergence of Kirsty Balfour as a world-class performer, and highlighted the improvement made by a number of teenage swimmers. Kirsty was awarded the inaugural BOA Olympic Athlete of the year award by British Swimming in recognition of her outstanding year.

Diving by contrast found the going harder, and their lack of medals on the European stage indicated there was still a lot of work to be done if the sport is to be competitive at a world level.

In December at the IPC Swimming World Championships in Durban the British team topped the medal table with 24 gold, 14 silver and 14 bronze medals. Aply led by National Performance Director Tim Reddish, this was an outstanding performance but not one to encourage complacency at a time when China is clearly planning to dominate the Paralympic swimming events in Beijing.

The performance of the able-bodied swimmers at the European Short Course Championships in Helsinki was less satisfactory. This team was a mix of youth and experience, but the momentum established in Melbourne and Budapest was not maintained suggesting that medals would be hard to come by at the World Championships. This indeed proved to be the case, and the four medals recorded in Melbourne, while better than the total recorded in 2005, was lower than that at the same point in the Olympic cycle in 2003. The Melbourne total was also boosted by the inclusion of Open Water for the first time where Cassie Patten won an excellent silver medal in the 10k Olympic event. There was better news with regard to the number of finalist 4-8 places where the total of 14 met expectations and young swimmers again excelled. But diving remained in the doldrums and a great deal of work needs to be done if we are to be confident of equalling let alone exceeding performances in Athens in 2004.

Real progress was made in one of the central strands of our international strategy to attract events to the UK, and with the active moral and financial support of UK Sport we look forward to hosting not only the World Short Course Championships in March 2008, but also the LEN European Cup and FINA World Cup Open Water events in London in June 2007, the LEN European Nations Trophy Water Polo Championship in July, and the World Diving Series in Sheffield in September. These events all help to develop our event management experience in the run-up to the London Olympics and strengthen our relationships with FINA and LEN.



CHRIS BAILIEU
CHAIRMAN

The work on the UK Coaching Certificates has proceeded well across all disciplines and the development phase is nearly complete. In the next phase the pace will accelerate when the UK Coaching Framework will be implemented and the impact will be felt in the pool where the effect on the sport will be measured.

Chief Executive David Sparkes has worked tirelessly with all our partners at home, particularly UK Sport and the London Organising Committee of the Olympic Games. Winning the right to host events has brought him into closer contact with FINA and LEN, and his commitment was recognised by an invitation to join the FINA Disciplinary Panel. This has turned out at times to be a demanding responsibility. He has also succeeded Alan Clarkson as Swimming's representative on the national Olympic Committee. Alan was awarded a special trophy by the British Olympic Association in recognition of his 21 years' service.

2006-7 was a critical year of analysis and strategic refocusing in order to ensure readiness for 2012. There have been significant changes in the roles and deployment of many staff and I am very grateful to the staff for the dedicated way these changes have been implemented at all levels. However, for British Swimming the ability to deliver Olympic medals is the only measure that ultimately matters, and outside Disability and some sparkling individual Swimming performances, our ability to win medals consistently at this level remains elusive. Major steps have been taken to improve the effectiveness of the support systems, but in the final analysis the key to success is quite simple: the best prepared and motivated athletes and coaches will succeed. The challenge is to ensure that we have those in place in Beijing, and the next 12 months will see even more effort to convert promising performances into Olympic medals.

CONTINUING THE STYLE SUCCESSFULLY INITIATED LAST YEAR, THE TABLES INDICATE THE STRATEGIES AND TARGETS THAT ARE PART OF BRITISH SWIMMING'S CORPORATE PLANNING DOCUMENT 'BUILDING ON CHANGE', WHILST THE NARRATIVE PROVIDES AN UPDATE OF WHERE THE FEDERATION CURRENTLY STANDS IN TERMS OF ACHIEVING THOSE TARGETS. THE FINANCIAL INFORMATION COVERS THE PERIOD FROM APRIL 1 2006 TO MARCH 31 2007. HOWEVER, SO AS NOT TO BE TOO RETROSPECTIVE, MUCH OF THE NARRATIVE UNDER THE TABLES IS BASED ON INFORMATION AVAILABLE UP TO JULY 31 2007. EVENT REPORTS OFFER A FLAVOUR OF BRITAIN'S SUCCESSES.

SECTION ONE	Athlete Development - achieving individual potential
VISION	To ensure everyone can achieve his or her personal goals and to ensure that we achieve gold medal success. The development of swimmers to their full individual potential is an important factor and we will achieve this by ensuring that all swimmers have a quality coaching and training environment at each stage of their development.
WINNING ATHLETES	Swimming will: Ensure there are sufficient coaches at all levels, accessing a comprehensive coach education programme, in line with UKCC standards.
BY 2009	30 coaches on the Select Programmes for all disciplines.

Twenty coaches are on the Swimming Select programme gaining 'fast track' information via seminars and workshops. Other disciplines do not have a select coach programme.

British Swimming aims to provide a comprehensive long term coach development (LTCD) structure in line with the UK Coaching Framework. This

will include qualifications that meet the new UK Coaching Certificate standards, a quality assured CPD seminar programme, and support for new and up and coming coaches through a coach mentoring programme. British Swimming will work with the Institute of Swimming in England, Swim Wales and Scottish Swimming to provide world class training and support for its coaches.

The new programme will be built around LTAD principles and will ensure that each coach can work with swimmers from any strand of LTAD.

**KATE HAYWOOD
POWERS INTO THE 100M
BREASTSTROKE FINAL AT
THE WORLD CHAMPIONSHIPS
IN MARCH 2007**



SECTION TWO	Excellence - swimming to win
VISION	To ensure that we achieve gold medal success. Swimming remains focused on the achievement of success at Olympic and Paralympic level.
WINNING ATHLETES	Swimming will: Provide a comprehensive, co-ordinated elite training programme based on LTAD. Provide a comprehensive, national competition framework leading to selection for major international events.
BY 2009	336 competitors on elite programmes - all disciplines. 116 elite coaches - all disciplines. 16 Performance Centres / University based programmes - all disciplines. 1 national competition framework per discipline.

UK Sport funding available to British Swimming has increased considerably as part of the UK Sport 2012 funding strategy. British Swimming is now in receipt of just over £7million per annum with Synchronised Swimming and Water Polo now also receiving funding to run a World Class (WC) Development Programme.

UK Sport has launched a new initiative called 'Mission 2012' that will effectively monitor and evaluate British sport's progress towards its Olympic and Paralympic ambitions for 2012. 'Mission 2012' has been developed to help each summer Olympic and Paralympic sport understand how it is progressing against certain key criteria and identify anything that might stand in the way of success in 2012. A dedicated Performance Panel has been formed that will assess where a sport is in terms of three core areas: athlete success and development, the performance system and structures and governance and leadership. Using a traffic light system, each sport will be benchmarked against its agreed aspiration for 2012 whereby a green light is deemed to be on track, an amber light shows that challenges have been identified and a red light suggests that remedial intervention and recommendations from the panel are required. This has put increased pressure on all five British Swimming lottery funded disciplines in terms of ensuring that they are making the suitable progression against performance targets in the lead up to London 2012.

Swimming has 28 athletes on the WC Podium Programme and 49 identified athletes on the WC Development programme. Diving has nine athletes on Podium and 17 on Development. Disability Swimming has 27 athletes on Podium and 17 on Development. Synchronised Swimming has 10 athletes and Water Polo have 22 athletes on the WC Development Programme. (Total 179)

In terms of elite coaches, Swimming has 37 (20 for Podium and 17 extra for Development), Diving has seven (six for Podium and one extra for Development), Synchronised Swimming is working with four (Development), Disability Swimming 23 (13 for Podium and 10 extra for Development) and Water Polo four (Development). (Total 75)

The WC Operations team underwent a full restructure in 2006 and the new structure has been in place since November 2007. The purpose of the WC Operations team is to provide a high quality administrative structure that effectively supports all British Swimming WC Programmes.

The technical structures for each discipline have also been reviewed and enhanced with a number of new appointments being made within each discipline.

The number of performance centres has also grown since last year. Disability Swimming has Manchester, Swansea and Stirling. Synchronised Swimming is now based in Aldershot and a formal contractual arrangement is being agreed and negotiations are coming to a conclusion for Water polo to have its National High Performance Centre in Manchester.

CURRENT WORLD SWIMMING RANKINGS

As at August 31 2007, Britain has 12 male rankings in the world's top 16 per event, based on two per nation. Particularly noteworthy is Kris Gilchrist third in the 200m breaststroke and David Davies fourth in the 1500m freestyle, whilst James Goddard (200m back and 200m IM), David Carry (200 and 400m free) and Gregor Tait (100 and 200m back) all feature twice in the rankings.

From the British women, we have 18 rankings, the highest being Lizzie Simmonds and Kirsty Balfour, fifth in the 200m backstroke and 100m breaststroke respectively. Lizzie and Kirsty, as well as Caitlin McClatchey (200 and 400m free), Hannah Miley (200 and 400 IM), Rebecca Adlington (400 and 800m free), Jo Jackson (400 and 800m free), and Fran Halsall (50 and 100m free) appear twice in the rankings.

LIAM TANCOCK WON BRONZE IN THE 100M BACKSTROKE AT THE WORLD CHAMPIONSHIPS IN MELBOURNE



WORLD CHAMPIONSHIPS - Melbourne (AUS) March 17 - April 1 2007

SWIMMING

There may have been 171 nations competing in Melbourne but there was no doubt about supremacy, the US leading the charge with 11 men's victories and sealing their domination with nine golds in the women's events. Their global superstar Michael Phelps won seven gold medals, the most by any one swimmer at a single meet, and set four individual world records. The home nation, as passionate as ever, roared their approval as Libby Lenton took five golds, including three individual titles, and Leisel Jones also three, but their total of nine left them well in the wake of the US.

For Britain, after successful Commonwealth Games and European championships, three bronze and one silver medal brought a reality check and a reminder of just how difficult it is to win medals at world or Olympic level. National performance director Bill Sweetenham acknowledged the fact: 'We've seen here that swimming has moved on enormously. The US surprised the world with its depth and the quality produced. In our key events, we are still where we want to be but there are areas that we need to look at, evaluate and improve on.'

British medals came from the men's 100m back where Liam Tancock showed his muscular intentions by leading down to the turn in 25.68 but on the second 50m, the two Americans snuck past him, Olympic champion Aaron Peirsol taking the gold, his third consecutive world title, in another world record of 52.98, Ryan Lochte the silver in 53.50 and Tancock the bronze in a British and Commonwealth record of 53.61. Tancock was delighted. 'That medal is my best yet,' he said. 'It's the most prestigious of events outside of an Olympics and means so much.' He is Britain's first-ever medallist at the world champs in the 100m back.

Tancock bagged another bronze in the 50m back with a powerful 25.23. Britain's Matt Clay was fifth in 25.32.

In the 200m breaststroke, Kirsty Balfour was next to favourite Liesel Jones and stayed with her till 100m but then the Aussie went into overdrive and the victory was hers in 2:21.84, Kirsty battling hard, though maintaining her long stroke, for an excellent joint silver with the US's Megan Jendrick in 2:25.94.

'That really hurt,' said Balfour. 'All I could think about was keeping it going and getting to the wall. It was hard but I'm so happy with the silver. It's what I came to Melbourne to get.'

In the men's 1500m, David Davies, the fastest qualifier, carried Britain's hopes, though a poor start was not the best omen. European champion, Russia's Yuriy Prilukov led them out and at the half-way, Davies was third behind the Pole Mateusz Sawrymowicz and Prilukov. But the Pole looked strong and so it proved though David battled hard. That was how it finished, gold to Sawrymowicz in 14:45.94, second Prilukov 14:47.29 and bronze to Davies in 14:51.21. David had mixed emotions while acknowledging it as his third fastest time: 'To get a medal is fantastic but I feel I may have missed a chance to become world champion after Hackett and Jensen failed to finish in the medals,' he said.

Beyond the medals, James Goddard made sixth in the 200m back, Kate Haywood seventh in the 50m breast, Kirsty Balfour fifth in 100m breast, Caitlin McClatchey seventh in the 200m free, Jo Jackson seventh in the 400m free, Lizzie Simmonds seventh in the 200m back, the medley relay girls were fourth, 4x100m free girls eighth, 4x200m free girls fifth, the men's 4x200m free team fourth, men's medley relay fifth.

OPEN WATER

Cassandra Patten captured Britain's first medal of the world championships when she overcame a testing 10km course and the aggravation of being stung by jellyfish to take the silver. The 20-year-old, originally from Plymouth but now training with Stockport Metro, took the lead on the last of four 2.5km laps and bravely tried to fend off the challenge of Russia's Larisa Ilchenko, who eventually took the gold in an exciting finish. Ilchenko finished in 2:03.57.9, Patten in 2:03.58.9 with Australian Kate Brookes-Peterson taking the bronze in 2:03.59.5. Britain's Keri-Anne Payne was 11th in 2:04.37 but showed great promise.

Patten, who only made the transition from the pool to open water last summer, showed real strength of mind and body to overcome the challenge which proved too much for several in the field of 42 as some had to be rescued. Jellyfish proved to be the biggest problem with not one of the field leaving the water without being stung.

For a tearful Cassie, however, her performance proved all too much to take. 'I'm feeling quite emotional at the moment but it's pure happiness,' she said. 'I'm tired and very sore as I was stung a lot on my arms, legs and face - they even got me through my costume. It felt like hundreds of them and it was very painful but I tried to concentrate on getting to the end. To be honest they helped to keep you alert as you're out there for such a long time! I desperately wanted to get a medal and it just shows that positive thinking is the way forward.'

Alan Bircher was eighth in the men's 10k - the closest 10km world championship battle ever with gold and silver separated by just 0.06sec.

Russian Vladimir Dyatchin took gold by a fingernail in 1:55:32.52 from Germany's Thomas Lurz in 1:55:32.58 with bronze going to another Russian Evgeny Drattsev in 1:55:47.31.

DAVID DAVIES DISPLAYS HIS BRONZE MEDAL FROM THE 1500M FREE



Alan was disappointed with his 1:55:53.91. 'I felt sluggish from the start,' he said, 'I stayed with the pack right until the end but I knew coming around the final buoy that my legs had gone and I wasn't able to respond. I feel fit so there's no reason I can think of as to why I felt fatigued. It's disappointing because I've trained hard for this. And I feel I'm getting back towards my best after two disruptive years.'

SYNCHRO

Jenna Randall and Olivia Allison exceeded their expectations and in just a few months of full-time training, demonstrated a step-change in British synchro. Their duet was the second youngest out of all those competing in Melbourne and to get their first international score of nine in the duet free routine was excellent. They finished 20th following their similar ranking in the duet technical to exceed the expectations (of top 22) set before the meet.

'We're pleased,' said national performance director Biz Price. 'The girls have done a great job and showed they are a rising force in the sport. Certain areas could have been slightly better but it was nothing major and showed improvements they have made over the past three months. We need to keep this momentum going forward. We will be aiming high with a Beijing Olympics qualification our main focus now.'

In her first solo free event at senior level, Randall achieved personal best scores in the 8.9s to give her an overall score of 86.000, placing her 16th, less than 2.5 points off a top 12 spot and the final. 'Her overall presentation showed a lot of improvement,' said Price. 'She's worked on her strength and she was a lot higher out of the water and the strokes were good. She really pushed through the first part of the routine and looked like she tired towards the end but this is something we're working on. There wasn't a lot of room between Jenna and some of the big names and that will close even further as we look to Beijing and the 2012 London Olympics.'

In the solo technical routine, Jenna was 17th out of 27. 'There's so much more to come from Jenna,' said Price. 'Technically you have to be so accurate and rely on muscle memory from training and we're seeing that now with the British girls and the judges are noticing it too.'



JENNA RANDALL IN ACTION IN THE SOLO CHAMPIONSHIP

DIVING

The men's 10m was the highlight for Britain - an event flooded with 10s. Peter Waterfield finished in 10th place with 419.70. 'I am obviously disappointed,' he said. 'But preparation has not been great either in the UK and over here. So I was really happy to take part. It would have been great to have won a medal, but my aim was to qualify Britain for the Olympics and I succeeded in doing that.'

Gareth Jones was 12th in the prelims and 15th in the semis.

But after aiming for three Beijing qualifications, to come away with just one shows that there is lots of work to do. Admittedly, there were injuries. Olympic and world medallist Leon Taylor pulled out completely after failing to recover from a lower back injury. And with no replacement in the 10m synchro, that also meant that we had no divers in that event. But that wasn't the end of it. The men's 3m synchro team were also forced to withdraw. Nick Robinson-Baker twisted his ankle dry-land training in Melbourne and had to spend two weeks on crutches, a bitter blow for him and his partner Ben Swain. But, also acknowledging Tony Ally's absence due to injury, there were some disappointing British results: Men's 3m: Ben Swain 30th, Blake Aldridge 35th. Women's 1m: Jodie McGroarty 27th. 10m: Tonia Couch 25th, Stacie Powell 28th.

Turning to the positives, Tonia Couch and Stacie Powell made the 10m synchro final impressively but finished ninth overall. They scored over 300 points for the first time internationally to qualify fifth for the final. A steady start to their list saw them hold on to that fifth spot before well-executed inward 2.5 somersaults saw them close on the medal standings to put them up to fourth. Their next dive, however, was their downfall, as the forward 3.5 somersaults were some way out and they dropped to eighth. With the final dive, the pair went for broke and ended in ninth with 287.70. 'We are certainly a little disappointed,' said national performance director Steve Foley. 'We've seen some signs for the future with an excellent performance in the preliminaries. But they've really got to compete twice in one day and not just once. It has to be said... that performance shows we've got a way to go if we're going to be at the Beijing Olympics in the women's 10m synchro.'

Tandi Gerrard battled hard in the 3m springboard semi but finished a disappointing 16th with 272.00, and did not make the final. However, she then teamed up with Hayley Sage in the 3m synchro, finishing a commendable eighth with a new pb of 294.36.

The 2008 Olympic host nation China won nine golds out of a possible 10.

WORLD MASTERS CHAMPIONSHIPS - Stanford, California (USA) August 2006

A multitude of medals were won by Britons at the 11th World Masters Championships in the USA, including some in the open water and synchro events.

Jane Asher was our outstanding swimmer, maintaining her unbeaten status and landing her 35th world title in seven meets.

Undoubtedly our most successful events were the women's breaststroke, which netted eight gold, one silver and two bronze medals. Top billing here was shared between Spondon's Jenny Merritt in the 55-59 age group and Northampton's Karen Jackson in the 30-34 age group, both of whom managed a clean sweep of all three titles.

It looked like being a good week for Stockton's Cliff Ward when he collected a silver medal in the 75-79yrs (his hated event) 200m backstroke ('It's too far!') and, sure enough, he managed to convert the silver to gold in both of the shorter distances.

Another 'sprint specialist', Judy Wilson, from Heart of England, replicated these results in the women's 60-64yrs butterfly events and added two bronze medals in the sprint freestyle events to take her medal tally to five.

L-R GEMMA MILWARD,
ALEX BARNETT AND
EMMA SHKURKA WON
A SILVER MEDAL IN THE
SYNCHRO TRIO EVENT



TWO GOLDS AND A
SILVER FOR CLIFF WARD
(STOCKTON) IN THE
75-79 YRS BACKSTROKE



NORTHAMPTON'S KAREN
JACKSON WON ALL THREE
BREASTSTROKE TITLES IN
THE 30-34 AGE GROUP



SECTION THREE

Facilities - providing access to all

VISION

The provision of suitable and appropriate facilities for the needs of the sport is fundamental to achieve all of Swimming's Mission. There is a need to ensure that the individual and collective needs of the community and the different, specific needs of aquatic disciplines are addressed, including the need to ensure adequate training facilities and the facility requirements for major events.

The National Facilities Strategy will continue to provide much needed guidance material for the provision of adequate facilities for all aquatic disciplines.

WINNING ATHLETES

Swimming will:
Work closely with all agencies providing the leadership to ensure that there is a comprehensive, affordable and hierarchical network of facilities developed to service the future demands of the community and the sport.

Encourage those involved in the building of new facilities to ensure that they are designed in such a way that there are no barriers to access for religious, cultural, financial or mobility reasons.

Continue to lobby for facilities to be affordable with appropriate access for all programmes and lobby to ensure that existing facilities are kept well maintained and up to date to service the needs of the sport.

BY 2009

34 x 50m pools.
63 x 25m 8 lane pools.
8 x international standard diving facilities.

The late nineties and the early years following the Millennium saw a growth in the building of new swimming pools. Much of this growth can be attributed to the grant aid that became available following the inauguration of the National Lottery with sport included as one of its beneficiaries. Unfortunately the money via the Lottery has almost dried up and whilst some grant aid is still available, it is far harder to obtain and maximum grants in the order of £200k are the norm rather than the £8m or more that went into some new pool schemes.

50M POOLS

One of the biggest benefits from the Lottery has been the impact of grant aid on the building of 50metre pools. Between 2000 and 2003, six new grant assisted indoor 50m pools were opened and a further 50m pool was built in Aldershot by the Ministry of Defence at the behest of the Army Swimming Union. This increased the number of 50m pools in the home countries from 14 to 21.

Additionally through strenuous lobbying of the Lottery Panel, money was allocated at this time towards the building of a sorely needed replacement for the Leeds International Pool and new pools in Liverpool, Portsmouth and Sunderland. Unfortunately the development period of a 50m pool can sometimes reach gigantic proportions compared to smaller new pool schemes and although the allocation of Lottery money to these schemes was announced in 2004, the John Charles Centre for Sport in

Leeds (the replacement for the International Pool) opens in October whilst Liverpool and Sunderland will open in 2008 and Portsmouth in 2010.

However, once funding is assured, some schemes proceed with the minimum of delay and such was the case with Crawley opened in 2005 and is the case with:

- Cardiff Pool, now nearing completion and opening in early 2008
- Corby Pool, on which construction has commenced and is scheduled to open late 2008
- Bristol Pool, which is at the contractor negotiation stage, opening 2010

Lastly the Hillingdon scheme which involves both indoor and outdoor 50m pools and has been ongoing since 1998 has finally obtained funding and work will start before the end of 2007 with completion in 2010.

The result of this activity is that in the period 2000 to 2010, 16 new 50m indoor pools will have opened and 2011 will see the completion of the London Aquatic Centre with its two 50m pools.

However, three of the existing 50m pools, namely Crystal Palace, Coventry and Wigan, are over 40 years old whilst the High Wycombe pool

is over 30 years old. Nevertheless the outlook is not all bad; the Crystal Palace Centre is shortly to close for around six months for repairs to its heating and ventilation and replacement of the water treatment plant. This will ensure its life up to and beyond the Olympics in 2012, at which time there is a promise that the Centre will be replaced. The replacement of the Coventry pool also features in the plans for the redevelopment of the Coventry City Centre and the High Wycombe Council has given a promise that the 50m pool which was under threat of closure will either be refurbished or replaced. On the debit side, the Wigan pool, which opened in 1965, is to close and will not be replaced. ▼

SUNDERLAND'S 50M POOL BEGINS TO TAKE SHAPE





▼ FACILITIES (CONTINUED)

It should also be said that there are a number of ongoing firm proposals in England which, subject to funding, could see 50m pool developments as follows:

- Birmingham University, where discussions on a joint scheme with the City Council are ongoing; Cambridge and Surrey Universities where campaigns to raise funding are underway; Kent University where a joint project between the University, Kent County Council and Canterbury City Council is again under consideration; Warwick University where a 50m pool is included in the building programme, and Hertfordshire University where consideration is being given to a 50m pool to supplement its existing 25m pool.
- Basildon, where the pool will be part of a £32m Sports Village project with work starting by the end of the year
- Ipswich, where a development on land adjacent to the Ipswich FC ground will include a 50m pool
- Newcastle upon Tyne, where a 50m by 6 lane training tank is proposed
- Plymouth, where a major sports facility including a 10 lane pool is proposed
- Redbridge, where plans have been drawn up for a 50m pool following a public consultation exercise.

Lastly, preliminary discussions have commenced on a further five schemes which might result in 50m pools.

In Scotland, as mentioned in the report last year, the Edinburgh Royal Commonwealth Pool is to be refurbished and a finalised design has been agreed. The work will include the 50m pool being deepened and provided with a moveable bulkhead and floor, the diving facilities being brought up to full international standard and the provision of dry-land training areas for swimming and diving.

There are also proposals for alterations to Tollcross in Glasgow including a second 50m pool and an increase in the spectator seating should the city's bid to host the 2014 Commonwealth Games be successful.

One of the problems which will result from the refurbishment of the Commonwealth Pool and the alterations to Tollcross, should the Games bid be successful, will be the loss of 50m facilities during the work. The provision of temporary pools is being considered which could be available for relocation elsewhere in Scotland when work is completed.

Discussions are still taking place between the Scottish Government and the Aberdeen City Council over the provision of a 50m pool in the City. Such a facility is long overdue and talented swimmers are penalised for this lack of such a facility.

25M BY 8 LANE POOLS

All of the 50m pools being built or under consideration include moveable bulkheads and floors and each apart from the Newcastle training tank will incorporate a 25m by 8 lane pool or 25m by 10 lane pool and indeed some will provide two back to back 25m pools.

Work is proceeding on new 25m by 8 lane pools in Dumfries and in Llandudno in Scotland and Wales respectively whilst in England new pools were opened in Bexley and Elmbridge and construction work is proceeding on pools in Braintree, Solihull, Stafford and Watford.

INTERNATIONAL DIVING FACILITIES

The completion of the John Charles Centre for Sport in Leeds will see a further diving facility which conforms to FINA Rules in all respects and also provides dry-land training which is so essential if our divers are to be able to compete on equal terms with divers from other parts of the world.

With regard to dry-land training, the facilities at Crystal Palace have been improved with funding from the Community Club Development Programme.

In addition to the good news regarding the refurbishment of the Edinburgh Royal Commonwealth Pool diving facilities and provision of dry land training, the proposal for a major new sports facility in Plymouth includes diving facilities to international standards and a dry land training facility.

Finally, 2011 will see the completion of a further international standard diving facility and dry land training in the London Aquatic Centre.

SECTION FOUR	International Influence - making a difference to world swimming
VISION	To ensure that we achieve gold medal success. British Swimming acknowledges the significant role it plays in providing skilled and knowledgeable administrators who, where appropriate, can influence the sport at an international level.
WINNING ATHLETES	Swimming will: Influence world swimming strategy and politics through representation on European and world decision-making bodies. Influence world swimming by staging major international events.
BY 2009	2 representatives at FINA level. 1 representative at IPC level. 6 representatives at LEN level. 3 bids submitted for world and European events.

Alan Clarkson is a member of FINA's (world governing body) Technical Open Water Swimming Committee, whilst David Sparkes is a member of the FINA Disciplinary Panel and the FINA Swimming World Cup Council.

At LEN (European) level, Alan Clarkson is a member of the LEN Bureau and the LEN Award Commission and he is Bureau Liaison to the LEN Technical Swimming Committee. Kim White is a member of the Technical Diving Committee, Jenny Gray is a member of the Technical Synchronised Swimming Committee, Simon Rothwell is Chairman of the Masters Committee; Ian Gordon is a member of the Medical Committee, whilst Sam Greetham is Secretary of the Technical Open Water Committee.

Britain has 49 people able to officiate at world (FINA) level split: swimming 11, diving 9, synchro 5,

water polo 2, open water 2 and masters 20. This is a big increase from the previous year mainly due to the increase in masters officials.

At European level, the total is 55 made up of swimming 5, diving 17, synchro 5, water polo 6, open water 2 and masters 20.

WORLD AND EUROPEAN EVENTS

Following a successful bid in 2005, the LEN European Nations Trophy Water Polo Championship was staged in Manchester on July 8-15 2007.

Secured in 2006, the FINA 10km Marathon Swimming World Cup and LEN Open Water Swimming Cup Leg, were staged on June 15-16 2007.

After a successful bid earlier in 2007, the FINA Water Polo Referees School took place on June 8-10 2007 in Manchester.

Finally, after another successful bid earlier in 2007, the FINA Diving World Series was staged on September 1-2 2007 in Sheffield.

All events were/are supported by UK Sport grant award funding.

NATALIE DURANT LEADS OFF BRITAIN'S GIRLS ON THE WAY TO GOLD IN THE 4X100M FREESTYLE RELAY AT THE EUROPEAN JUNIORS



EUROPEAN JUNIOR CHAMPIONSHIPS - Palma (Majorca) July 2006

SWIMMING

There are few better barometers in swimming than the European junior championships. Heartening then to note that half the ten 900-point-plus efforts in women's races, held in Palma de Majorca from July 6-9, came from three individual Brits - Francesca Halsall, Jessica Dickons and Elizabeth Simmonds - and the 4x200m quartet.

They were at the helm of a squad that won 15 medals, among them six titles and seven silvers, for third place on the medals table behind Russia and Italy. All credit to them, their coaches and the world-class potential programme set out by Bill Sweetenham and John Atkinson that has provided essential pathways for excellence to flourish.

The detail of Britain's performance was yet more cheering: if Britain's average haul throughout the 1990s was five medals, among them a solitary gold, the previous best tally of titles - six at home in Glasgow in 2003 - included three non-Olympic events. In Palma, all medals, including the six

titles, came in Olympic events, while 60 per cent of the team made the podium and the Union Flag flew over more than 40 lanes in finals, more than ever before.

There is, of course, much work to be done: just one gold went to a British man, Robbie Renwick, champion over 200m freestyle, while the only other two male medals from the national team came in relays that reflected the good team work going on in the British camp and gave four of the five in Palma who are based at Britain's offshore centre at the Southport School a medal to take back to Australia's Gold Coast.

Atkinson, director of world-class performance, said: 'When you want the best possible, you always come away from these meets thinking there were some missed chances but some got medals where none were on the cards. Once you get past that feeling, you can see things moving in the right direction. That all the golds came in Olympic events was particularly pleasing.'

GOLD

50m freestyle - Fran Halsall 25.28 (cr)
100m freestyle - Halsall 55.47
200m backstroke - Elizabeth Simmonds 2:12.78
200m butterfly - Jessica Dickons 2:10.07
200m freestyle - Robbie Renwick 1:49.26
4x100m freestyle - Durant, Ross, Collins, Halsall 3:47.89

SILVER

200m freestyle - Halsall 2:01.93
100m backstroke - Simmonds 1:02.79
100m butterfly - Jemma Lowe 1:00.74
200m butterfly - Lowe 2:11.59
400m medley - Dickons 4:51.58
4x200m freestyle - Halsall, Durant, Simmonds, George 8:11.76
4x100m freestyle - Waslin, Brown, Middleton, Renwick 3:25.59

BRONZE

100m backstroke - Georgia Davies 1:03.87
4x100m medley - Loughran, Partridge, Chasser, Renwick (Waslin, heats) 3:48.6

ROBBIE RENWICK WON GOLD IN THE 200M FREE



FRAN HALSALL CELEBRATES ONE OF HER TWO INDIVIDUAL WINS AT THE EUROPEAN JUNIOR CHAMPIONSHIPS



SYNCHRO

Jenna Randall and Olivia Allison headed the 10-strong team in Bonn as Britain made its first appearance at the European juniors for four years. Their opponents included five of the world's top eight nations and for some of the British girls, it was their first experience of this level of competition.

Randall, the Commonwealth silver medallist, came ninth in the solo final with 83.200 points. The medals went to Russia, Spain and Greece with 94.100, 91.800 and 91.600.

Randall and Allison achieved their target position of 10th in the duet with 82.300 points. The team were also 10th with 82.800, again matching their pre-competition target.

Director of synchro, Adele Carlsen said: 'It has been a big learning curve and the team have come away inspired and knowing what they need to do to pull themselves up the rankings. Europe is a real stronghold for synchro so it was a great opportunity to compete against some of the best in the world.'

GB TEAM

Olivia Allison, Natasha Lau, Jenna Randall, Asha Randall (Rushmoor), Katie Dawkins (Bristol Central), Eleanor George, Rebecca Macenri (Portsmouth Victoria), Helen Morris (Reading Royals), Elizabeth Smith (City of Birmingham), Alexandra Todd (Trafford).

WATER POLO

Britain's junior men's team made history by winning a European qualification tournament for the first time - and they didn't drop a single point on the way.

The 14-strong squad won all five of their qualifying matches in Limerick, Ireland, to put them in the hat for the European junior championships in Romania.

They topped Group A with a maximum 10 points, ahead of Poland, who also qualified with eight points 'It's the first time we've won a group qualification tournament and is the culmination of a two-year programme to get to this point,' said national performance director Nick Hume.

'The aim of the programme was to develop youngsters like these in order to get them into the European championships so we must applaud that. 'We need to be competing at events of this calibre to increase the experience of our players and to continue their development. This is now paying off and the future looks promising especially with the 2012 Olympics on the horizon.'

BRITISH TEAM

Callum Bailey, Alex Murphy, Elliot Murphy (Invicta), Michael Bourne (Grantham Kings), Scott Carpenter (Sedgefield), Ben Cartwright, Christopher Vang (Paragon), Christopher Gilbertson (Lancaster), Daniel Laxton (Carmarthen), Robert Parker, Joel Thomas (Cheltenham), Robert Rae, Sean Ryder, Edward Scott (City of Manchester).

However, at the actual championships at Oradea on the Romania-Hungary border, the boys found things quite tough at the preliminary stage.

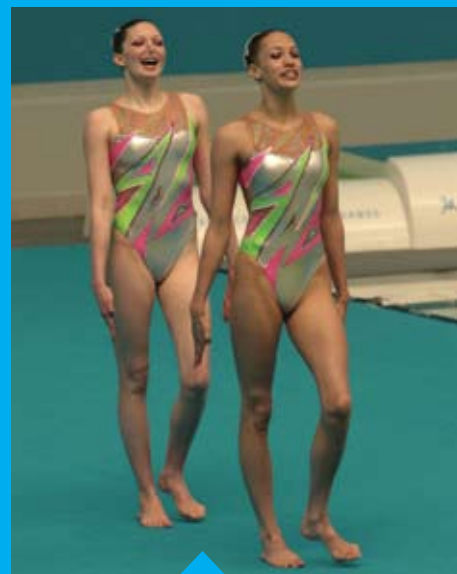
All three group games ended in defeat - first to the eventual winners Serbia-Montenegro 1-20, then 4-6 to Slovenia and finally 9-11 to the Slovak Republic. The first result, against the best side in Europe, was not unexpected but the other two matches produced brave and determined performances.

These results put Britain in Group G at the halfway stage. But things got no better and GB finished bottom of the new progress group, still without a win after going down to hosts Romania 16-11 and Georgia 10-7. Forced then to play Poland for 15th place, an exciting game developed which Britain won in extra-time by a single goal in 13.

This year, the British girls did not compete in a championships won by Russia.

OPEN WATER

Simon Panting was just four seconds from a medal when finishing fifth in the European junior 5k race in Germany. Jamie Forrest was 15th, whilst Rachel Jack finished seventh in the girls race.



BRITAIN'S DUET PAIR, OLIVIA ALLISON AND COMMONWEALTH SOLO SILVER MEDALLIST, JENNA RANDALL

CALLUM JOHNSTONE AND CHARLES CALVERT (RT) RECEIVE THEIR 3M SYNCHRO BRONZE MEDALS



DIVING

Callum Johnstone was the star for Britain with two medals - silver in the platform and bronze with Charles Calvert in the 3m synchro - at the European juniors in Majorca. Our other medal went to 13-year-old Liz Heald, who had only been diving for two years, on the 1m springboard.

SECTION FIVE	Equity and ethics – ensuring a level playing field for all
VISION	Swimming believes in the principle of sports equity and fair play to deliver the Mission.
WINNING ATHLETES	Swimming will: Ensure there is a mechanism in place to overcome cultural barriers to achieving excellence by minority groups. Ensure selection policies are objective, well communicated and clear. Provide a framework of athlete friendly procedures that deal with doping infractions in a timely and just manner.
BY 2009	Team and board members will reflect the community in Great Britain. Selection policies will be published three months prior to each event. A minimum of 60 'out of competition' dope tests per year will be carried out. A minimum of 10 dope tests per event will be carried out. All athletes on the elite programmes will be educated on doping protocols and regulations.

British Swimming last year underlined its commitment to achieving equality by becoming the first British governing body to gain the Foundation and Preliminary levels of the Equality Standard for Sport following a joint submission with the Amateur Swimming Association.

British Swimming has now completed its submission for the intermediate level which will be considered at the end of 2007.

Of the eight members of the GB Board, (chair, three English representatives, one from Scotland and Wales, and two specialist members), seven are men though the athlete representative is female swimmer Kathryn Evans. We recognise that diversification of the Board is important for the future of British Swimming.

All British Swimming staff and senior coaches undergo equality training and briefing sessions as part of their induction.

All Selection Policies are published three months prior to each event.

COMPREHENSIVE DRUG TESTING PROGRAMME

One hundred and fifty seven samples were collected by UK Sport through the out of competition dope testing programme, of which five were second samples. One hundred and thirty tests were also taken from the extensive in-competition programme across all disciplines.

British Swimming has its own anti-doping rules that were last updated and published in February 2006. These rules are adopted and implemented in compliance with British Swimming's responsibilities to FINA and UK sport.

In May 2007, we launched our Education Model Guidelines through UK Sport to enable us to implement strategies and plans for the delivery of education and information programmes. Swimming was one of the first sports to complete these and they can be downloaded from: www.100percentme.co.uk.

British Swimming has: 68 swimmers, 14 divers, 25 elite disabled, and 11 development disabled athletes, (a total of 118) on the out of competition testing programme.

Ten extra disabled development athletes will be added once they have been trained in the Anti-Doping Administration and Management System (ADAMS). This web-based data management system has been designed by the World Anti-Doping Agency to co-ordinate anti-doping activities for all stakeholders, including athletes. This will further improve co-ordination between UK sport and FINA, and in September 2007, all our athletes are to be trained in the system.

SECTION SIX	Governance, structures and partnerships - delivering the sport with integrity
VISION	Swimming, as a major sport, recognises the importance of ensuring that business activities follow best practice in corporate governance and that clear lines of responsibility, accountability and reporting are in place.
WINNING ATHLETES	Swimming will: Ensure all board members are aware of their corporate responsibility. Develop strong partnerships to ensure swimming has a voice at all critical levels of sports governance. Ensure there is a comprehensive communication strategy in place. Ensure there is a solid infrastructure, providing the platform for the technical experts to work.
BY 2009	Key members of the Federation will represent swimming on policy-making forums. Comprehensive communications strategy developed and implemented. All board members trained on good corporate governance and best practice. Solid infrastructure and technical tools in place.

POLICY MAKING

British Swimming is represented on policy-making forums by former Paralympic gold medallist, Chris Holmes who is a member of the UK Sport Board; British Disability Swimming's National Performance Director, Tim Reddish who is the Chairman of International Paralympic Committee (IPC) Swimming and Alan Dickson who is a Member at Large of the IPC Governing Board.

Yvette Haywood is a member of the youth committee of ENGSO, European Non-Governmental Sports Organisations.

COMMUNICATIONS

The communications plan as detailed in last year's report is being implemented, constantly reviewed and where appropriate updated.

As the scope of programmes and initiatives across British Swimming continue to develop, (coupled with the fact the department's remit also covers the work of the ASA whose span of influence and involvement also continues to

increase), we are currently reviewing the structure of the media and marketing department to determine how we need to reorganise so that we are ready for efficient delivery in the future.

TV

Gaining TV coverage and exposure continues to be a challenge. However, through the financial support of our event funding partners UK Sport, Manchester City Council and Sheffield City Council we have been able to fund the production of highlights programmes for all three international events hosted during 2007.

The FINA 10k Marathon World Cup open water round in London, the European Nations Water Polo Trophy in Manchester and the FINA World Diving Series in Sheffield have all been shown on Sky Sports. This is excellent exposure for these three disciplines and we hope that with continued dialogue with the BBC, further engaging with Sky and through building relationships with other domestic broadcasters, we can build upon this for the future although it will remain challenging to secure airtime.

ATHLETE EXPOSURE

Recently retired and current athletes have been used whenever possible to promote the sport through attendance at PR events and programmes such as ASA Award Scheme presentation days, Get Safe 4 Summer, Kellogg's Swim Active and hosting VIP's at international events hosted by British Swimming.

CORPORATE

All Board members have received training on corporate governance and best practice and an enhanced induction programme for new Board members is under development. Policies are in place and reviewed annually. The sport follows a strategy of ensuring a sound infrastructure utilising modern ITC tools and ensures the database, purchased through UK Sport Modernisation funding, provides the mechanism for monitoring and evaluation as well as using it as a full customer relationship management tool. A comprehensive, dynamic risk register and business continuity plan is in place and is updated and reviewed by the Board on a regular basis.

XAVIER MOHAMMED
IN ACTION AT THE
BRITISH CHAMPIONSHIPS



EUROPEAN CHAMPIONSHIPS - Budapest (Hungary) July 26 - August 6 2006

The 28th European Championships in Budapest saw four world, seven European and 23 championship records fall during seven days of the fastest, closest racing the continent has ever witnessed: 22 nations reached the podium, 11 sharing gold. Britain enjoyed its finest European championship tally, with a record 13 medals, topped by two golds. The previous best, 11 medals, dates back to the same city and Alfred Hajos swim complex venue in 1958.

More relevant comparison can be found in the past 15 to 20 years and here there can be no question that Britain is in a far healthier state. Yet, given that progress is to be expected, what can we conclude from this Hungarian rhapsody? There are several ways to best measure a meet in terms of an overall team performance: golds; medals; numbers placed in finals; records; and best times. There could always be more gold and both of Britain's this time were panned in Olympic events and involved Kirsty Balfour, the most successful British woman in the history of European championships, in the 200m breaststroke and the medley relay.

The next 11 medals were cause for celebration but nine fourths and 10 fifth places gave a hint of what might have been had the team fired at full capacity on the last measuring stick, best times (British records fell in four relays and nowhere else). A few did and still could not break through to individual medals: David Carry, who set Scottish records over 200 and 400m freestyle but was locked out in fourth and fifth by frustrating fractions, for example.

The third measure provided the rosiest picture: the team trophy - points scored for top 16 places and not, therefore, particularly favourable to big teams or those, like Britain, which made significant use of the four entries per nation allowance - signalled the progress that Britain, the only nation in Hungary that faced its second major international of the year, is making in fast-flowing waters.

GB MEDALLISTS

GOLD (2)

Kirsty Balfour Women's - 200m Breast
Women's 4x100m Medley Relay
M Marshall, K Balfour, T Dunning, F Halsall

SILVER (5)

Rebecca Adlington - Women's 800m F/S
Kirsty Balfour - Women's 100m Breast
Kate Haywood - Women's 50m Breast
Joanne Jackson - Women's 400m F/S
Men's 4x200m Freestyle Relay
D Carry, S Burnett, A Hunter, R Davenport

BRONZE (6)

Melanie Marshall - Women's 200m Back
Rebecca Cooke - Women's 800m F/S
Kristopher Gilchrist - Men's 200m Breast
Matthew Clay - Men's 50m Back
Caitlin McClatchey - Women's 400m F/S
Men's 4x100m Medley Relay
L Tancock, J Gibson, T Cooper, S Burnett

GBR won LEN Top Team Trophy 2006

DIVING

No male finalists and two sixth places off the platform for the women, courtesy of 17-year-old Tonia Couch, alone, and with her synchro partner Monique McCarroll, was the best of Britain off the boards in Budapest.

With the A team absent either through injury or because their focus was the World Cup in Beijing, the Budapest trip was down to a development squad which has a long journey ahead of them.

'It was mixed bag, to be frank,' said Steve Foley, the performance director. 'I was very pleased with a few efforts but some just weren't up to scratch. Like I told them, if you can't make the top 12 in Europe, you're going to struggle to make top 18 in the world.' He singled out Couch, coached by Andy Banks at Plymouth. 'It's been interesting to watch Tonia. It's been something of a metamorphosis.'

Budapest, he said, was about seeing how the junior squad handled the pressure of a big event. 'It was a bit of an eye-opener for some of them. Europe is a good gauge of where we're at, particularly among the men.'

In that sense, it was disappointing to get no-one through to a final. Foley, however, praised the efforts of 15-year-old Callum Johnstone, back

in 11th off the platform on 367 points. 'He's really keen and if he continues as he's going, Callum's an outside chance to make it to Beijing and is a great prospect for London 2012.'

OPEN WATER

On the surface, 13 seconds back in eighth place doesn't sound much. Take a deeper look and Cassandra Patten raced about 0.13sec slower than the German double champion Angela Maurer for every 100m swum of a 10km race in the relative warmth of Lake Balaton in Hungary. A 100m in which a hand separates all eight finalists? Tight. Bath's Alan Bircher, was a little further back in his 10km battle, finishing 11th, 27.9 seconds behind Thomas Lurz, another double champion for Germany. Still, that's 0.28sec every 100m. There's potential in our open water swimmers.

SYNCHRO

There is hope. Jenna Randall and Olivia Allison are young. The duet missed the final 12 by a place. Randall finished 12th in the solo final but emerged with the right attitude: 'I've learnt a lot from this competition. I now need to go home and work on my performance in terms of expression and confidence, as that is what sets the top swimmers apart, and I also need to improve on my strength and extension.'

SIMON BURNETT AND
KIRSTY BALFOUR WITH
THE SWIMMING TEAM
TROPHY



IPC WORLD CHAMPIONSHIPS - Durban (South Africa) December 2 - 8 2006

An impressive tally of 24 gold, 14 silver and 14 bronze medals put the GB team literally on top of the world at the IPC World Championships in Durban. Even the mighty United States (population 298m) could not quite match the Brits (population 60m). They won four medals more than Britain (56 to 52) but only 23 of those were gold. The Ukraine were the third of the 40 medal-winning nations with 47 medals including 20 golds while China (population 1.5bn) were fourth with 15 gold and 25 other medals.

The result had national performance director Tim Reddish purring and even Minister of Sport Richard Caborn was moved to sing the team's praises. 'This was a fantastic achievement and one of which all those involved with the team should be justly proud,' said Caborn. 'I am well aware that the athlete success was a real team effort with the role of coaches and support staff equally vital. The overall result and individual medal success reflects the dedication and depth

of talent among our Paralympic swimmers. The success builds on the achievements of Athens and I'm sure that all those involved with Paralympic swimming will now be focused on a committed training schedule in the build-up to Beijing. I very much hope the success to date can be replicated in Beijing.'

Reddish said: 'The result was way beyond our expectations. Our world-class preparation for the event was reflected by the team's outstanding performance. We were the best-prepared team in Durban with the best group of coaches and support staff. Everyone gelled brilliantly as a team. Our success can also be credited to the home-based coaches and our key partners, including the home nation Institutes and UK Sport.' The outcome was a particular triumph for Britain given the pace at which the rest of the world is working to catch up. At the last world championships in Argentina four years ago, Britain again topped the table with 32 gold, 24

silver and 20 bronze medals followed by Canada with 28, 14 and five. Canada have now been passed by the US, Ukraine, China and Brazil while several other nations are closing fast. At the Paralympics in Athens, China topped the table of swimming medals with 19 golds to Britain's 16 - although Britain remained comfortably ahead in terms of medals of all colours. China will be back with a vengeance at their home Games.

CLEAN SWEEP

If there was one event which summed up Britain's dominance in Durban, it was the men's SM6 200m IM on day five. Sascha Kindred not only knocked a second off his world record with a gold-winning 2:42.20 but led home Matt Whorwood and Gareth Duke for a clean sweep of the medals.

WORLD-BEATERS! MOST OF THE BRITISH DISABILITY TEAM'S GOLD MEDALLISTS AT THE IPC WORLD CHAMPIONSHIPS IN DURBAN.

BACK ROW (L-R) ANTHONY STEPHENS, DAVE ROBERTS, NATALIE JONES, SASCHA KINDRED, GRAHAM EDMONDS, JAMES CRISP, ROB WELBOURN, ANDREW LINDSAY, MATT WALKER; FRONT GARETH DUKE, NYREE LEWIS, DANIELLE WATTS, JANE STIDEVER, FRAN WILLIAMSON, JIM ANDERSON
PICTURE BY BARRY EDMONDS OF TIM & BARRY



SECTION SEVEN	Monitoring and evaluation
VISION	Swimming recognises that there is a need to establish clear lines of responsibility, accountability and reporting.
WINNING ATHLETES	Swimming will: Ensure that the progress of athletes, coaches, teachers, officials and clubs can be tracked so that the implementation of development programmes continues to be effective. Put in place a system that can monitor and evaluate the progress and achievements of programmes and initiatives, delivered by the network of strategic partners.
BY 2009	Centralised tracking system implemented. Standardised monitoring and evaluation system in place.

Over the past 12 months, a significant amount of time and funding has been invested by UK Sport to develop the Race Analysis system introduced by Tim Kerrison. The system has been trialled by a number of staff and the new programme will be available to each of the home countries for use at competitions. There will be some links with analysts from Australia so that data can be collected on World Class athletes in the northern and southern hemispheres. The centralised monitoring system has had to be placed on hold until the race analysis system has been finalised. Performance monitoring has been used at major competitions both domestically and internationally over the past 12 months and has provided valuable feedback to the head coach and group coaches.

A video storage system has been developed in Loughborough that allows for easy access to all swimmers who have been on the World Class pathway that have had any form of filming done by British Swimming. There is already 4 Tb of video files on athletes that can be accessed by request. The buggy system in Loughborough now enables split view filming of the swimmers so that above water and underwater footage can be viewed simultaneously. Further developments to technique analysis are being investigated including new software and additional camera views.

Two sports science days have been held specifically for swimmers on the Development programme this year and have been unique in the fact that the swimmers and coaches have chosen the support services that are most relevant to their needs rather than the generic support that has been offered in the past. This has involved staff from Biomechanics, Physiology, Physiotherapy, Nutrition, Strength and Conditioning, and Psychology.



FRAN HALSALL, LAUREN COLLINS, CHLOE ROSS AND NATALIE DURANT WON GOLD IN THE 4X100M FREESTYLE RELAY AT THE EUROPEAN JUNIOR CHAMPIONSHIPS

BRITISH SWIMMING LIMITED ABBREVIATED ACCOUNTS

The following information has been extracted from the full statutory accounts, which are available on request from the company's registered office at:

Harold Fern House
Derby Square
Loughborough
Leicestershire LE11 5AL

DIRECTORS' REPORT FOR THE YEAR ENDED 31ST MARCH 2007

The directors present their annual report with the financial statements of the Company for the year ended 31st March 2007.

PRINCIPAL ACTIVITIES

The principal activities of the Company in the period under review were to regulate and administer the sports of swimming, diving, synchronised swimming, water polo, disability swimming and open water swimming at the Great Britain level, and to fund the programmes of those sports, principally in the areas of Officials development to international standard and domestic competition whilst ensuring a solid platform of best practise corporate governance.

DIRECTORS

C L Baillieu
A M Clarkson
S Greetham
R M K J James
I Mason (Resigned 10/06/06)
S Rothwell
A W Clark
G S S Davis
K Evans
J C Hunter (appointed 25/04/07)
M Campbell (appointed 15/09/06)

The Company is limited by guarantee and does not have a share capital.

DIRECTORS' RESPONSIBILITIES STATEMENT

The Directors are responsible for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the Directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of the profit or loss of the Company for that year. In preparing those financial statements, the Directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as each of the Directors is aware at the time the report is approved:

- there is no relevant audit information of which the Company's auditors are unaware, and;
- the Directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Directors are responsible for the maintenance and integrity of the corporate and financial information included on the Company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

SMALL COMPANY DISCLOSURE

The above report has been prepared in accordance with the special provisions of Part VII of the Companies Act relating to small entities.

AUDITORS

The auditors, haysmacintyre, have expressed willingness to continue in office and a resolution to reappoint them will be proposed at the forthcoming Annual General Meeting.

By order of the board on 22nd September 2007

A Gray
Secretary

PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2007

	2007 £	2006 £
TURNOVER		
Cost of sales	927,154 (671,937)	1,164,815 (763,481)
GROSS PROFIT	255,217	401,334
Administrative expenses	(249,582)	(278,665)
OPERATING PROFIT	5,635	122,669
Interest receivable	8,887	232
PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION	14,522	122,901
Tax on profit on ordinary activities	(1,689)	-
PROFIT ON ORDINARY ACTIVITIES AFTER TAXATION	<u>£12,833</u>	<u>£122,901</u>

- All turnover and operating profit is derived from continuing operations
- All recognised gains and losses are included in the profit and loss account
- A separate movement of funds statement is not provided as there are no changes for the year other than the retained profit in the profit and loss account

BALANCE SHEET AS AT 31ST MARCH 2007

	2007 £	2007 £	2006 £	2006 £
FIXED ASSETS				
Tangible assets		-		-
CURRENT ASSETS				
Debtors	281,365		214,321	
Cash at bank and in hand	215,886		351,662	
	497,251		565,983	
CREDITORS				
amounts falling due within one year	(186,463)		(196,268)	
NET CURRENT ASSETS		310,788		369,715
TOTAL ASSETS LESS CURRENT LIABILITIES		310,788		369,715
CREDITORS				
amounts falling due after more than one year		(143,519)		(215,279)
		<u>£167,269</u>		<u>£154,436</u>
FUNDS AND RESERVES				
Profit and loss account		167,269		154,436
TOTAL FUNDS		<u>£167,269</u>		<u>£154,436</u>

The financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2006).

The financial statements were approved and authorised for issue by the Board of Directors on 22nd September 2007 and signed below on its behalf by:
C L Baillieu Director **R M K J James** Director

HIGH PERFORMANCE SWIMMING LIMITED ABBREVIATED ACCOUNTS

The following information has been extracted from the full statutory accounts, which are available on request from the company's registered office at:

Harold Fern House
Derby Square
Loughborough
Leicestershire LE11 5AL

DIRECTORS' REPORT FOR THE YEAR ENDED 31ST MARCH 2007

The Directors present their annual report with the financial statements of the Company for the year ended 31st March 2007.

PRINCIPAL ACTIVITIES

The principal activity of the company in the period under review was to administer and deliver the World Class Performance Plan in Great Britain for the sports of swimming, diving, disability swimming, synchronised swimming and water polo on behalf of the British Swimming.

During the period under review, the disciplines of synchronised swimming and water polo were granted World Class funding.

DIRECTORS

C L Baillieu
S Greetham
R M K J James
I Mason (resigned 10 June 2006)
S Rothwell
M Campbell (appointed 15 September 2006)
A W Clark (appointed 15 April 2006)

The Company is limited by guarantee and does not have any share capital.

DIRECTORS' RESPONSIBILITIES STATEMENT

The Directors are responsible for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the Directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of the profit or loss of the company for that year. In preparing those financial statements, the Directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Directors are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as each of the Directors is aware at the time the report is approved:

- there is no relevant audit information of which the company's auditors are unaware, and;
- the directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

SMALL COMPANY DISCLOSURE

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AUDITORS

The auditors, haysmacintyre, have expressed willingness to continue in office and a resolution to reappoint them will be proposed at the forthcoming Annual General Meeting.

By order of the board

A Gray
Secretary

PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2007

	Notes	2007 £	2006 £
TURNOVER			
Cost of sales		6,297,676 (3,259,135)	2,730,988 (1,266,330)
GROSS PROFIT		3,038,541	1,464,658
Other income		-	3,569
Administrative expenses		(3,117,488)	(1,490,307)
OPERATING LOSS	2	(78,947)	(22,080)
Interest receivable		97,466	27,259
PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION		18,519	5,179
Tax on profit on ordinary activities	4	(18,519)	(5,179)
PROFIT ON ORDINARY ACTIVITIES AFTER TAXATION		£ -	£ -

- All turnover and operating loss is derived from continuing operations
- All recognised gains and losses are included in the profit and loss account
- A separate movement of funds statement is not provided as there are no changes for the year other than the retained profit in the profit and loss account.

BALANCE SHEET AS AT 31ST MARCH 2007

	Notes	2007 £	2007 £	2006 £	2006 £
CURRENT ASSETS					
Debtors	5	363,269		127,675	
Cash at bank and in hand		1,764,650		1,155,786	
		2,127,919		1,283,461	
CREDITORS					
amounts falling due within one year	6	(2,127,919)		(1,283,461)	
NET CURRENT ASSETS			-		-
TOTAL ASSETS LESS CURRENT LIABILITIES			£ -		£ -
FUNDS AND RESERVES					
Profit and loss account	7		-		-
SHAREHOLDERS FUNDS			£ -		£ -

The financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2006).

The financial statements were approved and authorised for issue by the Board of Directors on [date] and were signed below on its behalf by:

C L Baillieu Director **R M K J James** Director

THANK YOU

British Swimming would like to place on record its sincere appreciation to all the volunteers and professional staff in the three constituent countries who contributed to both domestic and international programmes for the good of the sport.

AND THANK YOU TO ALL CONTRIBUTORS TO THIS REPORT

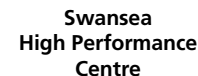
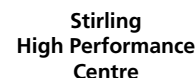
Chris Baillieu	British Swimming Chairman
David Sparkes	British Swimming Chief Executive
Anne Adams-King	Director of English Programmes
Sylvia Armiger	World Class Programmes Manager
Katie Brazier	Commercial Director
Wendy Coles	Athlete Support
Jodi Cossor	Sports Science Manager
Wendy Lockton	World Class Operations Manager
Spencer Moore	Head of Workforce Development
Jane Nickerson	Director of Operations
Charlotte O'Neill	Event Manager
Noel Winter	Facilities Manager

FOR PRODUCTION AND EDITING

Peter Hassall	Editor Swimming Times magazine
SWpix	Official photographers to British Swimming

PARTNERS AND SPONSORS

British Swimming wishes to express its thanks to the following companies and organisations for their support during the past 12 months.





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